

High Five Friday

Connect Activity

Happier Together

Friendships and building new friendships are very important for happiness. Sharing worries, celebrating successes, and learning about each other helps to build friendships. Become a 'reporter' and interview friends to find out more about them. Here are some questions you could ask...

- What are you most proud of?
- What is your favourite colour?
- What is your favourite joke?
- What is your favourite cartoon character?
- What is your favourite game?
- What are your favourite hobbies?
- What are your happiest memories?
- What are you enjoying at school?

Take time to pause...did you learn something new about your friend?