

KEARNY CLUSTER



[Kearny Community Resource Map on Google](#)

[Community Resources](#)

[District and City Resources \(Additional Resources!\)](#)

Community Resources

Alcohol/Drug Abuse Resources:

- **Substance Use Treatment, Sharp McDonald Center Sharp HealthCare** 7989 LINDA VISTA RD SAN DIEGO, CA 92111 (858) 637-6920
- **Teen Recovery Program-McAllister Institute**, Two locations:

East Teen Recovery Center (ETRC) 550 Fesler Street, Suite G1
El Cajon, CA 92020 Phone: 619-588-5361

South Teen Recovery Center (STRC) 371 E St. Ste 150
Chula Vista, CA 91910 Phone: 619-691-1045

- <https://www.mcalisterinc.org/>

Clothing Resources:

- **Nice Guys Charities**, P. O. Box 881456, San Diego, CA 92168, (619) 630-4524
- www.sdniceguys.com

Community Centers:

- **Kearny Mesa Rec Center** 3170 Armstrong Street San Diego CA 92111 (858) 573-1387
- <https://www.sandiego.gov/park-and-recreation/centers/recctr/kearny>
- **Linda Vista Brand Library** 2160 Ulric St. San Diego, CA 92111 (858) 573-1399
- Homework help for Pre-School Elementary and Middle School Students and computers for public use
- **Serra Mesa-Kearny Mesa Library** 9005 Aero Dr. San Diego, CA 92123 (858)573-1396
- Computers for public use
- **Serra Mesa Rec Center** 9020 Village Glen Drive, San Diego CA 92111 (858) 573-1408
- <https://www.sandiego.gov/park-and-recreation/centers/recctr/serramesa>
- **YMCA** 3708 Ruffin Rd. San Diego, CA 92123, (858) 292-9622
- www.ymca.org

Disabled/Developmentally Delayed:

- **Fresh Start Surgical Gifts** 7920 Frost St. San Diego, CA 92123
 - <http://www.freshstart.org/> 760-579-9110

Crisis Resources:

- **Forensic and Medical Services, Physical and Sexual Abuse Rady Children's Hospital and Health Center** 3665 KEARNY VILLA RD # 500 Suite 500 SAN DIEGO, CA 92123 (858) 966-5980
- **Trauma Counseling Services, Central San Diego Rady Children's Hospital and Health Center** 3665 KEARNY VILLA RD # 500 Suite 500 SAN DIEGO, CA 92123 (858) 966-5803
- **Victim Assistance Program, Juvenile Court Building District Attorney, County of San Diego** 2851 MEADOW LARK DR SAN DIEGO, CA 92123 (858) 694-4254
- **Wellness Center SAY San Diego** 4775 VIEWRIDGE AVE SAN DIEGO, CA 92123 (858) 565-4148

DV Shelters & Resources:

- **San Diego Regional Guide - Domestic Violence Resources**
 - https://socialwork.sdsu.edu/_resources/files/dv-resource-guide-cictim.pdf

Food Resources:

- **Bayside Community Center**, 2202 Comstock St. San Diego, CA 92111, (858) 278-0771 ext. 3001
 - <http://www.baysidecc.org/>
 - Emergency food services, Wednesday, 1:00 pm -2:30 pm

Foster Care/Adoption Services:

- **Clark Adolescent Treatment Program (program of San Diego Center for Children)**, 3003 Armstrong St., San Diego, CA 92111, (858) 277-9550
 - <https://www.centerforchildren.org/>
- **Polinsky Children's Center 9400** Ruffin Ct San Diego, CA 92123, (858) 514-4600
 - https://www.sandiegocounty.gov/hhsa/programs/cs/child_welfare_services/polinsky_childrens_center.html
- **Promise 2 Kids** 9400 Ruffin Ct, Ste. A San Diego, CA 92123 (858)-278-4400
 - <https://promises2kids.org/>
- **San Diego Center for Children** 3002 Armstrong St., San Diego, CA 92111, (858) 277-9550
 - <https://www.centerforchildren.org/>
- **San Diego County Office of Education Foster Youth Services Coordinating Programs**, 6401 Linda Vista Rd., San Diego, CA 92111
 - Charisma De Los Reyes, Coordinator, (858) 298-2098
 - Kimberly Roberts, Admin Assistant I, (858) 290-5843
 - <https://www.sdcoe.net/special-populations/foster-youth>

Homeless/Transitional Living/Low Income:

- **New Alternatives** 8755 Aero Dr San Diego, CA 92123, (760) 839-8254
 - https://sandiego.networkofcare.org/mh/services/agency.aspx?pid=NewAlternativesIncResidentialandFosterCare_61_2_0
- **Refugee Resettlement Services- Jewish Family Services** 8804 Balboa Ave. San Diego, CA 92123, (858) 637-3210
 - www.jfssd.org
- **SDG&E CARE** 8335 Century Park Ct. San Diego, CA 92123, 1-877-646-5525
 - <https://www.sdge.com/residential/pay-bill/get-payment-bill-assistance/assistance-programs>

Legal Assistance:

- **Legal-Financial Consultation Southern Caregiver Resource Center (SCRC)** 3675 RUFFIN RD Suite 230 SAN DIEGO, CA 92123 (858) 268-4432

Medical Clinics/Health Centers:

- **Kaiser Permanente San Diego Medical Center** 9455 Clairemont Mesa Blvd., San Diego, CA 92123, 858-266-5000
- **Sharp Mesa Vista Hospital** 7850 Vista Hill Ave. San Diego, CA 92123, 858-836-8434
 - Open 24 hours

Mental Health/Counseling Support:

- **A Helping Hand** 3914 Murphy Canyon Rd. Suite A-170 San Diego, CA 92123 619-930-5430
 - www.ahhcbiz.com
- **Jewish Family Services** 8804 Balboa Ave. San Diego, CA 92123 (858) 637-3000 or (619)-692-0727 (Home Start Incorporated)
 - www.jfssd.org

Military Families:

- **Mental Health System (MHS) TURN Behavioral Health** 858-573-2600: Courage to Call 9465 Farnham Street San Diego, CA 92123, 858-636-3604
 - <https://turnbhs.org/>
- **Say San Diego** 4775 Viewridge Avenue, San Diego, CA 92123, 858-565-4148
 - <https://www.saysandiego.org/who-we-serve/military-families/>
 - Military Family Resource Center 3487 Santo Road San Diego, CA 92124 858-496-0052

Pregnant & Parenting Resources:

- **Family Network Adoption Center** 2552 Fletcher Pkwy, El Cajon, CA 92020 (858)-535-3033
 - <https://www.sdadopt.org/> (offers in service training for staff at no cost spoke with Anna Merino)

- **Door of Hope (program of Salvation Army)** 2799 Health Center Drive San Diego, CA 92123, (858) 279-1100
 - https://doorofhope.salvationarmy.org/door_of_hope_san_diego/transitiona-living-center/
- **First 5 Health & Development Services** 9655 Granite Ridge Dr. #120 San Diego, CA 92123, 1-888-5 FIRST 5 or 1-888-534-7785 (toll free program information)
 - www.first5sandiego.org
- **Primetime (formerly “6 to 6”)** 2441 Cardinal Lane, Building A San Diego, CA 92123 (858) 503-1870
 - primetime@sandi.net
 - <https://sites.google.com/sandi.net/2022-23primetimeprogram/home>

Tutoring:

- **Linda Vista Healthy Start Program:** Provides services in collaboration and partnership with specifically Linda Vista Elementary and Carson Elementary Schools. Works to improve the health, academic achievement, and social development of children in the two Linda Vista elementary schools by providing parent workshops, linkages to counseling, academic tutoring, homework assistance. Children must attend either of the elementary schools mentioned for eligibility.
 - 2202 COMSTOCK ST. SAN DIEGO, CA 92111
 - (858) 278-0771
 - www.baysideecc.org
 - baysideinfo@baysideecc.org
- **Linda Vista Library** 2160 Ulric Street, San Diego CA 92111, (858)-573-1399
 - <https://www.sandiego.gov/public-library/locations/linda-vista-library>
 - English Flyer:
https://www.sandiego.gov/sites/default/files/flyer_2022-23_dyhl_hours.pdf
 - Spanish Flyer:
[https://www.sandiego.gov/sites/default/files/2022-23_dyhl_hours_spanish.p
df](https://www.sandiego.gov/sites/default/files/2022-23_dyhl_hours_spanish.pdf)