

# MCPSAC INDOOR TRACK & FIELD DIVISIONAL CHAMPIONSHIPS

## MEET INFORMATION

**Date:**

Feb. 6th	Division I	@ Nazareth	6:00 - 10:00
Feb. 6th	Division II	@ Brockport	6:00 - 10:00
Feb. 7th	Division III	@ Nazareth	9:00 - 1:00

**Entries:**

- Each school will be allowed to enter 4 athletes per event
- Each team will be allowed a relay entry in the 4x200, 4x400, and 4x800.
- Relay athletes and alternates need to also be entered online. Alternates may be replaced if they are unable to compete due to uncontrollable circumstances with committee approval.
- **Athletes must have a performance on the leaderboard in order to enter that event; this is for seeding purposes.**
- There will be no scratch period after the entry deadline.
- **Athletes may enter 3 individual events. If an athlete is entered in 3 individual events, they can not be entered in a relay. Athletes may run in any relay they are listed in as long as they do not exceed the maximum of three events.**

**Entries will be made to [www.yentiming.com](http://www.yentiming.com) with a deadline of 8:00 pm, Wednesday February 4th.**

**Scoring:** Team Scoring: 10, 8, 6, 4, 2, 1

**Awards:** Division Championship Team Award will be presented to the winning Boys and Girls teams of the meet.

**Admission:** Tickets can be purchased using the following link.  
[MCPSAC Events and Tickets by GoFan](#)

**Order of Events: Boys followed by Girls for running events.**

4x800m Relay

55m Hurdles

55m

**10 Minute Break**

4x200m Relay

1600/1500m

600m

**10 Minute Break**

1500mRW

1000m

300m

**10 Minute Break**

3200/3000m

4x400m Relay

Shot Put

Weight Throw

Pole Vault

High Jump

Boys followed by Girls

Girls followed by Boys

Girls and Boys on 2 pits

Boys followed by Girls

Triple Jump

followed by

Long Jump

Boys and Girls on 2 pits

Boys and Girls on 2 pits