Skogsloppet 5K 2022 – Recap

This was a virtual 5K race on the official route, completed on June 4th, 2022. I finished in 23:36, pushing hard throughout.

Even though it was essentially a race against myself rather than others, it was surprisingly fun. I enjoyed the challenge of pacing, seeing what I could pull off on the exact route, and still feeling the excitement of racing—even solo. All participants' results were logged somewhere, but honestly, that didn't matter to me.