

*Below are important **resources** that exist on campus. The following was assembled and written by Kenna Chick and Grace Perret. Please share:*

Counseling and Psychiatric Service (CAPS)

- Location: Back of Darnall Hall
- Business Hours: 9 AM - 5 PM Mondays to Fridays
- Services: Consultations, evaluations, short-term psychotherapy, psychiatry, group therapy, workshops, referrals, etc.
- Procedure:
 - Walk-ins during business hours OR
 - Call (202) 687-6985 to speak to the intake coordinator
 - After Hours: Call 202-444-7243 and ask to speak with the CAPS On-Call Clinician
- Cost: \$10 for psychotherapy, \$15 for psychiatry (with medication), free group therapy and workshops, free intake and consultation
- Free services for GSP students
- Confidentiality: Completely confidential for those seeking services over the age of 18, except in the case where harm to the client or others would occur, such as active suicide plans
- For more information, visit <https://studenthealth.georgetown.edu/mental-health>
- For a mental health screening visit
<https://studenthealth.georgetown.edu/mental-health/faqs/mental-health-screening>

Health Education Services (HES)

- Location: [1437 37th St. NW](#), Poulton Hall, Suite 101
- Business Hours: 9 AM - 5 PM Mondays to Fridays
- Services: Appointments related to body image, eating disorders, nutrition, substance abuse, stress management, sexual assault, relationship violence, stalking, pregnancy, and more
- Procedure:
 - Walk in during business hours OR
 - Make individual appointments with staff
- Cost: Free
- Confidentiality: Completely confidential for those seeking services over the age of 18, except in the case where harm to the client or others would occur, such as active suicide plans
- For more information, visit www.studenthealth.georgetown.edu/health-promotion

Project Lighthouse (PL)

- Location: www.projectlighthousegu.com
- Business Hours: 7 PM - 1 AM
- Services: Anonymously talk to a trained peer supporter about any issue, ranging from loneliness to health struggles; learn about on and off campus resources, confidentiality, and self-care tips
- Utilize our website as a reference to resources, mental health terms, etc.
- Cost: Free

- Confidentiality: Completely confidential except in the case where harm to the client or others would occur, such as active suicide plans
- Email admin@projectlighthousegu.com with any questions or to subscribe to our newsletter for up-to-date information regarding mental health news and events

LGBTQ Resource Center

- Location: 325 Leavey Center
- Business Hours: 9 AM - 5 PM Mondays to Fridays
- Services: Provide education, events, support services, a welcoming space, and more to LGBTQ identified students and allies
- Procedure:
 - Walk in during business hours OR
 - Email lgbtq@georgetown.edu
- Cost: Free
- Confidentiality: Semi-Confidential, “Confidentiality: Semi-Confidentiality, which means that the staffers of the resource center may report the situation without identifying information to relevant University administrators on a need-to-know basis”
- For more information, visit <https://lgbtq.georgetown.edu/>

Women’s Center

- Location: 327 Leavey Center
- Business Hours:
- Services: Provides resources, referrals and materials for women’s health, eating disorders, sexual health, gender-based violence, and more
- Procedure:
 - Walk in during business hours OR
 - Email womenscenter@georgetown.edu
- Cost: Free
- Confidentiality: Semi-Confidential “Confidentiality: Semi-Confidentiality, which means that the staffers of the resource center may report the situation without identifying information to relevant University administrators on a need-to-know basis”
- For more information, check out <https://womenscenter.georgetown.edu/resources>

Resident Assistants, staff, professors, and residential ministers not acting in their pastoral/religious roles are non-confidential if you report sexual assault or misconduct.

Title IX

- **A NOTE ON CONFIDENTIALITY AND TITLE IX:** If a student reports an instance of sexual assault to a semi-confidential or non-confidential resource, that resource will report the incident to Title IX. Non-confidential resources are required to include identifying information, while semi-confidential resources have more discretion in how information is reported. In the event that a student’s name is reported to the Title IX Coordinator, they will reach out via email and offer

resources to the student. ***Students are under no obligation to respond to the Title IX Coordinator nor are they required to begin a Title IX investigation.*** Title IX exists primarily to track statistics on sexual assault and provide students with resources. The office will not compel students to do anything and students should feel comfortable reaching out to the semi- and non-confidential resources around them.

One-stop-shop for resources: <https://sexualassault.georgetown.edu/resourcecenter>

Template for accommodations (i.e. extensions for assignments, lower levels of participation, etc.):
https://docs.google.com/document/d/1JZX0c9OYLEQxqZjVBNwOM4YqwnnfsaaD_FEkBg806GE/edit

For those of you who may need to take it easy today but are unsure of how to communicate that with professors/deans, I have written a basic template. By no means is this template a guarantee of accommodations. This template only serves as a suggestion if you need some support or ideas on how to go about asking for accommodations for the day.

Our Letter to Georgetown

Content Warning: This letter discusses sexual assault.

First, we apologize to the survivors and those whom we have triggered. We deeply regret that we created a spectacle with our emergency Senate meeting without any warning, without any notice to campus resources to prepare for greater need, without even providing those resources at the beginning of our session, and with spending an inordinate amount of time discussing succession when our meeting should have focused on how to help you. We pledge to further our work with campus resources to support survivors and seek positive change for students.

The actions of the GUSA Senate on Tuesday, September 11, 2018 were brash and filled with emotion. The GUSA Senate moved immediately to vilify members of GUSA, rather than focusing on supporting survivors and being cognizant of the effects of our words.

To those whose resignations we demanded, we apologize for acting immediately and harshly without a more clear, thorough discussion. Moreover, we apologize to the entire Georgetown community for our hasty statements. These are difficult times, and many people simply need time to breathe and recover in order to progress as a university to support survivors and the community at large.

In order to make advancements in sexual assault policy, we call on the students of Georgetown to consider running for the Senate, join the other branches of GUSA, and to independently advocate for the changes we need. We value everyone's effort, voice, and support to help to rebuild and heal our Georgetown community.

Sincerely,
The Senate