Various Balls



Official sizes:

Size 5 - Ages 12 and up

Size 4 - Ages 8 to 12

Size 3 - Under 8 years

Playground Games:

- Soccer
- 3 line Soccer*



Basketball

Official sizes:

Size 6 - Ages 12 and up

Size 5 - Ages 9 to 11

Size 4 - Ages 5 to 8

Playground Games:

- Basketball
- 3 line Basketball*



Football

Official sizes:

Size 8 - Ages 12 and

Size 7 - Ages 10 to 12

Size 6 - Ages 6 to 9

Texture:

Plastic, foam, coated, uncoated, perma-skin, leather



Official sizes:

Adult - 10" Youth - 8.5"

Playground Games:

- Kickball
- 4-Square
- Kickball relay*



Soft balls

Sizes:

Varies on activity

Texture:

Plastic. foam. coated, uncoated, perma-skin

Density:

high, medium, low



Tennis Ball

Official sizes:

Standard size

Playground Games:

- Catch and Clap
- Handball*
 - Wall Ball

Other Equipment for Activity Zones



Area Cones

Official sizes: Various size

Playground Accessory:

boundaries, bases, scoring zones



Playground sizes:

- Individual
- Double Dutch



Official sizes: 24", 30", 36"

Playground Games:

- Hula Hoop Tag
- Jumprope

Storage



Mesh Bags

Sizes:

Varies on playground equipment

Material:

Mesh, fabric, polyester, rope



Outside Storage

Sizes:

Varies on playground equipment needed to be stored inside or outside

Material:

plastic, metal



Equip. Cart

Sizes:

Varies on playground equipment

Material:

plastic, metal, PCI

Adapted from the Let's Move!: Recess in Boston Public Schools Recess Playbook Guideline