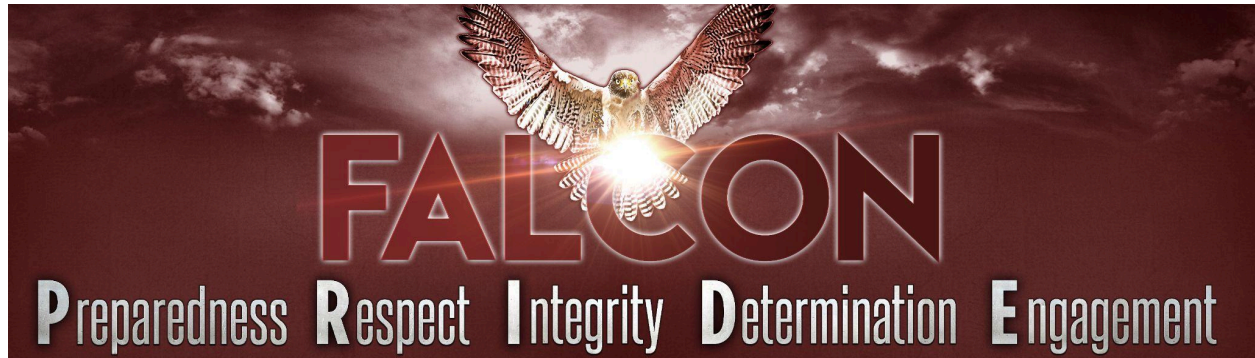




ATHLETICS~

•Weekly Practice Schedule below is subject to change based upon weather and field conditions•

8BSoc 2:30-4:00pm

7BSoc 2:30-4:00pm

8GSoc 5:30pm-6:45pm M-F

7GSoc 2:30pm-4:00pm M-F

Field Hockey 3:45-5:15pm M-F

FB 3:45-5:15pm M-F

Cross Country 2:30-3:30pm M-Th

If there are weather-related cancellations, they typically are determined prior to 1:20 pm.

[FMS Athletic - Weather/Cancellation Updates](#)

Students waiting for late practices or shuttles will be required to stay in a supervised study hall.

~~~~~

Remember: You can find all FMS team game schedules on the following website:

<https://students.arbitersports.com/organizations/freeport-high-school-2>

~~~~~

TROPHY ROOM~

All gear can be kept in the "Trophy Room" during the day.

You can drop your gear off in the morning and pick it up in the afternoon for practice.

Please keep this space clean!

~~~~~

## **ATHLETIC ELIGIBILITY~**

### **Athletic Code/ General Rules:**

1. **Academic or disciplinary obligations take precedence over all other school activities.**
2. As a team member you represent your school and RSU5. Please respect both!
3. Athletes must attend all practices on time unless meeting academic or disciplinary obligations.
4. School attendance: Athletes will be subject to all provisions of the school attendance policy. Additional school attendance regulations may be imposed by the coach.
5. All athletes are required to travel to and from out - of - town contests with the team. An athlete may be released directly to a parent (in some cases) if prior arrangements have been made with the coach.
6. Students must have passing grades in all classes to play in games. Students need to be at all games and practices to be part of the team. If a student needs to miss a team event, they need to contact the coach in advance to let them or it will be considered an unexcused absence. If there are two or more unexcused absences the student may be dismissed from the team. Students who miss practice for excused or unexcused reasons may see reduced playing time in the next event.

### **Athletic Eligibility Policy:**

Co-curricular activities are an integral part of school life. The knowledge and skills learned through these activities are critically important to the healthy development of students (MPA – Sports Done Right, 2005). At Freeport Middle School academic work is our first priority. While there are many benefits to participating in co-curricular activities, the time commitment involved can sometimes detract from

academic work. In an effort to help students balance the demands of academics and participation in interscholastic competitions we have developed the following eligibility procedure:

Student Athletes must have habits of work (preparedness) above 2.5 or if they do not the content grade needs to be 3.0 or higher to participate in games. All classes include core academic classes, unified arts, band and chorus. Any student athlete who does not have a 2.5 or higher on either the habits of work (preparedness) unless their content grade is above a 3. Academic probation dictates that a student may not participate in game situations/interscholastic competitions with their respective team until he/she has successfully raised their grade(s) to be eligible. The student is expected to practice if they are not staying after school to make up work. If a student has been ineligible for 3 weeks they can be dismissed from the team.

### Timeline and Process

1. Advisors will regularly support students in checking their grades and support students in developing responsible habits for their school performance (i.e. following up with teachers following an absence, recognizing incomplete work and attending office hours, etc.)
2. The Assistant Principal will check Powerschool for content and habits of work grades for sixth, seventh and eighth grade athletes every 2nd week of each athletic season.
3. If a student has a current Preparedness grade of less or equal to than a 2.5 and a content grade below a 3.0 during the check, the Assistant Principal will initiate an Eligibility Probation for the student. The student would begin their probationary period on Step 1. The steps of Eligibility Probation are described below:

| <b>Academic Probation Step 1</b><br>Warning and Plan<br><i>Students continue to participate in practices and games</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Academic Probation Step 2</b><br>Plan and Practices Only<br><i>Students participate in practices only (no game participation)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Academic Probation Step 3</b><br>Plan and No Activities<br><i>Students do not participate in practices or games</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b><i>Students who...</i></b></p> <ul style="list-style-type: none"> <li>• <i>Have a current grade of less than a 2.5 for Preparedness and a content grade below a 3.0 in one or more of their classes</i></li> </ul> <p><b><i>Step Specifics...</i></b></p> <ul style="list-style-type: none"> <li>• <i>If a student's grade has not improved within one week, however they are taking the steps necessary for it to improve, they remain on step 1.</i></li> <li>• <i>If a student has not worked toward completing their action steps, they move to Academic Probation - Step 2.</i></li> </ul> | <p><b><i>Students who...</i></b></p> <ul style="list-style-type: none"> <li>• <i>Continue to have a current grade of less than a 2.5 for Preparedness and a content grade below a 3.0 in one or more of their classes and have not participated in all the necessary steps of their action plan</i></li> </ul> <p><b><i>Step Specifics...</i></b></p> <ul style="list-style-type: none"> <li>• <i>If after a week a student has completed the necessary action steps for improving their grade, but their grade is still not at the required level, they move back to Step 1.</i></li> <li>• <i>If after a second week, the student has failed to work toward the action steps on their plan, they</i></li> </ul> | <p><b><i>Students who...</i></b></p> <ul style="list-style-type: none"> <li>• <i>Continue to not participate in all the necessary steps of their action plan;</i></li> <li>• <i>Students whose preparedness and/or grade has continued to decrease from the first and second notices</i></li> <li>• <i>Continues to not work toward completing the steps on their action plan.</i></li> </ul> <p><b><i>Step Specifics...</i></b></p> <ul style="list-style-type: none"> <li>• <i>If a student engages in the steps of their action plan by the next check in, they can move back to step 2.</i></li> <li>• <i>If a student does not engage in the steps of their action plan, they</i></li> </ul> |

|  |                                             |                                                        |
|--|---------------------------------------------|--------------------------------------------------------|
|  | <i>move to Academic Probation - Step 3.</i> | <i>continue to remain ineligible for participation</i> |
|--|---------------------------------------------|--------------------------------------------------------|

Students will be provided a notice and action plan template to complete with the teachers with whom their Preparedness grades are below a 2.5 and content below a 3. It will be the student's responsibility to bring a copy of the plan home and explain to their parents the action steps they are responsible for taking.

After one week, the Assistant Principal will check in with the teachers regarding the student's participation in their plan. If the student has taken all steps necessary, has brought their Preparedness grade up to a 2.5 or content grade up to a 3, and the teacher signs off, then the student will no longer be on probation. If they have taken the steps necessary, but have not yet brought their grade up, they remain on "Step 1". If they have taken no steps indicated on their action plan, they drop to "Step 2" as outlined above.