

GWASANAETH YSGOLION SCHOOLS SERVICE

Polisi HMS Min Nos Powys

Twilight INSET Policy

June 2025



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Gall ysgolion a lleoliadau ym Mhowys ddynodi sesiynau ar-ôl-ysgol neu 'min nos' yn lle un o'r chwech diwrnod HMS. Gan gydweithio â'r holl staff, rhaid i ysgolion benodi diwrnod pan fydd yr ysgol ar gau i staff a disgyblion, yn ystod yr haf fel arfer. Bydd yr hyfforddiant staff a fyddai wedi cael ei gynnal ar y diwrnod hwn yn cael ei gynnal ar ôl ysgol yn ystod tymhorau'r hydref a'r gwanwyn.

Mae **tri** sesiwn min nos 'ar ôl ysgol' **dwyawr** o hyd yn gyfwerth ag **un** diwrnod HMS. Un ystyriaeth bwysig o ran y sesiynau min nos yw bod yna ddigon o amser i gwmpasu'r rhaglen hyfforddiant. Hefyd, ni ddylai rhaglen y sesiynau hyfforddiant fod yn rhy feichus i'r staff ar ôl diwrnod prysur o addysgu. Gall staff gael amseru'r hyfforddiant yma'n fuddiol gan ei fod yn barhaus gydol y tymor. Gallai hyn fod yn arbennig o ddefnyddiol wrth roi dulliau a strategaethau newydd ar waith a'u gwerthuso.

Dylai cynllunio ar gyfer sesiynau 'Min Nos' effeithiol:

- ystyried anghenion staff a disgyblion wrth gynllunio amseru'r hyfforddiant;
- defnyddio'r amser yn effeithiol i gynorthwyo staff a gwella'r ysgol;
- sicrhau bod y sesiynau min nos yn darparu cyfleoedd addas i gynorthwyo datblygiad proffesiynol;
- ystyried anghenion y clwstwr wrth gynllunio ar gyfer y Cwricwlwm ar gyfer Cymru a chyflenwi'r cwricwlwm.

Dylai ysgolion sy'n cynllunio sesiynau min nos geisio cymeradwyaeth gan Gyngor Sir Powys trwy gwblhau [Ffurflen gais HMS min nos](#).

Wedi inni dderbyn y cais, bydd Uwch Dîm rheoli'r Gwasanaeth Ysgolion a'r Pennaeth Addysg yn ei adolygu, ac yn eich hysbysu o'u penderfyniad cyn pen **10 diwrnod gwaith**. Cofiwch sicrhau bod unrhyw gais i ddiwygio diwrnod HMS i sesiwn min nos yn cael ei gyflwyno **o leiaf 1 mis cyn y diwrnod HMS**.



Powys Twilight INSET Policy

Schools and settings in Powys are able to designate after-school or 'twilight' sessions in lieu of one of the six INSET days. Schools must identify, in collaboration with all staff a day when the school will be closed for staff and pupils, usually in the summer. The staff training that would have occurred on this day is held after school often during the autumn and spring terms.

Three after-school 'twilight' sessions of **two** hours duration is the equivalent of **one** INSET day. An important consideration for twilight sessions is that there is enough time to cover the training programme. Also, the programme of the training sessions should not place undue burdens on staff after a busy teaching day. Staff may find the timing of this training beneficial as it is ongoing throughout the term. This may be particularly helpful when implementing and evaluating new approaches and strategies.

Planning for effective 'Twilight' sessions should:

- take good account of the needs of staff and pupils in planning the timing of the training;
- use the time effectively to support staff and school improvement;
- ensure that when twilight sessions are held they provide suitable occasions for supporting professional development;
- consider the needs of the cluster in planning for and delivering the Curriculum for Wales

Schools planning twilight sessions should seek approval from Powys County Council by completing a [Twilight INSET request form](#).

Following receipt of the form, the request will be reviewed by Schools Service Senior Management Team and the Head of Education, and a decision provided within **10 working days**. Please ensure that any requests to amend an INSET day to twilight sessions is submitted **a minimum of 1 month in advance** of the INSET date.

