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<div class="separator" style="clear: both; text-align: center;">
<a href="http://images.nike.com/is/image/DotCom/GIFTCARD_7058_A?$AFI$"
imageanchor="1" style="margin-left: 1em; margin-right: 1em;"></a></div>
<div class="separator" style="clear: both; text-align: center;">
<span class="Apple-style-span" style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica,
FreeSans, sans-serif; font-size: 15px; line-height: 20px;">Prize: $150 Nike Gift Card or
e-card</span></div>
<div class="separator" style="clear: both; text-align: center;">
<span class="Apple-style-span" style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica,
FreeSans, sans-serif; font-size: 15px; line-height: 20px;">Hosted by:<b>The Frugal Exerciser
&amp; Femme Fitale Fit Club</b></span></div>
<div style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif;
font-size: 15px; line-height: 20px; text-align: center;">
Tentative Dates: December 14 – December 31<br />
Open World-wide</div>
<div style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif;
font-size: 15px; line-height: 20px; text-align: center;">
Deadline of Sign-ups: December 11<br />
<br />
<b><i>Requirements to Participate:</i></b></div>
<div style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif;
font-size: 15px; line-height: 20px; text-align: center;">
Get 1 Free link (Twitter, Facebook or Pinterest) with announcement post.<br />
($5 fee without&nbsp;announcement post)<br />
Additional links are $3 a piece.<br />
<br />
Co-host fee is $20 and you get 4 free links and a daily comment<br />
&nbsp;on a non-giveaway post on your blog.</div>
<div style="font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif; font-size: 15px;
line-height: 20px; text-align: center;">
<div style="color: #4b4b4b;">
<br />
The blog who refers the most bloggers will get free co-host spot. (If you paid for co-host and win
the referral prize, your payment will be refunded)</div>
<div style="color: #4b4b4b;">
<br /></div>
<span class="Apple-style-span" style="color: #4b4b4b;">Announcement Post
HTML:</span><span class="Apple-style-span" style="color: orange;">&nbsp;<b><a
href="https://docs.google.com/document/d/1i5IUa_TMvd66sES06qx3QOfoJR0uhK1dEJm_GUUp

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4aUg/edit" target="_blank">Here

Bloggers sign up: <a
href="https://docs.google.com/forms/d/123_5gKwvdyysWjlQD4ItsMTiKTwt8VAb9_wQvpp640/v
iewform" target="_blank">Here</div>
<div style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif;
font-size: 15px; line-height: 20px; text-align: center;">

Any questions contact: Sheila/The Frugal Exerciser at sheilafit10@gmail.com</div>
<div style="color: #4b4b4b; font-family: Arial, Tahoma, Helvetica, FreeSans, sans-serif;
font-size: 15px; line-height: 20px; text-align: center;">

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