

LLL Meetings in West LA and Southern CA



Nursing Babies, Nurturing Families

In Person Meetings are happening! Both Samo and Weho have on-going in person meetings:

Please understand that by attending the meeting in person, you and your family are at risk of contracting Covid 19, flu, RSV, or any other virus.

To help protect others, please don't come if you or anyone in your household is sick, there will be more in person meetings.

😊 **Santa Monica AM (Samo) meets 2nd Fri of each month 10am - noon**

**Call/Text Hedi to confirm before you go
(310) 819-0408- Also on Zoom (see link below)**

Santa Monica (Samo) at Euclid Park, 1525 Euclid Ave (Broadway and Euclid).

😊 **West Hollywood (Weho)**

- Contact Sarah, (323) 422-8881 For this month only, Wednesday September 17th at 11:30am. The meeting will resume on its normal day and time next month 3rd Tuesday at 10am. (Oct. 21st at 10am).

[Link to join](#). Passcode: friends

Join the Weho LLL Facebook group!

<https://www.facebook.com/groups/lllweho/?ref=share>

Virtual Zoom Meeting Links in LA Area

- **LLL of Santa Monica 2nd Friday AM - Hybrid:** Usually every **2nd Friday** of the month at 10am on Zoom. **Join Zoom Meeting:** [575 837 6509](https://us02web.zoom.us/j/5758376509?pwd=d1k5d2FWRkgxQ2JWJTjJVZ3FrTmJoUT09)
- **Password: friends**
- <https://us02web.zoom.us/j/5758376509?pwd=d1k5d2FWRkgxQ2JWJTjJVZ3FrTmJoUT09>
- Passcode: friends (Leader Contact: Hedi 310-819-0408) **Above meeting is also in person at Euclid Park on Euclid St. South of Broadway. 10am-12pm. 2025. Call for assistance** 😊💜
- **LLL of Santa Monica 4th Wednesday PM:** Every **4th Wednesday** of the month at 8pm on Zoom. [Link to join](#). Passcode: friends Leader Contact: Hedi (310) 819-0408
- **LLL of West Hollywood Zoom:** Contact Sarah for date and time of next meeting Sarah, (323) 422-8881, [Link to join](#). Passcode: friends Join the Weho LLL Facebook group! <https://www.facebook.com/groups/lllweho/?ref=share>
- **LLL of San Fernando Valley East** Zoom meetings held every 3rd Wednesday at 7:00 PM (starting April 16th) All are welcome
Reneé 818-468-3368 / rmdigreg@earthlink.net(for zoom link) Melissa 818-749-5164

Southern CA Meetings/Leaders:

Contact the leaders to find out how they are giving support, or when their virtual or in person meetings might be.

Please reach out if you need breastfeeding support.

Santa Monica Text/Call Hedi

(310) 819-0408

hedi613@yahoo.com

West Hollywood: Leader: Sarah

(323) 422-8881 getset21@hotmail.com

Join the Weho LLL Facebook group!

<https://www.facebook.com/groups/lllweho/?ref=share>

Studio City: Leader: Lindsey

(818) 720-8523

**San Fernando Valley East: Reneé at rmdigreg@earthlink.net or
call**

(818) 468-3368

Newhall/Santa Clarita: Jenny jennystriplin@yahoo.com and Roza

(818) 913-2228

Antelope Valley: Call (661) 514-MILK

<http://www.facebook.com/LLLoFofAV>

Glendale: Call Renee [818-468-3368](tel:818-468-3368)

Glendale/Montrose: Leader: Melissa [\(818\) 786-0233](tel:818-786-0233)

South Pasadena: Leader: Christina (626) [607-4332](tel:607-4332)

South Bay: Leader: Ariana [\(310\) 963-6355](tel:310-963-6355) or see the Facebook page for details: <https://www.facebook.com/LLLRB>

Redondo Beach:

Jennifer [\(310\)951-5306](tel:310-951-5306), and

Sachiko [\(310\)592-8014](tel:310-592-8014)



For more meetings in California and in the US <https://lllusa.org/>

La Leche League USA helps parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support.

LLL USA encourages, informs, educates, supports, and promotes the use of human milk and the intimate relationship and development that comes from nursing a child for as long as mutually desired.

LLL USA Diversity and Inclusion Statement:

La Leche League USA (LLL USA) is committed to diversity and inclusion. LLL USA supports all breastfeeding, chestfeeding, and human milk feeding families, inclusive of their race, ethnicity, immigration status, national origin, creed, age, sexual orientation, gender identity, family structure, primary language, ability, or socio-economic status. LLL USA fosters diversity among its Leaders so as to incorporate a wide variety of perspectives and responsible decision-making.