Student Health Screenings

The school nurse will begin conducting state-required health screenings on **September 17th**. Depending on grade level and state screening requirements, students may be screened for **vision, hearing, abnormal spinal curvature (scoliosis), and acanthosis nigricans**, a skin condition that can be associated with insulin resistance and an increased risk for type 2 diabetes.

Spinal Screening

In accordance with Texas state requirements, students are screened for abnormal spinal curvature according to the following schedule:

- **Girls:** 5th grade and again in 7th grade
- **Boys:** 8th grade

A trained screener will check your child for signs of spinal problems, such as scoliosis. Early detection of an abnormal spinal curvature can allow for earlier evaluation and treatment.

The screening is simple and brief. Students will be asked to stand and bend forward while the nurse observes the back for signs of abnormal spinal curvature. **Boys and girls will be screened separately.**

If your child does not pass a screening, you will receive written notification with information regarding recommended follow-up with a healthcare provider.

Please remember that school health screenings are **not a substitute for a medical examination** or routine checkups with your child's healthcare provider.

If you do not wish for your child to participate in the school health screenings, please complete the **opt-out in HAC by September 16th**.

Thank you for your cooperation in helping us support the health and well-being of our students.

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