2023 WIAA REGIONAL TRACK & FIELD MEET

Teams: Kenosha Bradford, Kenosha Indian Trail, Kenosha Tremper, Racine Case, Racine Park, Union Grove, Westosha, Wilmot

Date: Monday May 22nd, 2023

Site: Mary D. Bradford Stadium, Kenosha Bradford High School

Track: Seal-Flex Beynon polyurethane surface with 9 lanes on the curves and the straights. ¼" pyramid spikes are maximum allowed.

Time: Field Events: 4:00 p.m. Running Events: 4:45 p.m.
Coaches meeting in southeast team room on the track side of the concession building on the south end of the stadium at 3:15 p.m. for final scratches.

Meet Manager: Mark Aslakson, Head Boys Coach maslakso@kusd.edu Cell 414-581-0408 Home 262-886-3725.

Officials: John Miller, William Haurey, and Jean Goedel

Jury of Appeals: 2 WIAA officials, Meet Manager, Racine Case Girls Coach and Indian Trail Boys Coach.

Admission: Adults/ Student/ Child $6.00

ENTRY FORM: All entries will be done on-line through PT Timing. Detailed instructions for submitting entries are posted on the WIAA website. The entry deadline is Friday, May 19th at 8:00 AM. Coaches attempting to enter after the deadline will not be able to access the PT Timing entry site. As per WIAA season Regulations: "Schools submitting forms after the deadline date or time will be permitted to compete, but will not receive consideration for seeds, lanes, heats, sections, etc."

Entries: a. A school may enter a maximum of: *one entry in each relay event *28 individual event entries

b. A student may enter a maximum of four events, but in no more than three running or three field events. Being listed as a substitute on a relay team(s) counts as an event.

RELAYS:

1. Schools must list individual names and a seed time on the Tournament Entry Form.

2. A maximum of six students may be listed. The same individuals must be retained through the entire tournament series. (Regional, Sectional, State).
3. Additional relay substitution names may be added for injury, illness, or discipline only if two names were listed as substitutes on the original entry form. Additional substitutes will only be added with a signed medical excuse or disciplinary letter from the school's athletic director, principal, or superintendent/president. The substitution must be approved by the WIAA office. This new substitute may not exceed four events from his/her original entry for regionals.
4. Being listed as a relay team member counts as one of the four allowed events whether or not the student participates.
5. Coaches have until the Clerk of Course checks in the teams to designate which listed runners will compete.
6. Relay seed times should consist of the actual running times of the students listed, not the fastest season relay time. Coaches should estimate if necessary.

FIELD EVENTS

Implements: All field event implements must be weighed and checked prior to the start of competition. All shot, discus, and vault poles must be checked-in at the southwest team room on the track side of the concession stand at the south end of the stadium before any warm-ups are allowed.

Pole Vault: Weigh-in forms need to be faxed to 262-359-5948 before Monday May 22nd.

Starting Hts.: To be determined by entries, according to WIAA regulations.

Shot Put/Discus: Run in flights. Each competitor will receive three trials. Nine finalists will throw in reverse order. Finals start 10 minutes after the final flight.

Long Jump/Triple Jump: Preliminaries will be open pit. Each competitor will receive three trials. Nine finalists will jump in reverse order.

OTHER INFORMATION

Meet Scoring: 10-8-6-5-4-3-2-1 (Top 4 places in each individual/relay event will advance to the sectional meet. No medals are awarded in this meet.)

Field Events - 4:00 PM

Boys Pole Vault followed by Girls Pole Vault
Boys Triple Jump followed by Girls Triple Jump
Boys Discus followed by Girls Discus

Girls High Jump followed by Boys High Jump
Girls Long Jump followed by Boys Long Jump
Girls Shot Put followed by Boys Shot Put

<u>Order of Running Events</u>- 4:45PM

1600 M Coed Wheelchair
3200 M Relay (Girls)
3200 M Relay (Boys)
100 M Dash Trials (Girls)
100 M Dash Trials (Boys)
100 M High Hurdles Trials (Girls)
110 M High Hurdles Trials (Boys)
200 M Dash Trials (Girls)
200 M Dash Trials (Boys)

15 minute break before finals

100 M High Hurdles (Girls)
110 M High Hurdles (Boys)
100 M Coed Wheelchair
100 M Dash (Girls)
100 M Dash (Boys)
1600 M Run (Girls)
1600 M Run (Boys)
800 M Relay (Girls)
800 M Relay (Boys)
400 M Coed Wheelchair
400 M Dash (Girls)
400 M Dash (Boys)
400 M Relay (Girls)
400 M Relay (Boys)
300 M Low Hurdles (Girls)
300 M Intermediate Hurdles (Boys)
800 M Run (Girls) 800 M Run (Boys)
800 M Coed Wheelchair
200 M Dash (Girls)
200 M Dash (Boys)
3200 M Run (Girls)
3200 M Run (Boys)
1600 M Relay (Girls)
1600 M Relay (Boys)