

FAMILY BIBLE STUDY

Week of Thanksgiving

Memory verse:

“...always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.” Ephesians 5:20 NIV

Monday	<p>Read Ephesians 5:20 and discuss giving thanks in EVERYTHING.</p> <p>EXTRA: Remind them of the story of Daniel. Read Daniel 6:10. Discuss him giving thanks in a bad situation. Did it get better right away? Did it turn out ok in the end?</p> <p>APPLY: How can you do what this Scripture says?</p>
Tuesday	<p>Read Colossians 3:16-17 and Ephesians 5:18-20. Discuss how songs can be used to give thanks, and how songs make us feel when we're down.</p> <p>EXTRA: Read Acts 16:16-38. What role does singing playing this story? How does singing songs to the Lord help your thoughts and focus?</p> <p>APPLY: What are some songs that you can sing when times are tough?</p>
Wednesday	<p>Read I Thessalonians 5:16-18 and discuss how thanksgiving can lead to joy.</p> <p>EXTRA: Read Colossians 4:2. Praying continually is an important thing we're told to do, and thanksgiving is to be a part of those prayers.</p> <p>APPLY: What can you be thankful about for a sad situation you face?</p>
Thursday	<p>APPLY: MAKE A LIST OF WHAT YOU ARE THANKFUL FOR TODAY. Having trouble? Make a list of things and people you like. Then be thankful for them. For the people, consider writing them a note telling them you are thankful for them.</p>
Friday	<p>Read Colossians 2:6-7. Thankfulness can build your faith. In what ways can it build faith?</p> <p>EXTRA: Start a thankfulness journal. Write at least 1 thing a day that you are thankful for.</p> <p>APPLY: How can you overflow with thankfulness? What actions can you take to be more thankful or to notice God's blessings?</p>