

**Nurses International**  
**Clinical Skills**  
**Information Sheet ‘Droplet Precautions’**

| Procedure                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| <b>Perform hand hygiene before and after client care or once coming in contact with the client and client surroundings.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Ensure Proper PPE required for contact isolation:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Wear gloves, gown, and a surgical mask, eye protection if within two meters of the client</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Ensure the proper placement of the client:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> A private room is required. If a private room is not available and a room has to be shared, cohort the client.</li><li><input type="checkbox"/> Dedicate the equipment to the client.</li></ul>                                                                                                                                                                                                                                                                                                                                                         |
| <b>Rules for visitors:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Instruct the visitors to wear gowns, gloves, surgical masks, and eye protection for all activities within two meters of the client.</li><li><input type="checkbox"/> Instruct the client to wear a surgical mask when leaving the room.</li><li><input type="checkbox"/> The door of the room should remain closed</li><li><input type="checkbox"/> Instruct visitors to adhere to hand hygiene.</li><li><input type="checkbox"/> Perform hand hygiene before and aftercare.</li><li><input type="checkbox"/> Restrict the visitors from entering other client rooms</li></ul> |
| <b>Ensure proper client transfer/transport:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> The client is required to wear a surgical mask and gown while transfer and follow respiratory etiquette</li><li><input type="checkbox"/> Staff is required to wear a surgical mask when transporting the client</li></ul>                                                                                                                                                                                                                                                                                                                                 |
| <b>Ensure the cleanliness of the isolation room:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> The isolation room should be cleaned on a daily basis</li><li><input type="checkbox"/> Ensure the frequent cleaning and disinfection of frequently-touched surfaces or where droplets from the client might settle like the bed, side rails, overbed tables, commodes, doorknobs.</li></ul>                                                                                                                                                                                                                                                          |

**Reference:**

Doyle. G. R., McCutcheon. J. A. (2015). Clinical Procedures for Safer Patient Care. (Ch 1.4, Table 1.2). BCcampus. <https://opentextbc.ca/clinicalskills/>