

Rise - Rise to Run
Fam Group Questions

1. Describe how “not being alone” helps you run the race God has called you to run.
2. What weight do you need to drop in your life so that you can “run light”?
3. Is there a “good weight” that you have dropped that you need to pick up again?
4. Imagine how you will finish the race. What are some key things you want your grandchildren to say about you?