

Power Of Prayer

How powerful is it?

The power of prayer should not be underestimated. [James 5:16-18](#) declares, "...The prayer of a righteous man is powerful and effective. Elijah was a man just like us. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. Again he prayed, and the heavens gave rain, and the earth produced its crops." God most definitely listens to prayers, answers prayers, and moves in response to prayers.

Fervent Definition : Having or showing great warmth or intensity of spirit, feeling, enthusiasm etc.

Fervent prayer is a deep, focused, and passion-filled petition to God. **Prayer** in itself is aligning and communing with God the Creator, but delving into a **prayer** of deep fervor remarkably changes not only circumstances, but the person who prays as well.

What Is Fervent Prayer and How Do We Do It?

Fervent prayer is a deep, focused, and passion-filled petition to God. Prayer in itself is aligning and communing with God the Creator, but delving into a prayer of deep fervor remarkably changes not only circumstances, but the person who prays as well. This is the kind of prayer that Jesus meant when he spoke of faith that can move mountains ([Matthew 21:21](#)).

[Matthew 21:21](#) Jesus answered and said unto them, Verily I say unto you, If ye have faith, and doubt not, ye shall not only do this which is done to the fig tree, but also if ye shall say unto this mountain, Be thou removed, and be thou cast into the sea; it shall be done.

Hannah

In the book of 1 Samuel, Hannah's story is conveyed. Hannah was the mother of Samuel, but the road to becoming a mother required great faith and fervent prayer:

“...Hannah replied, ‘I am a woman who is deeply troubled. I have not been drinking wine or beer; I was pouring out my soul to the Lord. Do not take your servant for a wicked woman; I have been praying here out of my great anguish and grief.’ Eli answered, ‘Go in peace, and may the God of Israel grant you what you have asked of him.’” (1 Samuel 1:15-17)

The Lord remembered Hannah. He saw not only her pure intent and desire to be a mother, but also her intent and desire to be a faithful servant to the Lord. It was because of the Lord’s favor and Hannah’s arduous prayer that Samuel was born.

Samuel would go on to be one of the greatest prophets of the Old Testament. In 1 Samuel 3:19 *And Samuel grew, and the LORD was with him, and did let none of his words fall to the ground.* we read that not a single one of Samuel’s words dropped, meaning his discernment and accuracy in hearing the Lord were without compare. He would also be the prophet to crown not only the first king of Israel, Saul, but also the king after God’s own heart, David.

Daniel

Fervent prayer is often coupled with fasting prayer. Fasting is the act of abstaining from food and drink, or another type of sacrifice (many today refrain from social media, television, or other distractions) to devote time to earnest supplication. This is shown in the Bible through Daniel’s story in Daniel 10:10-14.

“A hand touched me and set me trembling on my hands and knees. He said, ‘Daniel, you who are highly esteemed, consider carefully the words I am about to speak to you, and stand up, for I have now been sent to you.’ And when he said this to me, I stood up trembling. Then he continued, ‘Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them. But the prince of the Persian kingdom resisted me twenty-one days. Then Michael, one of the chief princes, came to help me, because I was detained there with the

king of Persia. Now I have come to explain to you what will happen to your people in the future, for the vision concerns a time yet to come.”

Daniel fasted and remained deep in **prayer for twenty-one days**. When the angel arrived to answer Daniel, we discover that the angel had been sent immediately as Daniel began to pray, but all of the spiritual forces coming against the angel delayed his arrival.

God is not slow as some of us count slowness; rather, He knows the exact time and measures that will need to be taken in order to answer prayer.

How Can We Pray with Fervor?

Hebrews 13:8 reminds us that God is the same yesterday, today, and tomorrow, meaning that the same God who gave a child to Hannah and sent an angel to aid Daniel still works the same miracles today.

Because of the sacrifice and promise fulfilled by Christ, there is no longer the need to enter a temple to reach the Father directly. We can come before Him as His children with our own requests.

James 5:16 shares, *“Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.”*

Our prayers are precious to Him, for we are precious to Him. Our prayers hold power, for we are no longer aiming to control the situation ourselves; rather, we are coming before the Creator of the universe to ask Him to move on our behalf. No longer are we seeking to carry the weight of things ourselves; rather, we are calling upon the one who made all that is, was, and will be to work in His power and might.

Jesus spoke of such prayer in [Matthew 7:8](#): *“For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.”* Similarly, David highlights in [Psalm 37:4](#), *“Delight yourself in the Lord, and He will give you the desire of your heart.”*

What is important to remember is that through our fervency, we must allow His will to be done in us and the situation.

Often God allows circumstances in our lives that require this kind of imploring because He wants us to grow as people and to grow in Him. Allowing our hearts, our wills, and our desires to come to the throne allows Him to do His greatest work, not only in the events occurring, but in our own souls as well. You will not leave such a season of intense contemplation without being changed.

It is important to note that fervent prayer does not mean your words must be ornate or fanciful. [Romans 8:26](#) *Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.* says that the Holy Spirit can translate wails, moans, and tears into prayer. Do not be afraid to pour your heart out to the one who made it, for He already knows. The communion of deep prayer allows us to go past the surface and delve into the depths of the Spirit in order to meet Him at the throne.

Find a quiet place free from distraction, seek forgiveness for your wrongs, and forgive those who have wronged you; then speak. Know that you are conveying the truths you may not be able to share with another living being to the one who loves you most. Then listen—listen with your

mind, your spirit, and your heart open to His most beneficial answer for your circumstances.

5 Bible Verses to Encourage Fervent Prayer

“Then they cried to the LORD in their trouble, and he delivered them from their distress. He made the storm be still, and the waves of the sea were hushed. Then they were glad that the waters were quiet, and he brought them to their desired haven.” (Psalm 107:28-30)

“Praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints.” (Ephesians 6:18)

“If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.” (2 Chronicles 7:14)

“Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us.” (1 John 5:14)

“The eyes of the LORD are on the righteous and his ears are attentive to their cry.” (Psalm 34:15)

The Fruit of Fervent Prayer Is Life-Changing

The Lord views you as His beloved child. He loves you so much that He sent Jesus to not only die as a sacrifice, but to rise again to fulfill a promise.

Although we may think He is slow to help us, He is sovereign and has His reasons for delaying. As it says in 2 Peter 3:9, *“The Lord isn’t really being slow about his promise, as some people think. No, he is being patient for your sake.”*

Coming before Him in fervent prayer requires a heart open to the moving work He will do within us. But the fruit of fervent prayer will be life changing.

As it says in [Proverbs 3:5-6](#), *“Trust in the Lord with all of your heart, and lean not on your own understanding, but in all ways, seek Him, and He will make your path straight.”*

The God that gave Hannah a child, closed the mouths of lions for Daniel, and transformed David from a shepherd boy into a king is right there to help you.

Jesus taught, *“...I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you”* ([Matthew 17:20](#)). 2 Corinthians 10:4-5 tells us, “The weapons we fight with are not the weapons of the world. On the contrary, **they have divine power** to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.” The Bible urges us, “And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints” (Ephesians 6:18).

Power Of Prayer - How do I tap into it?

The power of prayer is not the result of the person praying. Rather, the power resides in the God who is being prayed to. 1 John 5:14-15 tells us, “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us - whatever we ask - we know that we have what we asked of him.” No matter the person praying, the passion behind the prayer, or the purpose of the prayer - God answers prayers that are in agreement with His will. His answers are not always yes, but are always in our best interest. When our desires line up with His will, we will come to understand that in time. When

we pray passionately and purposefully, according to God's will, God responds powerfully!

We cannot access powerful prayer by using "magic formulas." Our prayers being answered is not based on the eloquence of our prayers. We don't have to use certain words or phrases to get God to answer our prayers. In fact, Jesus rebukes those who pray using repetitions, "And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him" (Matthew 6:7-8). Prayer is communicating with God. All you have to do is ask God for His help. Psalm 107:28-30 reminds us, "Then they cried out to the LORD in their trouble, and he brought them out of their distress. He stilled the storm to a whisper; the waves of the sea were hushed. They were glad when it grew calm, and he guided them to their desired haven." There is power in prayer!

Power Of Prayer - For what kind of things should I pray?

God's help through the power of prayer is available for all kinds of requests and issues. Philippians 4:6-7 tells us, "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, **present your requests to God.** And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." If you need an example of a prayer, read Matthew 6:9-13. These verses are known as the Lord's prayer. The Lord's prayer is not a prayer we are supposed to memorize and simply recite to God. It is only an example of how to pray and the things that should go into a prayer - worship, trust in God, requests, confession, protection, etc. Pray for these kinds of things, but speak to God using your own words.

The Word of God is full of accounts describing the power of prayer in various situations. The power of prayer has overcome enemies (Psalm 6:9-10), conquered death (2 Kings 4:3-36), brought healing (James

5:14-15), and defeated demons (Mark 9:29). God, through prayer, opens eyes, changes hearts, heals wounds, and grants wisdom (James 1:5). The power of prayer should never be underestimated because it draws on the glory and might of the infinitely powerful God of the universe! Daniel 4:35 proclaims, "All the peoples of the earth are regarded as nothing. He does as he pleases with the powers of heaven and the peoples of the earth. No one can hold back his hand or say to him: 'What have you done?'"