

Teen and Young Adult Trend Index & Lexical Glossary

Updated regularly!

Collected by Gabby Lee

Undergoing verification

Millennial slang

Young Gen Z / Gen Alpha slang

A

@ me next time - Variation of "say that to my face," used to dissuade someone from gossiping indirectly. **Don't @ me** means one is not interested in alternative opinions or further discussion.

Acoustic (adj.) - Autistic

Accountant, spicy accountant - Sex worker or stripper

AF - As f*ck. Used for emphasis after an adjective.

ATP - At this point

Addy (n) - Adderall, address

Aht - All right

Alr - All right, already

AMALT - All men are like that

AWALT - All women are like that

ASL - As hell

Ambatukam - Also known as **Ambatukam Omaygot**, refers to multiple explicit pornography videos of adult film star Dreamybull who became notable for flamboyantly screaming, "I'm about to c*m! Oh my God!" at the end of all his videos. The words "Ambatukam Omaygot" are pronounced the same way as the exclamation, being a version of it that reads like a first and last name of African origin.

Ankha Zone - colloquial name of a pornographic, Rule 34 animation created by ZONE-sama in tribute to an animation by minus8 featuring Ankha from Animal Crossing having sex with Villager.

As you should - Variation of "you should keep doing what you're doing"

Aspie - Someone with Asperger Syndrome

A whole meal (n) - A good-looking person

Altered my brain chemistry - That had a profound impact on my life

Aura (n) - A person's "cool factor" or level of confidence

B

BBL - Brazilian butt lift

BD (n) - Baby daddy

BFFR - Be f*cking for real

BM (n) - Baby mama

BMS - Broke my scale (attractiveness scale). Used when commenting on videos about someone's physical appearance

BORG/BORG drinking - an acronym for "blackout rage gallon." The drink is a mixture of water, alcohol, and sweet flavorings. It may also include a hangover remedy, like Liquid I.V. or Pedialyte.

Baby gronk (n) - Refers to a young football prodigy, sometimes used metaphorically to describe someone showing great potential.

Backrooms - A creepypasta or internet legend about endless, empty rooms with yellow wallpaper and fluorescent lights, often evoking a sense of unease.

Backshot(s) - The insertion of the penis, or another phallic object, from behind.

Bae (n) - One's boyfriend, girlfriend, or crush

Bag (n) - Money, luxuries

Based (adj.) - Something "cool" that is also edgy or controversial, can also be used to mean something considered anti-woke.

Basic (adj.) - Enjoying mainstream trends, being unoriginal or boring

Band (n) - \$1,000

Bando (n) - Abandoned house or structure where illegal activity takes place

Banger (n) - A catchy song or rhythm

Beat your face (v) - Apply makeup

Bear, the bear - A popular choice offered to women: "man or bear?" where the premise of the question is whether you would like to be alone with a man or a bear.

Beast mode (n) - an extremely aggressive or energetic style or manner that someone (such as an athlete) adopts temporarily (as to overpower an opponent in a fight or competition)

Becky - Pejorative term for a young white woman who is clueless about racial and social issues

Bedrotting (v) - The act of lying in bed and doing nothing, usually due to burnout or stress

Beige flag (n) - characteristics that may be slightly out of the ordinary but are, ultimately, unremarkable.

Bestie (n) - Best friend. Often used [irreverently](#) or sarcastically.

Bestiemoon (n) - A destination vacation or romantic holiday with one's bestie

Bet - A strong affirmative statement akin to "yeah" or "I agree with you."

Big back (n) - A fat person

Big brain (adj.) - Used when someone says or does something smart, or, a sarcastic term for someone who over-intellectualizes a simple task.

Big (adj.) - Emphatic term akin to "very" or "exceptionally" e.g. big yikes, big mad

Bing Chilling - From Chinese, meaning ice cream (bīngqílín), popularized by actor John Cena using the word to promote his movie to Chinese audiences. As an interjection, referencing John Cena or the Chinese language.

Blackpill - Philosophy that argues that physical attractiveness is the most critical factor in determining men's dating success

Blawg - TikTok meme related to cats (an affectionate name for a cat?)

Blicky, blickie (n) - A gun, typically a pistol

Blud (n) - "blood," another variation of bro

Blues (n) - Fentanyl tablets

Blue radio app - An app that you may find when clicking "share" on a TikTok post which, according to TikTok "creepy slideshows," is spyware that you have to delete immediately.

Bluepill - The preference of believing in a comforting or convenient lie, especially when it concerns a person's worldview.

Bonesmashing (n) - To manipulate one's jaw and cheekbones by strategically smashing and healing one's bones. A form of looksmaxing.

Boomer, OK Boomer (n) - Dismissive term for Baby Boomers, born between 1946-1964.

Boost, boosting - shoplifting; stealing with intent to resell

Bodied (v) - Triumphed over, defeated

Body tea, her body tea - term used to describe someone's body as attractive or hot

Bop (n) - A catchy song or rhythm.

Boujee (adj.) - From *bourgeois*. Materialistic or uppity, aspiring to higher class status.

Bouta - About to

Botting (v) - Or "viewbotting." The act of purchasing or creating bots to artificially increase views/engagement

Boyo - A Welsh/Irish slang word for 'friend' or 'mate', literally meaning 'boy'. Became popularized as a term of address in the PSL community. - Other variations: Broyo, Broyolo, buddy boyo.

Boyfriend Air (n.) - the theory that hanging out with your boyfriend accentuates flaws in your physical appearance, for example, giving you messy hair, causing your skin to break out and ruining your makeup.

Bozo (n) - Fool, idiot

Brainrot (n.) - a term used to describe low-quality internet content and the negative effects of consuming it in excess

Bread (n) - Money, particularly money earned

Brick (adj.) - Freezing cold

Brick (n) - Drugs packaged to be trafficked, specifically cocaine

Bricked up - Sexually aroused

Bro, bruh, breh, brooooo (n) - Variations of "brother," often used sarcastically or ironically

Brrr, go brrr - An expression that something is doing well or a lot very quickly. High quality. The sound of money, the sound of the [Fed printing press](#)

Buggin, You buggin (adj.) - a way of saying that the person you are talking to made a dumb statement or is crazy

Bussin (adj.) - Something extremely great; often used in reference to food.

Bussy (n) - Male anus; portmanteau of "boy" and the "-ussy" suffix

C

CEO (n) - The absolute master of a topic or trend.

Calm your tits - A variation of "Calm the hell down"

Cake, cakes (n) - Buttocks

Cancel culture (n) - Public shaming of an entity, individual, or trend.

Cancel, canceled (v) - To withdraw public support of an entity, individual, or trend.

Cap (n), capping (v) - A lie; the act of lying

Cardio (n) - Sexual intercourse

Caught in 4k - Catching someone red-handed.

Catch these hands - A (usually sarcastic) threat of imminent violence.

Catching strays, caught a stray - to get insulted or otherwise defamed in a controversy or argument that otherwise has nothing to do with the person insulted. It is inspired by the term "catch a stray bullet."

Chad (n) - A stereotypical "alpha male" who gets a lot of female attention.

Chair emoji (🪑) - Used instead of a laughing face emoji to show something is funny

Cheeks (n) - Buttocks

Cheeked up (adj) - Having large buttocks

Cherry emoji (🍒) - Breasts

Cheugy (adj.) - Out of date or trying too hard.

Chiefting (v) - Vigorously smoking, inhaling

Chill (n) - An energy of being relaxed and easygoing. **No chill** means not relaxed or easygoing.

Chill, chilling (v) - Hanging out, socializing

Chill (v) - Relax

Chokehold, got me in a chokehold - To be enraptured or caught up in someone, a thing, situation or a story.

Chopped (adj.) - ugly

Christcuck (n) - Christian (derogatory)

Clapback (n) - A verbal comeback after being insulted

Clap back, clapped back (v) - To issue a verbal comeback after being insulted

Clap, clapped (v) - The act of hitting someone, also: having sexual intercourse

Clout (n) - Validation and/or attention from social media

Clown (n) - Someone who is not to be taken seriously

Clown (v), clowning (v) - To mock or ridicule

Clutch, came in with the clutch (v) - To expertly perform a task in the nick of time or at the perfect moment, commonly used in reference to sporting events

Cold, 🧊 - Cool

Come through - Come over. Also used as an appraisal, a show of pride, or congratulations

Come up - To rise or improve, as in status

Cooked, getting cooked - Similar to “roasted,” a term used to describe someone getting mocked or insulted, as well as something being bad or disappointing

Copium (n) – From “cope” and “opium.” Used to describe a fictional drug that one consumes after suffering a loss, defeat, or disappointment.

Corn (n) - Porn

Couldn't be me - Variation of “I would never do that”

Cray cray (adj) - Crazy

Cracked (adj) - Losing the game. See also: cooked, roasted

Crash out, crashing out - To fail spectacularly, to have a breakdown

Cringe (adj.) - Anything that inspires a feeling of intense secondhand embarrassment

Cuffed (v) - being in a monogamous relationship, e.g. handcuffed to another person

Cuffing season (n) - A period when everyone settles for a partner to keep them warm for the winter

Cunt (n) - The pinnacle of fashion, style, or coolness, e.g. “serving cunt”

Crypto bro (n) - Someone who is overenthusiastic about cryptocurrency and won't stop talking about it

D

DILLIGAF - Does it look like I give a f*ck?

DNI - Do not interact.

DTB - Don't trust boys/don't trust b*tches

Daddy (n) - An affectionate or familiar term for boyfriend, male romantic partner, or male crush

Dafuq - "The f*ck", "What the f*ck"

Dank (adj) -excellent and very high quality

Deadass - An enthusiastic affirmative statement, akin to "hell yes" or "I agree"

Deezed - Strong, muscular

Demure - Trend popularized by TikTok content creator and makeup artist Jools Lebron. Lebron uses the term "demure" as a term of endearment to describe herself doing daily tasks. She often adds words like "mindful," "cutesy," and "considerate" when she says she's doing something in a "very demure" way.

Delulu (adj.) - delusional

Diamond hands (n, v) - To refuse to sell stocks/crypto e.g. "I have diamond hands"

Dickrider (n), dickriding (v) - An overly obsessive fan; the act of cringy fan obsession

Dih, dihh (n) - Penis (as in "dick")

Doing me, I'm doing me - I'm doing whatever I please

Doing too much, doing the most (v) - Seeking attention, trying too hard to impress others.

Dome (v) - Oral sex

Domed - Severely wounded, particularly in the cranial region

Doomer (n) - A young person who has given up hope on the possibility of a better future

Done (adj.) - To be officially fed up with something or someone

Doomscrolling (v) - the act of spending an excessive amount of screen time devoted to the absorption of negative news

Dope (adj.) - Cool, interesting

Drag (v) - Roast, mock, ridicule

Drip (n) - A stylish outfit

Duke Dennis (n) - A popular YouTuber and Twitch streamer known for his gaming content, especially related to NBA 2K

Dusty (adj.) - Disheveled, unkempt, ugly

Dusty (n) - A man with little or nothing to offer

E

Ear Rape (n) - purposefully distorted, annoying or overly loud sound clips and songs meant to shock listeners and sound as unbearable as possible.

ED, EDNOS (n) - eating disorder, eating disorder not otherwise specified

Edgar (n.) - Slang term for Mexican-American teens sporting childish bowl haircuts

Edging - The act of preventing oneself from orgasming to prolong sexual activities like masturbation. Memes about edging often use the term nonsensically, highlighting the action's apparent absurdity ("edging in the back of class")

E-boy, e-girl (n) - A young person entrenched in social media, internet, or gaming culture, specifically on TikTok. They typically embody an alternative aesthetic derivative of emo/scene, with accessories such as dyed hair, neon or pastel-colored wigs, piercings, chokers, heavy goth makeup, and animal ears (usually cat ears).

Eepy (adj.) - sleepy or tired, usually in reference to a baby animal

Eggplant emoji () - Penis

Enby - Nonbinary (from "N.B.")

Era (n) - A specific period of time with regard to fashion or pop culture (e.g. "I'm in my cringe era")

Extra (adj.) - Annoying, overwhelming, too much

F

F, F in the chat - a form of paying respect (in a sad way). The term originated after a feature in the 2014 release of Call of Duty asked players to press F on their keyboard to "pay respects" to virtually fallen soldiers.

FR - For real

Face card never declines - Phrase used when someone is exceptionally beautiful.

Facts, fax, 🗉 (n) - Variation of "I agree" or "no lies detected"

Fall off, fell off (v) - To lose popularity, typically quickly or suddenly

Fam - Family

Fanum tax (n.) - The act of taking someone's food. Originally coined by American streamer Fanum.

Feeling myself - To feel natural, comfortable, and confident

Fent (n) - Fentanyl

Fighting for my life - An exaggerated way of describing a mundane or unchallenging struggle

Finesse (v) - To trick or manipulate someone or a situation in order to get what you want.

Finna (v) - Fixing to, going to

Finsta (n) - Fake Instagram profile used for posting more genuine, less idealistic content. May also be used for covert spying

Fire (adj.) - Cool, trendy, amazing

Fit, fitty (n) - Outfit

Five Nights at Freddy's - a 2014 point-and-click survival horror video game in which the player must survive five nights working as a security guard working at the Freddy Fazbear's Pizza restaurant, avoiding being dismembered by the animatronic animals wandering the establishment.

Flex (v) - to show off. **Weird flex but OK** is a snarky, mocking response to when someone brags about something unusual, bizarre, baffling, or questionable

Flop (n) - Anything disappointing, particularly in reference to something that was hyped up

, **Fork and Knife with Plate emoji** - Used to convey admiration or approval, a variation of he/she ate

FML - F*ck my life

Fonem (n) - Chicago slang. Someone's close ones, friends or homies.

Forgis (n) - Forgiato Wheels, a custom wheel manufacturer based out of Los Angeles, California. The word is prevalent in hip-hop and rap culture, as the expensive wheels are indicative of wealth and a luxurious lifestyle. In 2019, the song "Ballin" by Mustard and Roddy Rich repopularized the term through the lyric "I Put the New Forgis on The Jeep."

F*ckboi (n) - Womanizer

Furda - "For the boys." Doing things for the boys without any benefit to oneself. Self sacrifice for the benefit of one's friends.

G

GTFIH - Get the f*** in here

Geeking (v) - To overly obsess over something

Get you some business - Phrase expressed to an individual butting into your life.

God tier - The highest level of eliteness

Go off - Emphatic or sarcastic way of saying "keep doing what you're doing"

GOAT (n) - Greatest Of All Time

Game is game - a catchphrase that centers on pickup culture and the term **rizz**, attesting that it doesn't matter what the method is (or game is) in a pick-up scenario as long as it works and achieves the final result, which is usually sex

Gag, gagging (v) - Being shocked or awestruck by something

Gas (n) - Marijuana

Gas, gassin (v) - To encourage someone e.g., gas me up, gas them up

Gaslighting (v) - To avoid accountability by manipulating someone into questioning their own perception of events

Ghost, ghosting (v) - To cut contact with someone. May involve blocking them.

Ghostie (n) - an unauthorized sidearm

Gigachad (n) - An exceptionally handsome man, having an even higher level of attractiveness than a Chad

___ gives me life - A phrase used to exclaim that something or someone is exciting

Goated (adj) - the state of being the greatest of all time

Goated with the sauce - Slang for someone who is exceptionally skilled or impressive, "goat" being short for "greatest of all time."

Goblin mode - a type of behavior which is unapologetically self-indulgent, lazy, slovenly, or greedy, typically in a way that rejects social norms or expectations.

Going ham (v) - To do something with the maximum possible effort; to go all out.

Goofy ahh - A phrase used to describe something or someone as silly or ridiculous

Gooning - a sexual practice that involves a person masturbating to pornography for prolonged periods of time without climaxing (see "**edging**") in order to achieve "the goon," a so-called sensation of full mental numbness and dissociation from anything unrelated to the process.

Goon cave - A space dedicated to gooning.

Glazing (v) - to over-compliment and over-hype someone to the point of being seen as inferior to them due to hyperbolically cringe adoration.

Glazer (n) - Someone overly obsessed with a celebrity to a cringe degree

Glizzy (n) - a hot dog; a handgun

Glow up, Glo up (v) - Self-improvement, usually in regard to physical appearance

Granola - A "Granola Girl" is someone who is hippie, cool and normally heavily into sustainability. You can also describe a person as "Granola."

Grape - Rape

Gray rock, gray-rocking (v) - To avoid engaging with someone by making oneself uninteresting and unresponsive

Griddy - a dance move in which a person alternately taps their heels, either in place or while walking, while swinging their arms back and forth. Created by high school footballer Allen Davis in 2018, his dance went viral on TikTok in 2019

Grindset - A mindset focused on relentless hard work and hustle to achieve success

Grippers (n.) - Feet

Grippy (adj.) - Tight, usually in a sexual context

Guap (n) - Money, and lots of it

Gucci (adj.) - Good; all good

GTA 6 - Refers to the highly anticipated (that will never come) next installment in the Grand Theft Auto video game series.

GYATT, GYAT - Short for “girl your ass thick” or “girl your ass too thick.” Used when a guy sees a girl he finds attractive.

Gymcel - An incel who works out to become more physically fit and improve their sexual market value

H

HB - Homeboy

HBU - How about you?

Ha - her

Hard, goes hard (v) - Exceptionally cool or unique

Headass (adj.) - Stupid, ridiculous, cringy

Heather (n.) - From Conan Gray’s song, "Heather." The singer “wishes they were Heather”, who is desirable and everyone wants to be her. In TikTok lingo, to say, “You’re such a Heather” is a compliment

He/she/they ate (v) - He/she/they did an incredible job

Highkey, lowkey (adj.) - Highkey means letting everyone know. Lowkey means keeping things secret.

Hits different (v) - Having special or unique qualities

Hot girl summer (n) - An event or time period with sexually liberated women having a great time unapologetically

Hunching (v) - Having intercourse (“humping”)

Huzz (n) - Hoes

Hype (adj.) - Excited, e.g. “I’m so hype.”

Hype (n) - Extravagant or intensive publicity or promotion.

Hype (v) - To promote or publicize (a product or idea) intensively, often exaggerating its importance or benefits.

Hypebeast (n) - Someone, usually a man, who follows trends in fashion, particularly streetwear, for the purpose of making a social statement

I

I can't even - A variation of "I'm at a loss for words" or "I'm speechless"

ICYMI - In case you missed it

IJS - I'm just saying

IRL - In real life (as opposed to online)

IYKYK - If you know you know (indicating an inside joke)

Ick, the ick (n) - A phenomenon where attraction to a current or potential partner is suddenly flipped to a feeling of disgust. Often triggered in an instant by witnessing some kind of turn-off e.g. a bad dance move, a grating laugh, or an off-putting eating style.

In my bag, in his/her bag (v) - Enjoying hard-earned wealth and luxuries

In my feelings, in his/her feelings (adj.) - Vulnerable, emotional

Industry plant (n.) - an artist who has received backing from a major label, with their popularity and fame being the result of astroturfed marketing campaigns orchestrated by wealthy or well-connected backers.

Ion - I don't

iPad kid (n.) - A child who is so intensely focused on the iPad that they lose all awareness of their surroundings and act in strange, socially awkward ways

Issa - It's a (e.g. "Issa vibe")

It's giving - a term used to describe someone or something's look or vibe with an ironic connotation

It's not that deep - A variation of "it's not a big deal" or "get over it"

It's the ___ for me - A (usually ironic/sarcastic) term referring to a feature about something or someone that stands out

I'm dead, I'm dying, I am deceased - Phrases indicating laughter or incredulity

J

Jack, jacking (v) - Stealing, breaking and entering

Jacked (adj.) - Muscular

Jeet - (derogatory slur) an Indian person

Jester - Joker, joking (“jesting”)

Jestermassing - a term used to denote a man acting in an entertaining, amusing, histrionic or dramatic manner, or acting in a certain unnatural way, to elicit or maintain female romantic attraction or to be accepted in a group. The term is usually used derisively, implying that jestermassing is degrading or futile (or both).

JFL - Just f*cking laugh

JW - Just wondering

Juggernaut (n) - The theory that being unattractive paradoxically makes women more desirable on the dating market due to men seeing such a woman as 'attainable'.

Juul (n) - Electronic vaping device that gained popularity with Gen Z

K

KMS - Killing myself, kill myself. Often used sarcastically or ironically.

KTHXBAI - K, thanks, bye

Karen (n) - A pejorative term for an obnoxious, angry, entitled (usually white) woman who weaponizes her privilege to get her way

Kiki (n) - Gossip, small talk, a heart-to-heart

King (n) - A powerful or triumphant man. Often used sarcastically or ironically.

Kino - Slang for high-quality cinema or film, often used by film enthusiasts.

L

L (n) - Loss, failure

LBR - Let's be real

LDAR - Lay down and rot

LFG - Let's f*cking go

LLS - Laughing like sh*t

Lambo (n) - Lamborghini

Lean (n) - A concoction of codeine and soda consumed recreationally. Also referred to as purple drank, purrp, or sizzurp.

Left me on seen, left me on read - When someone reads your text but neglects to reply

Let him cook - a callout to give someone the space to plot, strategize or hone their craft.

Let's get this bread - Let's hustle, let's grind (with the intent of earning money)

Lewk (n) - Look (fashion)

Lightskin (adj) - Refers to stereotypical intense or sultry behavior often associated with light-skinned individuals in memes

Lit, litty (adj.) - Amazing, cool, fun

Living, I'm living (v) - A way of saying you are extremely excited

Live your best life - Having the best time, enjoying the finer things in life

Living rent-free (v) - Shorthand for "living rent-free in someone's head"

Llama (n) - A gun, typically a pistol

LML - Laughing mad loud, love my life

LMS - (L)ooks, (M)oney and (S)tatus. Concept developed by PUAHate suggesting that what matters in attracting women are looks, money, and status. It denies personality, confidence, or game to be significant factors in dating.

Lolcow - A person famous on the internet for being embarrassing or cringe, who can be "milked" for more content. Alternatively, someone who can get baited into raging and embarrassing themselves on the internet.

Locked in – Extremely focused on something

Looksmaxxing (v) - The process of maximizing one's physical attractiveness

Looted (adj.) - Good style or fashion sense

Loud (n) - Potent marijuana

Love that for me/him/her/you - Sarcastic phrase indicating disapproval or disappointment

Low taper fade - Also known as "broccoli head." Stereotypical haircut associated with Gen Z where the hair on the sides and back is short (low) and the hair on top is longer and curled or puffed.

M

MATI, MOTI - Mad at the internet, mad on the internet

MF - Motherf*cker

MFW - My face when

Mad mad (adj.) Exceptionally angry

Main character (n) - Someone who seems to naturally have charismatic energy that draws people in.

Manlet - (derogatory) a man with short stature

Mascara - Coded term for sexual contact, usually in reference to sexual assault, e.g. "they tried my mascara without my consent"

Meat (n) - Male genitalia

Meatrider (n), meat riding (v) - An obsessive fan; the act of obsessive fandom

Mewing (v): The act of repeatedly putting your tongue on the roof of your mouth to make your jawline sharper.

Mid (adj.) - Average, unremarkable, not bad

Mirin (v) - Short for admiring, used frequently by Zyz.

Mod/Mods (n) - Moderators in an online forum e.g. Twitch, Reddit

Mog, mogging, mogged - Shorthand for AMOG ("alpha male of the group") but refers to surpassing a competitor in the realm of looks or aesthetic beauty, e.g. "He's mogging me." "His face mogs mine." Can also be used as a suffix, e.g. "jawmogging," "heightmogging"

Moment, the moment - To be very popular or fashionable at a particular time

Morbin time - A meme phrase stemming from the movie "Morbius," humorously implying that it's time for action or transformation

Moving bricks (v) - Drug trafficking

Mr. Chedda - An AI-generated image of a mouse dressed in a suit and stretching its arms out as if greeting someone. First posted in December 2022, in July 2023 the mouse achieved online popularity as Mr. Chedda following a viral tweet with multiple cheese puns.

Munting (v) - A variation of necrophilia involving two live people and one dead

Must be nice - A dismissive phrase used in response to someone who doesn't have to work for the things they have

N

NPC (n.) - "Non-Player Character." Used as a metaphor to describe someone who is perceived as lacking independent thought or blindly following trends.

NT - neurotypical

Natch (adv.) - Naturally

Nathaniel B - Also known as **Ain't You Nathaniel B?** Refers to a viral video of a humorously bad rap freestyle and roast where a kid tries to rhyme "you can't handle me" with "hold up, ain't you Nathaniel B?"

Neck (v) - Oral sex

NEET (n., adj.) - Someone who is "Not in Education, Employment or Training," and also not seeking to change

Nepo baby (n.) Nepotism baby; someone who attained money or success because of their proximity to wealthy or successful people

Netflix and chill (v) - A euphemism for sexual activity under the pretense of watching television

Neurospicy - Non-neurotypical

NGL - Not gonna lie

No cap - Shorthand for “not lying”

Nofap - A community that believes that abstaining from porn and masturbation offers a range of health benefits

No nut november - An annual internet challenge of sexual abstinence and not masturbating during the month of November.

No tea, no shade - “No offense, but...”

Normie (n) - Normal people, people who aren’t versed in internet culture

N00b – Newcomer, newbie

O

Off the henny/Off tha henny - The act of doing something to excess; acting stupid

OMF - One of my followers

The Ocky Way - A catchphrase from TikTok, referring to customizing food orders in a unique or extravagant way, coined by a New York City bodega worker

Ohio (n., adj.): A state of being strange or uncool. “That’s weird. Where did you get that from—Ohio?”

Oil up - Ironical reference to slathering someone in oil, e.g. “oil up lil bro”

Okurr - Emphatic way of saying OK. Used to express dismay, dismissal, surprise, or skepticism

Old head (n) - Someone who is old-fashioned, behind the times, or from an older generation

OML - Oh my lord

On God/ONG - Indicates strong agreement to a statement; also a variation of “I swear to God”

On sight - Derived from “shoot on sight.” Refers to an (often sarcastic/ironic) imminent threat of violence.

On the low - Secret, secretly

Oof - An expression of discomfort or disbelief

Opium - music and aesthetics associated with rapper Playboi Carti and his fans.

Out (adj.), I’m out (v) - To be fed up; to exit

Out of pocket (adj.) - Out of line, inappropriate

Outchea, we outchea - Shorthand for “out here”

P

PDF, PDF file (n) - Pedophile

Paper/paperwork (n) - payment

Paper hands (n, v) - Selling stocks/crypto, typically out of fear

Password child - the “obvious favorite child, as the majority of their [the parent's] passwords are crafted using their birthdate or name; the child tasked with remembering all the passwords

PAWG (n) - “Phat Ass White Girl”

Peach, peach emoji (🍑) - Buttocks

Pearl (n) - Clitoris

Penjamin, Penjamin Blinkerton (n) - Vape pen or electronic smoking device with marijuana inside

Percs (n) - Percocet

Pet password - The act of using your pet's name as a password. (Not ideal because your pets' names are easily identifiable.)

Period, Periodt, Point blank period - Used at the end of a statement for emphasis

Pick-me (n) - A woman who is desperate for male validation and/or [attention](#)

Pizza Tower - 2023 platform game that follows a pizza chef, Peppino Spaghetti, who must scale a tower to prevent the destruction of his pizzeria.

Pokénut November - A twist on No Nut November, involving abstinence from Pokémon-related content.

Poggers - Shorthand for a surprised or excited reaction to something. The poggers emote is used frequently on Twitch streams, and resembles Pepe the Frog with his mouth wide open. Poggers comes from the old “PogChamp” emote, which was removed from the Twitch platform in 2021.

Ponk - (southern slang) Gay, sissy

Poppin' (adj.) - Cool, interesting, new, current

Pressed, stay pressed (adj.) - Angry or personally affected; shorthand for “stay mad”

Prolly (adj.) probably

PMO - pissed me off

PSL - An acronym for the sequential semi-incel forums: PUAhate.com, sluthate, and lookism.net

PSL God (n) - An exceptionally attractive man, usually represented by a male model with “perfect” facial aesthetics

PUA - 'Pickup Artist', a term that was originally coined from the belief that picking up women is a form of art. Used to describe the members of the seduction community. Now it refers to a group

of fraudulent men who sell overcharged useless/untested self-help advice on dating to naive sexually inexperienced people.

Purr - A phrase used to express approval.

Put the fries in the bag - "Shut up and do your job"

Put you onto something - This means "let me show you something."

Q

Quandale Dingle - Name of a Pennsauken high school football player featured in a series of "goofy ahh shitpost memes" based on a viral screenshot of a PC login screen for a man with the name

Queen (n), Kween - A powerful or triumphant woman. Often used sarcastically or ironically.

Quirked up white boy - A meme phrase describing a young white man with an unexpected or quirky talent, often followed by "busting it down sexual style."

QTNA - Questions that need answers

R

Rack, racks (n) - Stacks of cash in \$1,000 increments

Rack, racking (v) - The act of stealing or shoplifting

Ratio, ratioed (n, v, adj.) - The number of replies or comments as compared to likes. A ratioed post has more replies than likes and is likely divisive, unpopular, or controversial.

Rawdogging - Going through life without distraction, e.g. not listening to music or watching a movie while on an airplane

Reach, reaching, a reach - an exaggeration of logic beyond what is true, likely, or possible.

Redpill - A philosophy typically defined as recognizing that most males are seen as disposable, modern society is inherently gynocentric, that women are hypergamous maters who are also generally highly deceptive towards men (particularly as it comes to what male traits they are innately attracted to) and the endorsement of masculinism.

Relationship soft launch - to subtly introduce social media to your boyfriend or girlfriend without explicitly declaring your relationship

Restarted (adj.) - Retarded

Rizz - a man's ability to impress women. From "charisma"

Rizzler, the Rizzler (n.) - a man who has a lot of rizz (charisma)

Roastie (n) - A sexually promiscuous woman

Roman Empire (n) - Something you just can't stop thinking about; originated from a 2024 TikTok trend that claimed men think about the Roman Empire at least once per day.

Rope - Commit suicide

Ropemaxx - Commit suicide

S

SA - sexual assault

SDIYBT - Start Digging In Yo Butt, Twin

SMH - Shaking my head (Denotes disappointment or secondhand embarrassment)

SYBAU - Shut yo b*tch ass up

Salty (adj.) - Jealous, petty, vindictive, holding a grudge

Sauce (n.) - Source, e.g. "Sauce please?"

Savage (adj., n) - Acting without regard for consequences; a badass

Say less - Variation of "I understand" or "I get the gist of what you're saying"

Secure the bag (v) - Earn money

Seggs (n) - sexual intercourse

Self-drag (v) - Roasting oneself, making fun of oneself

Self-own (v) - Unintentionally roasting oneself, embarrassing oneself

Sending me (v) - Making one laugh hysterically

Serve, serving (v) - To present oneself in a particular way, typically in relation to a fashion aesthetic

Shade (n) - Disrespect, contempt

Sheesh - Used to express disbelief or exasperation

Shiesty (n) - ski mask, balaclava

Shitposting (v) - the activity of posting deliberately provocative or off-topic comments on social media, typically in order to upset others or distract from the main conversation.

Shook, shooketh (adj.) - Startled, upset, disturbed

Side eye, [bombastic] side eye (v) - To regard someone or something with suspicion or incredulity

Sigma, sigma male (n.) - a supposed classification for men who are successful and popular, but also silent and rebellious, a type of man who likes to "play by his own rules."

Simp (n), simping (adj.) - A man who is seen as too caring and submissive toward women even when his sentiments are rejected. May also denote a man who caters to women with the intention of getting sexual or romantic attention.

Sis (n) - Sister, may be used derogatorily, e.g. "sit down, sis"

Situationship (n) - being involved with someone romantically without being in a relationship.

Skrrt - A word representing the sound of tires screeching as you speed away from someone.

Skibidi Toilet - a popular series of YouTube Shorts made with Source Filmmaker that depicts evil toilets with human heads

Slaps (adj.) - Catchy, cool, interesting

Slay (adj.) - Being exceptionally unique or beautiful, typically in relation to fashion

Sleeping on (adj.) - Disregarding or missing out on something cool and interesting

Slippin', catch me slippin' - Being caught by surprise in such a way that one can't react as well as one normally would if one had expected the event and prepared for it

Smacked (adj.) - Under the influence of drugs or alcohol

Smol (adj.) - Small, cute

Snack, snacc (n) - A good-looking person

Snatched (adj.) - Looking perfect, typically in relation to makeup, hair, or fashion

Snatched edges (n), my edges are snatched (v) - Used to express admiration for excellence. Refers to one's wig flying off in surprise or excitement.

Sneak diss, sneak dissing (v) - to disrespect someone without saying it to them or mentioning their name.

Sneaky link - This is the phrase used when someone hooks up with someone else in secret. Their partner is known as "the sneaky link."

Snowflake emoji, ❄️ - Cocaine

Spider-Man and Elsa videos - videos on YouTube featuring people dressed as the Marvel superhero Spider-Man and the Frozen protagonist Elsa, who are often filmed engaging in various bizarre acts. (see: [Elsagate](#))

Sksksksk - Used to convey happiness or laughter

Squad (n) - Friend Group

Ssa (n.) - ass

Stan (n) - An obsessive fan displaying stalkerish tendencies

Steez - The quality of being effortlessly stylish or fashionable.

Stimmy (n) - Stimulus check

Straight TikTok - This is the more mainstream side of TikTok where you'll find viral dances and massive influencers.

Stonks (n) - Stocks, stock market

Stunting (v) - Showing off

Sus (adj.) - Suspicious

Sussy (adj.) - Suspicious

Sussy baka (n) - a combination of "sus" (meaning "suspicious") and "baka" (Japanese for "fool"). Someone who acts foolish and aloof.

Suifuel (n) - Short for, "suicide fuel", or something deeply depressing.

Swiggled - Swaying, twisting, or wriggling. Also, slang for a glow up.

Swole (adj.) Buff, muscular, large, swollen

T

TBH - To be honest

TF - The f*ck, what the f*ck

TFW - That feeling when

TLDR, TL;DR - Too long, didn't read

Take several seats - Variation of "opinion disregarded" or "back off"

Take the L, hold the L - Accept one's losses or failures

Tea, spilling tea, sipping tea - A back-formation from the letter T for "truth." Gossip, gossiping

Terminally online - a colloquialism to refer to people who have no life outside the internet.

Tendies (n) - Chicken tenders, unrealized gains (stock market)

That's money - That's expensive, that's glamorous

That's what's up - That's cool, impressive, notable

The [noun] is [noun]ing - e.g. "the math is mathing" Phrase used to express something functioning as intended, even a little too well

The feminine/masculine urge to - Used to describe stereotypically feminine/masculine behaviors. Often used for [roasting](#) such behaviors.

Thick, thicc (adj.) - Voluptuous, curvaceous

Thirst trap (n) - A sexually suggestive social media post, usually a selfie

Thirst (n), thirsty (adj.), thirsting (v) - Overwhelming sexual or romantic interest, desperately seeking sexual or romantic attention

This ain't it, this ain't it, chief - "this seems offensive" or "you shouldn't have done this"

Throw hands, throwing hands (v) - Physical fighting

Throw shade, throwing shade (v) - The act of disrespecting someone

Thug shaker - Videos of black men, who presumably live a "thug" lifestyle, performing the "rump shaker" dance move while naked, which consists of shaking their buttocks.

Tight (adj.) - Extremely angry; extremely cool

Timbs (n) - Timberlands (shoes)

Touch grass - "Get off the internet and go outside"

Tracks, that tracks (v) - An affirmative statement akin to "that makes sense"

Tree, trees (n) - Marijuana

Truth nuke, trvke - A truth so undeniable that it is "mindbreaking"

Tweaking, tweakin' (adj.) - Freaking out, overreacting

U

Unalive (v) - death, specifically the act of suicide

Unc - "Uncle," used to refer to an out of touch person from an older generation

Understood the assignment - Nailed it, got it down perfectly

-ussy - Suffix added at the end of a word for emphasis, typically in a random, fatuous nature.

uwu - An emoticon indicating cuteness

V

Valid (adj.) - Acceptable, okay, reasonable

Vanilla (adj.) - Prude

Vibe, vibes, vibe check (n) - Energy, gut feeling. To verify how someone, something, or a situation feels.

Vidya (n.) - Video games

Vibing (v) - Getting along, relaxing, enjoying

Volcel (n) - Voluntary celibate

W

W (n) - Win, triumph

WBK - "We been knew" aka "we knew that already"

WYA - Where you at?

WYD - What you doing?

WYM, WDYM - What do you mean?

Wagecuck, wagie - A derogatory term for a corporate employee, a mindlessly obedient worker drone

Wall, the wall - When a person (typically a woman) rapidly experiences a decline in their physical appearance at a certain age (typically around the age of 30), which is dubbed "hitting the wall".

Wash (v), washed (v) - to be humiliated, to be overpowered, "washing the floor with you"

Weak, I'm weak (adj.) - Denotes laughter, ridicule, or incredulity

With your whole chest - Variation of “like you mean it” or “confidently”

When Lambo?/When moon? - “When are we going to get rich from trading stocks/crypto?”

Whip (n) - Car

White Chocolate (n) - A white man with “swag” or style, or a white man acquainted with black culture who can rap, sing, or dance

White knight (n) - a “nice guy” obsessed with the idea of coming to a woman’s aid.

Wildin/wyling (v) - Going crazy, acting out

Wock - A type of cough syrup containing promethazine and codeine produced by the company Wockhardt. Consumed recreationally.

Womp Womp – also known as **Wamp Wamp** and **Sad Trombone**, is an onomatopoeic expression mimicking the chromatic descending sound produced by a trombone used to indicate a failure on television game shows.

Woke (adj.) - Politically aware. Often used derogatorily, ironically, or sarcastically.

Workfluencers: Creators eager to help people understand new roles and fields, often by filming themselves working hard (or hardly working)

Writers, the writers (n) - Abstract reference to God or a higher power, e.g. “The writers are giving me a redemption arc”

X

Xan, xans, xannies (n) - Xanax

Y

Yap, Yapping (v) - to talk excessively with little substance

YOLO - You only live once

You good? - “Are you okay?” or “Why are you acting like that?”

You got jokes - An acknowledgement of a real or perceived insult

Yam - Genitals, penis

Yas - Emphatic way of saying “yes,” often styled “yaaaaas”

Yassify (v) - To apply multiple filters to a selfie so that it appears more stereotypically beautiful; to make something better; to make something more gay/queer

Yeet (v) - To violently or enthusiastically throw an object (typically an object deemed worthless or inferior) to a comical degree

Yns (n) - “young n*ggas”

Yt (adj.) - White (race)

Yts (n) - Youths, youngins, young people

Z

Zaddy (n) - A good-looking man, particularly an older man

Zaza (n.) - Marijuana

Zesty - Slang describing something or someone as lively, spicy, or full of flavor, often used to compliment someone's personality. Also used as a homophobic insult