

AGOGE NEW IDENTITY TEMPLATE (2.0)

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Chrisilver Berdebes and I'm a winner
- BE RELENTLESS
- Embrace the Reality and Feel the Difficulty

Core Values (2-3)

- Bravery
- Generosity
- Kindness
- Joyful

Daily Non-Negotiables (2-3)

- Daily checklist
- Workout
- NO P*rn/Mast.

Goals Achieved

- Got in the Experienced
- Have 2k \$/month salary
- Being Brave

Rewards Earned

- Going out with chicks