

Parkway West Dale Shepherd Invitational

Saturday, September 30, 2023 - Living Word United Methodist Church

Varsity	Race Results	JV	Race Results
	Race Photos		Race Photos
	Race Video		Race Video
Sophomore	Race Results	Freshman	Race Results
	Race Photos		Race Photos
	Race Video		Race Video
Meet Results from TRXC Timing			
*** Click here for the Parkway West Team Split Sheet ***			

It was a hot and challenging day for racing in Wildwood, and our team again competed extremely well. Fast times were few and far between, but it truly was an excellent day of racing.

Holding out five of its usual members, the varsity team emerged victorious in a race featuring 20 schools. Noah Evers ran boldly to finish first on the team and third overall, with Mason Scargall close behind in 5th. Noah and Mason were surrounded by some of the premier runners on this side of the state. Completing our winning score was a trio of sophomores that continues to make great progress: Tristan Kujawa, Hendrix Fyvie, and Jake Fitzpatrick. On the JV level, Webster Groves narrowly bested us for a second consecutive week. Led by Ethan Bognar in 2nd overall, we had four top-ten runners in the 129 person race.

The sophomores had a rare opportunity to compete as their own team, and they laid down a dominant victory. Nick Ahlheim and Preston Eash ran away from the field early, and Preston eclipsed Nick over the final 300 meters to claim his first race championship. Behind them were several teammates who have shown incredible progress over the last 12 months, including large drops in time from Brady Vogt, Brayden Bussmann, and Jesse Brower-Toland compared to last year's Parkway West Invitational.

The freshmen ran as a unified force for the first time since Forest Park, and that resulted in a very strong victory. Michael Luna, wrist cast and all, ran one of the more impressive C races we've seen in years at this meet, running clear of his closest competitor by nearly 30 seconds. Ten of his teammates also earned medals, including another strong race from Cullen Wenger who has demonstrated steady growth over the past several races. On a day when very few people were close to their PRs, other noteworthy performances came from John Cusumano, Justin Scholl, and Tommy Williams.

Now, we shift our attention to Thursday's MCC Championships, where varsity aims to win its 20th consecutive conference championship. There could be some rain on Thursday, but with the rain looks to come much more seasonal and comfortable temperatures.

Varsity Race Stats & Medalists	Junior Varsity Race Stats & Medalists
1st of 20 teams represented 116 runners in the race Scoring spread: 0:47 Average time: 17:28 Medalists: • Noah Evers, 3rd • Mason Scargall, 5th • Tristan Kujawa, 11th • Hendrix Fyvie, 13th • Jake Fitzpatrick, 18th • Anthony Zangara, 23rd	2nd of 16 teams represented 129 runners in the race Scoring spread: 1:14 Average time: 19:24 Medalists: • Ethan Bognar, 2nd • Matthew Musial, 3rd • Landon Beiseman, 8th • Otto Reitenbach, 10th • Logan Phillips, 16th • Joe Stoeckel, 20th • Rowan Lemp, 21st

Sophomore Race Stats & Medalists	Freshman Race Stats & Medalists
1st of 18 teams represented 118 runners in the race Scoring spread: 1:33 Average time: 19:17 Medalists: • Preston Eash, 1st (<i>his first race championship</i>) • Nick Ahlheim, 2nd • Aidan Smith, 3rd • Brady Vogt, 10th (<i>over 3.5 minutes faster than last year</i>) • Jesse Brower-Toland, 12th • Martin Miller, 14th • Brayden Bussmann, 16th (<i>over 4.5 minutes faster than last year</i>)	1st of 18 teams represented 138 runners in the race Scoring spread: 1:23 Average time: 18:55 Medalists: • Michael Luna, 1st • Luke Hartweger, 4th • Ben Yoffie, 5th • Joe Talleur, 7th • Edmund Reske, 11th • Cullen Wenger, 12th • JP Wildermuth, 17th • John Pierre, 19th • Tommy Williams, 22nd • William Thies, 23rd • Lex Wellen, 24th

New Varsity or JV Letter Earners	New Navy Shirt Earners
None	None

Varsity Race PRs	Junior Varsity Race PRs
None	None <i>...but a season-best for Jesse Heater!</i>
Sophomore Race PRs	Freshman Race PRs
None	None

