



ANTELOPE VALLEY  
HIGH SCHOOL

## Incoming 9th Grade Clearance Information

Antelope Valley High School Athletic Staff:  
Vice Principal of Athletics - Michael Lipka  
Athletics Secretary - Fabiola Calderon  
Athletic Director - Jason Chronister

Hello parents and welcome to Antelope Valley High School!

Here is a quick rundown of the important information you will need to begin to get your student-athlete cleared so when we can return to sports, your student-athlete is ready to begin competing!

If you have any questions please email me at [jchronister@avhsd.org](mailto:jchronister@avhsd.org)

1. Getting Cleared: All student-athletes MUST be cleared to try-out &/or participate in athletics. Click on this [link](#) and follow the step-by-step procedure
  - a. All athletes at AVHS must begin to get cleared [online](#), click the link above for the website and step-by-step procedure
  - b. Student-Athletes CAN NOT participate sport specific activities, in-person or online until after their last day of 8th grade
  
2. Physicals:
  - a. Athletic Injury Management (AIM) will be allowing physicals.
  - b. AIM asks you to provide the following:
    - i. Please have \$25 cash for the physicals
    - ii. Please call ahead and get an appointment, NO WALK-INS
    - iii. Please limit the number of family that accompanies your child to 1, to maintain proper social distancing in the office
    - iv. All people that enter the office need to wear masks, per the CDC
    - v. Any individual that is symptomatic, please schedule for an appropriate time, and do not enter the office

- vi. AIM is located at [1051 West Avenue M Suite #209 \(661\) 949-6649](#)
- c. All physical forms MUST have a doctor's signature and stamp on it, otherwise they are not cleared
  - i. Click on the [link](#) for the physical form.
  - ii. This form, the [bus waiver](#), also needs to be signed and completed to be able to be cleared.
- d. All physicals must be returned to Antelope Valley before a student can be cleared

### 3. Academics:

- a. Freshman are automatically eligible at the start of the 9th grade year.
- b. After Quarter 1...Students must maintain a 2.0 Grade Point Average to stay eligible for high school sports
  - i. This means a 2.0 GPA at the 1st Quarter, 1st Semester, 3rd Quarter and 2nd Semester (for the current year's sports)
  - ii. A = 4 points, B = 3, C = 2, D = 1; a student would need 12 grade points, assuming typical 6 classes and no more than 2 F's are allowed for any grading period.
- c. Academic probation will be available for those who fall short of a 2.0 GPA at the grading periods. However, there are minimum requirements in order to meet eligibility for Athletic Probation.

### 4. Sports and Seasons:

- a. Fall:
  - Football
  - Girls Flag Football
  - Cross Country
  - Girls Tennis
  - Girls Volleyball
  - Girls Golf
- b. Winter:
  - Girls Basketball
  - Boys Basketball
  - Girls Soccer
  - Boys Soccer
  - Girls Wrestling
  - Boys Wrestling
- c. Spring
  - Baseball

Softball  
Track and Field  
Swimming  
Boys Volleyball  
Boys Tennis  
Boys Golf

5. Q and A's:

Q - Why am I not cleared for baseball but I am for football?

A - The athlete won't be cleared until the sport comes into season. So this athlete would be cleared for football during football season, and then assuming grades and physical is still good, would be cleared for baseball during baseball season.

Q - I'm cleared for one season, so am I cleared for all seasons?

A - No. Grades change and physicals expire. Physicals only last one calendar year.

Q - I turned in my paperwork, but I am still not cleared.

A - Clearances do not happen instantly. In normal circumstances you should allow 24-48 hours to get cleared after turning in the paperwork.

Q - I turned in my paperwork, and I am not still cleared, can I still practice while waiting?

A - No. Student-athletes must wait until FULLY cleared (email to the parent when cleared) to participate in any sports at AVHS.

Q - My team is holding virtual workouts and I am not cleared. Since they are virtual, can I participate?

A - No. Student-athletes must wait until FULLY cleared to participate in any sports at Antelope Valley High School.