

Visual Schedule Book





GROSS







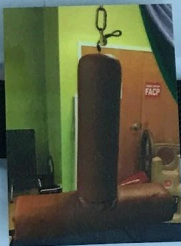
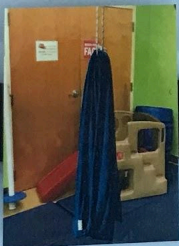
gaining











OTHER



The ZONES of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Tired Sad Bored Worried Lonely	Happy Calm Soothing Others Excited Ready to learn	Anxious Worried Silly/Wiggly Excited Loss of Sense Control	Mad/Angriness Furious Scream/Whining Out of Control



TO DO:



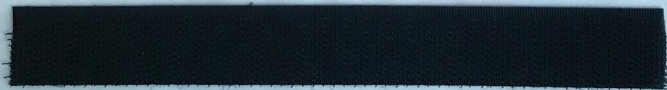
FINISHED: ✓



FIRST,



THEN



FIRST,



THEN

