

PROJECT PROPOSAL

Title:

Spiritual and Economic Empowerment of Catholic Families in Kacungiro Parish – Kasese Diocese, Uganda

Project location: St. Egidio- Kacungiro Catholic parish, Kasese Diocese, Kasese District-Uganda.

Project: Two Year

Project Submitted to: Missionaries of the Holy Spirit in the Family (MHSF) and Partners- USA

Project Submitted by: Missionaries of the Holy Spirit in the Family- Kasese Diocese – MHSF
CHAPTER in-formation- UGANDA

1. Background

Kacungiro Parish in Kasese Diocese serves a predominantly rural population where many Catholic families face both spiritual and economic challenges. While the Church provides pastoral care, many married couples struggle with inadequate deep catholic marriage formation, poverty, limited income opportunities, and weakening family values due to economic stress, and social pressures in the African cultural setting.

These challenges affect family stability, participation in Church life, and the moral upbringing of children. Strengthening both the spiritual foundation and economic capacity of families is essential for holistic development and a vibrant Christian community.

2. Problem Statement

Many Catholic families in St. Egidio Kacungiro Parish/ Kasese Diocese;

- Experience low household income and financial instability leading to Spiritual life instability.
- Lack skills for sustainable livelihood development to enhance local Christian responsibility to contribute to the needs of the local church in their parishes and small Christian communities.
- Have limited access to savings and credit systems that undermines human dignity when they lack basic financial security.
- Face weakening marital relationships and reduced participation in sacramental life
- Lack of structured programs for ongoing spiritual formation as couples in abject poverty undermines the essence of the Catholic Marriage (Holy Matrimony).This has led to increased family conflicts, reduced Church engagement, and vulnerability to social and economic shocks.

3. Project Goal

To establish MHSF mission in the Catholic Diocese of Kasese- Uganda and strengthen Catholic families in St. Egidio Kacungiro Parish and other parishes through integrated spiritual formation and economic empowerment initiatives to enhance the pastoral needs that aligns with lay formation and leadership in conjunction with the sanctity of marriage in the Catholic Church.

4. Objectives

Specific Objectives:

1. To deepen the spiritual life of at least 44 people -Catholic couples through formation courses of Missionaries of the Holy Spirit (MHSF) in the Family two year program.
2. To improve household income for participating families through skills training and income-generating activities to empower them in lay ministry related to marriage
3. To promote strong, stable, and faith-centered marriages
4. To establish sustainable parish-based savings and support groups within MHSF group/ chapter
5. To enhance participation of families in Church activities and sacraments as well as expanding locally the MHSF mission, vision and charism of MHSF in Kasese diocese and beyond.

5. Target Group

- Married Catholic couples in Kacungiro Parish with potential to expand to the rest of the remaining 15 parishes in Diocese of Kasese.
- Young families and newly married couples formation
- Vulnerable households (low-income families) to improve their relevance in local church needs.

6. Project Activities

A. Spiritual Empowerment Activities

- Marriage enrichment seminars , courses and retreats offered by MSHF
- Monthly couple fellowship meetings
- Catechesis on family life, parenting, and Christian values
- Promotion of family prayer and Bible sharing
- Counseling and guidance sessions for couples

B. Economic Empowerment Activities

- Training in faith-based income-generating skills (e.g., agriculture, poultry, small business)

- Formation of Village Savings and Loan Associations (VSLAs) for advancement of family life
- Financial literacy and budgeting workshops in light of catholic marriage / families empowerment.

7. Expected Outcomes

- Strengthened Christian family values and increased participation in Church life through MHSF formation programs
- Improved communication and unity among couples after strong spirituality
- Increased household income and financial stability to enable members sustain their families and MHSF life
- Reduced family conflicts and improved child upbringing

8. Implementation Plan

The project will be implemented 24 **months** in two phases:

Phase one; MHSF course / training on Marriage and family

9. Monitoring and Evaluation

- Regular attendance records for trainings and meetings
- Quarterly progress reviews
- Income tracking for participating families
- Feedback from couples and parish leaders
- Final evaluation at project end

10. Sustainability

- Strengthened Small Christian Communities (SCCs) to continue formation and MHSF
- Self-sustaining savings groups (VSLAs) to enable them meet pastoral responsibilities
- Trained couples acting as peer educators
- Integration of program into parish pastoral activities

11. Budget (Indicative Categories)

- Training materials and facilitation
- Retreats and seminars
- Skills training resources
- Seed capital for income-generating activities
- Monitoring and coordination costs

Budget

Components	Activity	USD
Component one	MHSF course / training on Marriage and family	4,200 USD
Component two	Economic Empowerment (piggery and poultry farming)for MHSF group-Kasese-Uganda Activity one -construction of pigsties -purchase of pigs (50) -feeds	4,000 USD 3,378 USD In-kind MHSF local group
	Activity two -poultry 1,000 chicks (layers and broilers) -construction of chicken house -first chicken feeds	2,703 USD 2,162 USD 600 USD
Sub-total component one MHSF		4,200 USD
Component two sub-total		12,843 USD
GRAND TOTAL		17,043 USD
LOCAL CURRENCY UGX (Uganda shillings)		63,059,100

NOTE: 1 USD = 3,700 UGX

12. Conclusion

This project seeks to address both the spiritual and economic needs of Catholic families in Kacungiro Parish. By empowering couples holistically, the initiative will build stronger families in MHSF charisms, a more vibrant Church community, and improved livelihoods.

More so, the project will help in reducing problems of early marriages in conjunction with poverty that leads to family confusion which results into rampant divorces affecting also innocent children into child-labor and school dropouts.

