

Guru Dhyāna Shlokas <Must be fluent,

memorization optional>

Bhagavān Ādi Shankarācharya

श्रुतिस्मृतिपुराणानां

आलयं करुणालयम् ।

नमामि भगवत्पादं

शङ्करं लोकशङ्करम् ॥ १ ॥

śru-ti-smṛ-ti-pu-rā-ṇā-nām

āla-yam ka-ru-ṇā-la-yam ।

na-mā-mi bha-ga-vat-pā-daṃ

śaṅ-ka-raṃ lo-ka-śaṅ-ka-ram ॥ 1 ॥

Meaning:

Salutations to *bhagavadapāda śrī śaṅkara*, who is the storehouse of *śruti*, *smṛti*, *purāṇā*; and abode of compassion.

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bhagavāna śaṅkarācārya

Bhagavān Veda Vyāsa

शङ्करं शङ्कराचार्यं
केशवं बादरायणम्।
सूत्रभाष्यकृतौ वन्दे
भगवन्तौ पुनः पुनः॥ २ ॥

śaṅ-ka-raṁ śaṅ-ka-rā-cā-r-yaṁ
ke-śa-vaṁ bā-da-rā-ya-ṇam।
sū-tra-bhā-ṣya-kṛ-tau va-n-de
bha-ga-va-n-tau pu-naḥ pu-naḥ॥ 2 ॥

Meaning:

I bow down again and again to *bhagavāna śaṅkarācārya*, the author of different commentaries and *bhagavān vedavyāsa (bādarāyaṇa)* the author of Brahmasutra who are the incarnations of Lord *śaṅkara* (Lord *Śiva*) and Lord *viṣṇu* (*kesava*) respectively.

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bhagavāna vedavyāsa (bādarāyaṇa)

Bhagavān Dakṣiṇāmurti (Lord Shiva)

ईश्वरो गुरुरात्मेति
मूर्तिभेदविभागिने ।
व्योमवद् व्याप्तदेहाय
दक्षिणामूर्तये नमः ॥ ३ ॥

Īś-va-ro gu-ru-rāt-me-ti
mūr-ti-bhe-da-vi-bhā-gi-ne ।
vyo-ma-vad vyā-pta-de-hā-ya
da-kṣi-ṇā-mūr-ta-ye na-maḥ ॥ 3 ॥

Meaning:

Salutations to *śrī dakṣiṇāmūrti* who is all-pervading like space, but is called differently as *iśvara*, Guru and the *jiva* because of conditionings.

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śrī dakṣiṇāmūrti

Bhagavān Dakṣiṇāmurti (Lord Shiva)

ॐ नमः प्रणवार्थाय
शुद्धज्ञानैकमूर्तये ।
निर्मलाय प्रशान्ताय
दक्षिणामूर्तये नमः ॥ ४ ॥

om na-maḥ pra-ṇa-vār-thā-ya
śuddha-jñā-nai-ka-mūr-ta-ye ।
nir-ma-lā-ya pra-śān-tā-ya
da-kṣi-ṇā-mūr-ta-ye na-maḥ ॥ 4 ॥

Meaning:

Salutations to śrī dakṣiṇāmūrti who is the essence of *omakāra* (*praṇava*), embodiment of pure intelligence, purity and pure silence.

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śrī dakṣiṇāmūrti

Pujya Gurudev Swami Chinmayānanda

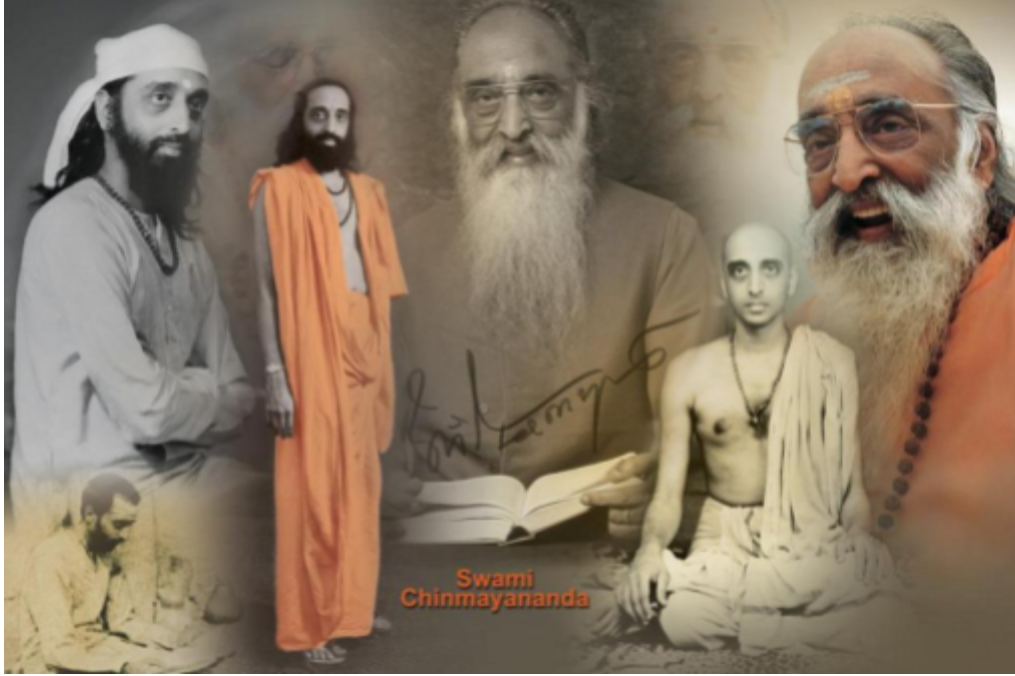
समस्त जन कल्याणे
निरतं करुणामयम् ।
नमामि चिन्मयं देवं
सद्गुरुं ब्रह्मविद्वरम् ॥ ५ ॥

sa-ma-sta ja-na kal-yā-ṇe
ni-ra-taṁ ka-ru-ṇā-ma-yam ।
na-mā-mi cin-ma-yaṁ de-vaṁ
sad-gu-ruṁ brah-ma-vid-va-ram ॥ 5 ॥

Meaning:

Salutations to Guru śrī svāmī cinmayānanda (Pujya Gurudev) who is Pura Knowledge, effulgence, established in Truth, the most exalted knower of *brahman*, the most compassionate one, ever busy in welfare of the entire humanity.

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Guru Stotram <All must be memorized>

अखण्ड-मण्डलाकारं
व्याप्तं येन चराचरम् ।
तत्पदं दर्शितं येन
तस्मै श्री गुरवे नमः ॥१॥

akhaṇ-ḍa maṇ-ḍa-lā-kā-raṇ
vyāp-taṇ yena carā-caram ।
tat-pa-daṇ dar-śitaṇ ye-na
tas-mai śrī gurave namaḥ ॥1॥

Meaning:

Salutations are to that guru who showed me the abode, the one who is to be known, whose form is the entire universe and by whom all the movable and immovable are pervaded.

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अज्ञान-तिमिरान्धस्य
ज्ञानाञ्जन-शलाकया ।
चक्षुरुन्मीलितं येन तस्मै
श्री गुरवे नमः ॥२॥

a-jñā-na ti-mi-rān-dhas-ya
jñān-āñja-na śa-lā-ka-yā ।
cak-ṣur-un-mīli-taṃ ye-na
tas-mai śrī gurave namaḥ ॥2॥

Meaning:

Salutations are to that guru who opened the eye of one blind due to the darkness (cover) of ignorance with a needle coated with the ointment of knowledge.

गुरुर्ब्रह्मा गुरुर्विष्णुः
गुरुर्देवो महेश्वरः ।
गुरुरेव परं ब्रह्म तस्मै
श्री गुरवे नमः ॥३॥

gurur-brahmā gurur-viṣṇuḥ
gurur-devo mahe-śvaraḥ ।
gurur-eva paraṃ brahma
tas-mai śrī gurave namaḥ ॥3॥

Meaning:

Salutations to that guru who is the creator, sustainer and destroyer, who is the limitless one.

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स्थावरं जङ्गमं व्याप्तं यत्किञ्चित्
सचराचरम्।
तत्पदं दर्शितं येन
तस्मै श्री गुरवे नमः ॥४॥

sthā-va-raṃ jaṅ-ga-maṃ
vyāp-taṃ yat-kiñ-cit
sa-ca-rā-ca-ram ।
tat-pa-daṃ dar-śi-taṃ ye-na
tas-mai śrī gurave namaḥ ॥4॥

Meaning:

Salutations are to that guru who showed me the one to be known, who permeates whatever is movable, immovable, sentient or insentient.

चिन्मयं व्यापि यत्सर्वं
त्रैलोक्यं सचराचरम् ।
तत्पदं दर्शितं येन
तस्मै श्री गुरवे नमः ॥५॥

cin-ma-yaṃ vyā-pi yat-sar-vam
trai-lok-yaṃ sa-ca-rā-ca-ram ।
tat-pa-daṃ dar-śi-taṃ ye-na
tas-mai śrī gurave namaḥ ॥5॥

Meaning:

Salutations to that teacher who showed me (by teaching) the one to be known, who is but awareness and who is the pervader of all three worlds comprising the sentient and insentient.

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सर्व-श्रुति-शिरोरत्न-
विराजित-पदाम्बुजः।
वेदान्ताम्बुज-सूर्यो यः
तस्मै श्री गुरवे नमः ॥६॥

sar-va śru-ti śi-ro-rat-na
vi-rā-ji-ta pa-dām-bu-jaḥ ।
ve-dān-tām-bu-ja-sūr-yo yaḥ
tas-mai śrī gurave namaḥ ॥6॥

Meaning:

Salutations are to that guru who is the sun to the lotus of Vedanta and whose lotus feet are made radiant by the jewel of all srutis (Upanishads).

चैतन्यः शाश्वतः शान्तः
व्योमातीतो निस्त्रयः।
बिन्दु-नाद-कलातीतः तस्मै
श्री गुरवे नमः ॥७॥

cai-tan-yaḥ śāś-va-taḥ śān-taḥ
vyo-mā-tī-to ni-ran-janaḥ ।
bin-du nā-da ka-lā-tī-taḥ
tas-mai śrī gurave namaḥ ॥7॥

Meaning:

Salutations are to that guru who is awareness, changeless (beyond time), who is peace, beyond space, pure (free from likes and dislikes), and who is beyond the manifest and the unmanifest (Nada, Bindu, etc.).

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ज्ञान-शक्ति-समारूढः

तत्त्वमाला-विभूषितः।

भुक्ति-मुक्ति-प्रदाता च तस्मै

श्री गुरवे नमः ॥८॥

Jñā-na śak-ti sa-mā-rū-ḍhaḥ

tat-tva-mālā vi-bhū-ṣitaḥ ।

bhuk-ti muk-ti pra-dātā ca

tas-mai śrī gurave namaḥ ॥8॥

Meaning:

Salutations are to that guru who is rooted in knowledge that is power, adorned with the garland of truth and who is the bestower of the joy of liberation.

अनेक-जन्म-सम्प्राप्त-

कर्म-बन्ध-विदाहिने।

आत्मज्ञान-प्रदानेन तस्मै

श्री गुरवे नमः ॥९॥

ane-ka jan-ma sam-prāp-ta

kar-ma ban-dha vi-dā-hi-ne ।

āt-ma-jñā-na pra-dā-ne-na

tas-mai śrī gurave namaḥ ॥9॥

Meaning:

Salutations are to that guru who by bestowing the knowledge of the self burns up the bondage created by accumulated actions of innumerable births.

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शोषणं भव-सिन्धोश्च ज्ञापनं
सार-सम्पदः ।
गुरोः पादोदकं सम्यक्
तस्मै श्री गुरवे नमः ॥ १० ॥

śo-ṣa-ṇaṃ bha-va sin-dhoś-ca
jñā-pa-naṃ sāra sam-pa-daḥ ।
guroḥ pā-do-da-kaṃ sam-yak
tas-mai śrī gurave namaḥ ॥ 10 ॥

Meaning:

Salutations are to that guru; the perennial flow of wisdom from the one rooted in the vision of the sruti, dries up totally to the ocean of transmigration (samsara) and reveals the essence of all wealth (the freedom of want).

न गुरोरधिकं तत्त्वं न
गुरोरधिकं तपः ।
तत्त्वज्ञानात् परं नास्ति तस्मै श्री गुरवे
नमः ॥ ११ ॥

na guro-ra-dhi-kaṃ tat-tvaṃ
na guror-adhi-kaṃ ta-paḥ ।
tat-tva-jñā-nāt pa-raṃ nās-ti
tas-mai śrī gurave namaḥ ॥ 11 ॥

Meaning:

There is nothing superior to knowledge of truth, nothing higher than the truth, and there is no purifying austerity better than the truth; salutations to that guru.

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मन्नाथः श्रीजगन्नाथः
मद्गुरुः श्री जगद्गुरुः ।
मदात्मा सर्वभूतात्मा
तस्मै श्री गुरवे नमः ॥१२॥

man-nā-thaḥ śrī-ja-gan-nā-thaḥ
mad-guruḥ śrī ja-gad-guruḥ ।
ma-dāt-mā sar-va-bhū-tāt-mā
tas-mai śrī gurave namaḥ ॥12॥

Meaning:

Prostrations to that guru who is the lord of the universe, my teacher, who is the teacher of the universe, who is the self in me, and the self in all beings.

गुरुरादिरनादिश्च
गुरुः परमदैवतम् ।
गुरोः परतरं नास्ति
तस्मै श्री गुरवे नमः ॥१३॥

guru-rā-di-ra-nā-diś-ca
guruḥ pa-rama-dai-va-tam ।
guroḥ pa-ra-ta-raṃ nā-sti
tas-mai śrī gurave namaḥ ॥13॥

Meaning:

Salutations are to that guru who is the beginning and the beginningless, who is the highest deity and to whom there is none superior.

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देवदेव ॥१४॥

त्वमेव माता च पिता त्वमेव ।
त्वमेव बन्धुश्च
सखा त्वमेव ।
त्वमेव विद्या
द्रविणं त्वमेव ।
त्वमेव सर्वं मम

tvam-eva mātā ca pitā tvam-eva ।
tvam-eva ban-dhu-śca
sakhā tvam-eva ।
tvam-eva vidyā
dra-vi-ṇaṁ tvam-eva ।
tvam-eva sar-vaṁ mama
deva deva ॥14॥

Meaning:

O god of all gods, you alone are my mother, father, kinsman, friend, the knowledge and wealth. You are everything to me.

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