



**NYS Association for Health, Physical Education,
Recreation and Dance
Capital Zone**



**December 12, 2022
Business Meeting @ 7:00 pm
In Person**

Welcome and Introductions: Jessica Hull

- ☐ Jess opens the meeting at 7:04pm.

In Attendance: Terry, Jess, Jen M., Paddy, Meg R., Nick V., Joann S., Tamara, Mackenzie, Pete S.

Secretary Report: Jennifer Murphy-Fries

- ☐ Copies of the minutes are available for members in attendance.
- ☐ Motion to approve last meeting minutes - Pete.
- ☐ Second by - Terry
- ☐ All approved? Yes, motion passes.

Treasurer Report: Allison Relyea

- ☐ 9/30 - Ameritrade (\$17,188.58), 10/13 - Checking Account (\$4,487.38).
- ☐ Pete - Asks how we are compared financially to other zones?
- ☐ Jess - We are in good shape. (We don't have the most money, but we don't have the least either.)

President's Report: Jessica Hull

- CTLE hours
- One new representatives still needed: ***Exercise Science/Sports Med***
- NYS AHPERD Executive Council Conference Report
 - ☐ Colleen Corsi is retiring after 25 years of service.
 - ☐ Krista Karma our new social media representative at central office.
 - ☐ New President - Shelly Connors! New beautiful logo!
 - ☐ Murphee is finishing her Presidency!
 - ☐ Other zones working more with college students.

- ☐ Thinking outside the box, offering food at meetings, more partnerships with local colleges.
- ☐ Pete mentions that districts are saying no to student teachers and student observers. Very difficult for higher ed folks!
- ☐ Jess recaps the awesome conference!
- ☐ The foundation sent out holiday cards!
- ☐ Scholarships to sponsor the conference for recipients.
- ☐ Grant applications were awarded, (6 applications for zone grants).
- ☐ Benefactors for the foundation, folks can donate as a group!
- ☐ PE Posters - Jess picked them up at the conference, and they will be available at our zone conference.
- ☐ What about a social media person for each zone? Maybe utilize the state social media person more?
- ☐ Social media accounts? Twitter? Instagram? FB?
- ☐ Carol Atkins Memorial Scholarship (3 people could attend from Cap Zone to awards ceremony for Fri. June 2nd, 8am date at S-G.)
- ☐ Secondary Leadership Awards: Saturday 4/29 at 2pm, Fairways of Halfmoon.

Section Reports:

1. Adapted PE & Sport: Jessica Verrigni
 - ☐ Unified Bowling - Feb 12-16, schedules being finalized after the holidays.
 - ☐ Special Olympics trying to keep track of all schools participating.
2. Aquatics: Colleen McHeard
 - ☐ No report.
3. Coaches: Joelle Sweet
 - ☐ No report.
4. Council of Administrators: Ashley Chapple
 - ☐ No report.
5. Dance: Brandon Herwick
 - ☐ No report

6. Equity, Diversity and Inclusiveness: Colleen McHeard
 - ☐ Be aware of different traditions / holidays at your school!
 - ☐ No report.
7. Elementary PE: Terry Gendron
 - ☐ Thomas Gelardi - check him out on youtube!
 - ☐ State Conference - Susan Tiner, Fabulous on Twitter!
 - ☐ OPEN & PE Central- great holiday fun resources!
8. Higher Education/Professional Rep: Peter Stapleton
 - ☐ No report.
9. Health: Jill Austin
 - ☐ No report.
10. Exercise Science/Sports Med.: **Vacant**
 - ☐ No report / Vacant.
11. Recreation/Leisure/Adventure: Terry Gendron
 - ☐ Geocash! Get out there! (CZFalls)
 - ☐ First day hikes - NYS, parks.ny.gov, January 1!
 - ☐ ILoveNY App fun to check out! Great ideas :)
12. Retirees: Sandy Morley
 - ☐ No report.
13. Middle School/High School PE: Meghan Reynolds
 - ☐ Meghan and Terry will connect!
14. Technology: Mackenzie Akin
 - ☐ Mackenzie **(Jess will send Jen the link to add to minutes)**
15. Future Professionals: Paddy Bailey
 - ☐ Would like to connect with Sandy to move forward with leadership academy.
 - ☐ Get info out to all college students! More people included!

Committee Reports:

- A. High School Student Leadership Awards: Kenneth Danzy, Meghan Reynolds

- ☐ Think about rising costs.
- ☐ Plaques (\$12.25), sit down meal (\$24 pp), buffet (\$35 pp), budget wise.
- ☐ In the past, schools pay for students and families pay for their own ticket / meal.
- ☐ We will ask Allison to confirm!
- ☐ Will continue to look at dates, meal options, etc!
- ☐ Possible guest speaker!

B. Elem./MS Leadership Awards: Tamara Bryngelson-Eppard, Colleen McHeard, Jodi Fowler

- ☐ Not much of an update to share.
- ☐ Still looking for people to take charge and help out!
- ☐ Mon. May 8th, 7:00pm event start time.
- ☐ 2 people for the rink! (1 person who has done it in the past would be very helpful!) Many people helping would make this so much easier!
- ☐ The procession is very special!
- ☐ Any ideas for speakers / entertainment, let Tamara know!
- ☐ Mary Ann is wonderful in soliciting sponsors!
- ☐ Colleen secured the t-shirts!

C. Awards Committee: JoAnn Sabourin, Current/Past Presidents

- ☐ Jess showed pictures of folks who won awards at the Conference!
- ☐ Deadline Dec. 1st for Cap. Zone, still no nominations have been received!

D. Zone Conference: Terry Gendron, Allison Relyea, Elyse Loughlin, Jessica Hull, Barb Wurz, and Tamara Bryngelson-Eppard, JoAnn Sabourin

- ☐ Anyone in mind for presenters? Let Terry know!
- ☐ Terry already has a few folks signed up.
- ☐ In order to make money, you need to spend money!
- ☐ Thinking about budget concerns.
- ☐ Other zones offer dinner the night before, lunch the day of, and 2 nights hotel for presenters!

- ☐ One way to give back to members - our zone conference!
- ☐ Big presenter? Costs \$\$\$ to also bring more members to our conference.
- ☐ Business Meeting in March 2023, will need folks to help out!
(Stuffing folders, etc.)
- E. Capital Zone Grants: Allison Relyea, Lonnie Halusic, Sandy Morley, Brandon Herwick
 - ☐ 6 grant applications.
 - ☐ Decisions will be made by Dec. 23rd.
- Good of the order?
 - ☐ Terry mentions gift for central office from the Capital Zone.
 - ☐ We gave \$100 last year, "lunch on us."
 - ☐ Up this to \$150? Also send a card
 - ☐ Motion by Pete S.
 - ☐ 2nd made - Jen M.
 - ☐ All in favor, yes!
- Motion to adjourn - Pete S.
- 2nd - Terry G.
- Motion passes, meeting concludes at 8:37pm.

IMPORTANT DATES:

January 9 - Business Meeting

February 6 - Business Meeting

March 6 - Business Meeting - 6pm start! Get things ready for the conference!

March 9 - Capital Zone Conference

April 3 - Business Meeting

April or May Date TBD - Secondary Leadership Awards

May 1 - Business Meeting

May 8 - Elementary Leadership Awards

June 5 - Business Meeting

If you are a Section or Committee Head and cannot attend the monthly meeting please submit your report or send a proxy in your place. Please notify Jess Hull who will be your proxy for the meeting.