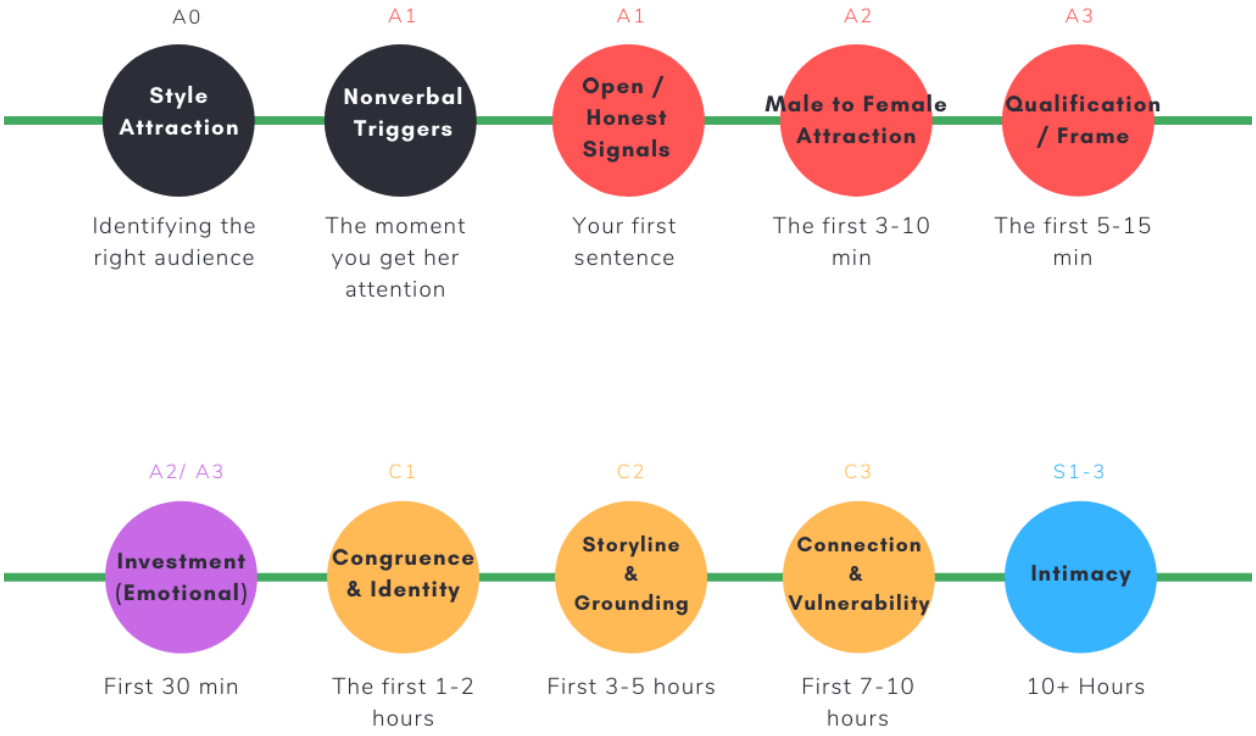
Authentic Attraction Cycle



***This is slightly different than the Asian Attraction Cycle, which requires more upfront tactics than normal guys**

A1 Openers

My Defaults

1. Hi. You guys are… the baddest bitches in here.

2. Congrats, you guys are the cutest girls in here. And your prize is…. Me.

3. You look kinda cool/interesting, so I just wanted to see what you were like.

Which one did you like the most?

_____

Write your best own version that's congruent to you:

_____

Opinion Opener

4. Hey, let me get your take on something. I've only got a sec but I'm trying to give my friend over there advice, but we're just a bunch of men–so we're really not qualified to comment on these matters. Can a girl be best friends with her former boyfriend and still date someone new?

Role Play

5. Hey, listen, sorry I haven't called. Been kind of busy. My, um, phone, um, stopped, um, working and my tire got a flat, and my dog ate my homework. But I did miss you after you left in the morning

6. My mom told me to come to the club and find a nice girl. You're the perfect girl to take home to my mom!

Which 2nd opener did you like the most?

_____

What "principles" did you notice in these openers? (Example: taking on the girl's role, pretending you're a mama's boy...sarcasm…. Role reversal)

_____

Write your best own version that's congruent to you:

_____

Sexual

7. Hey, what are you doing later? Do you want to come home with me (HOLD)

8. Hi, we're picking up chicks

9. Hey. On a scale of 1-10, what's your phone number?

10. I love you. I have to hug 3 blondes/brunettes/redheads today

Which sexual lines did you like the most?

_____

What "principles" did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that's congruent to you:

_____

Banter

1. She looks sweet and innocent but something tells me she's not.
2. Part of me wants to stay here and talk to you guys and part of me wants to run as fast as I can.
3. 3. Did you know that 93% of all women masturbate in the shower? (their response) Do you know what the other 7% do? (they say no) Oh. So you're one of the ones…who…(nod knowingly)
4. Come here. I'll let you stand next to me for a minute.
5. 5. Hey, how much did you pay all these guys to stand next to you? (9 or 10, works on club girls most guys are too afraid to approach)

Which sexual line did you like the most?

_____

What "principles" did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that's congruent to you:

_____

Take a break.

You now have your basic openers and banter lines for the first 2 minutes.

Go practice them.

Combining these lines with your initial storygrounding sequences (other HW) is very powerful

A2 – Fun, DHV, Female to Male Attraction

Disqualification (only work if she's somewhat invested)

1. Too bad you're not my type. So don't even try hitting on me.
2. You are so beautiful, it's a shame you're not my type. It's weird. Logically I know you're a pretty girl. But I don't feel for you the way I do with girls I'm into. But we have such a good conversation.
3. Man I would be such a horrible boyfriend. I'd probably cheat on you, never shower, your heart would be broken. You should go for that guy over there. Let's go talk to him right now.

Which line did you like the most?

_____

What "principles" did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that's congruent to you:

_____

Push Pull / High Value

1. Hey, hey, hey. Hands off the merchandise. I usually charge $7 a feel… but you're a cutie so you can touch me for free
2. **Damn Woman I'm not going to make out with you! I have a girlfriend! Jeez.**
3. **Quit looking at my chest. My eyes are up here!**
4. I swear all you girls think about is one thing.
5. At least buy me a drink first, before you hit on me like that
6. I need lots of trust and comfort first.
7. I am in the middle of my celibacy vow. I can only cuddle. No snuggle fucking either.
8. You're getting me all emotional. I promised my friends I wouldn't go home with anyone tonight.
9. I'm a nice Asian catholic boy. Good thing I'm a moral rock

Which line did you like the most?

_____

What “principles” did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that’s congruent to you:

_____

“Sound bites” / “One-Liners” / Negs

1. So…Where’s the off button?
2. How do you roll with this girl?
3. You can doll her up, still can’t take her anywhere
4. You would say that.
5. You’re like my little sister. Lovable, but a little annoying.
6. Dear Diary, Rich is such a jerk… (fill in with her complaint) (After you do something she dislikes and she complains about it.)
7. Nice nails, are they real? Oh. Well. I guess they still look good.
8. Your nose wiggles when you laugh. Ha! There it goes again!
9. You’ve gotta get her out of the library more.
10. Where’s your fun switch?
11. Alright, you’re losing me. (turn away) – (say if she says something weird after a DHV spike)
12. Knock Knock. Who’s there? Interrupting Starfish. Interrupting Starfish who? As she says this, put your hand in her face open with 5 fingers
13. Do you always wear that lipstick? Anyway…
14. Hey ADD Party’s over here.
15. Wow, that was rude.

Which lines did you like the most?

_____

_____

What “principles” did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that’s congruent to you:

_____

Funny

1. Slow down, I’m a guy, I need to rest.
2. You guys make the exact same facial expressions
3. Buy me a drink before you hit on me like that!
4. I feel a strange combination of comfort and arousal around you right now
5. So, do you want to make out now, or do I have to buy you dinner first?
6. When I am sad, I stop being sad, and be awesome instead
7. Good girls are just bad girls that never get caught
8. So, we’re going to have a cuddle party at my house next week. You bring all the girls, I’ll make sure Rich/Giovanni/(Your name) is there.

Which lines did you like the most?

_____

_____

What “principles” did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that’s congruent to you:

_____

Disqualification

9. If I wasn't gay, I would be so into you

10. If I was single, I would be all over you right now

11. If I wasn't celibate…

12. If I was available…

IOD

13. Girl, you should go to bed. You obviously have had a very busy day of crazy.

14. You're rubbing me the wrong way

Which lines did you like the most?

_____

_____

What "principles" did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that's congruent to you:

_____

Take a break.

You now have your basic lines for banter, interest and transitions that will guide you in the first 5 minutes of a conversation to get to the "social hook point"

Go practice them. Get my help coaching if you need to fix things

Combining these lines with your initial storygrounding sequences (other HW) is very powerful

My Routines

::: DAYS IN A HUMAN LIFE :::

> Okay, here's a sobering fact for you. How many days do you think there are in an average human life? Don't try to do the math or anything, just tell me the number that you think it is. 28,000. Isn't that sobering? It just goes to show how limited our time on this earth is. Makes you ask what you're doing with your life, doesn't it. My passion is… What's yours?
>
> – Adapted from Mystery

Questions game (5 lies for drinks)

If you get 5 question wrong, I'll buy you a drink

3rd question: how many questions is that?

Ok dang you win. Have you played this game before?

Full vid here: https://www.youtube.com/watch?v=yD2N5U7JEXw

Cube / Strawberry Fields

Blow out openers – good for pumping state

1. Nice shoes. Want to come home with me?
2. My sister is visiting this weekend. Threesome?
3. If I told you that you had a nice body, would you hold it against me?
4. Have you ever heard of a 68? It's where you go down and I owe you one
5. Do you girls want to have sex now, or do I have to buy you dinner first?

Funny Openers

7. How much does a polar bear weigh? Enough to break the ice
8. Hi, can I take a picture of you? I wanted to show Santa what I wanted for Christmas
9. Hey, I'm Rich, but feel free to call me your future boyfriend
10. If you were a cute little puppy, I would take you for a walk
11. When I get sad, I stop being sad, and I get awesome instead
12. Roses are red, violets are blue, if you were a pokemon, I'd choose you

Post phone number, play with her

1. Say, "I love you". Say "Call me"
2. Say, "daddy I'm 12 years old"

Light hearted banter / Pebbles (not serious)

1. As a side note, do you love me or hate me right now? (Forcing an IOI)
2. It'll cost you 7 dollars every time you touch me ok. But you're a cutie so I'll give you a cutie discount and you can touch me for free

IODs / Takeaway / Go talk to someone else

1. Non-verbal takeaway “I’ll be back”
2. Is she always like that?
3. You can dress her up, but you can’t take her anywhere

Seeding the pull

1. Why don’t you come walk with me
2. Let’s go play drunken Jenga
3. We should go play Wii with weed
4. There are citywide views from our balcony it’s beautiful

AMOGing (necessary evil – if you don’t win, someone else will)

1. It’s cool man relax
2. Is that your boyfriend, you guys look cute together
3. Sorry man I’m not into things like that
4. I'm not in the holding business man

Which lines did you like the most?

_____

_____

_____

What “principles” did you notice in these openers? (Example: brutal honesty, shock, misdirection, playful)

_____

Write your best own version that’s congruent to you:

_____

Day 2 Date and getting to know me

- Vulnerability
- About my life story
- Compliance test
- Give me your hands. Lower them. This is a trust test. I'm seeing if you trust me.
- Introduce me to your friends, it is the polite thing to do.
- Don't get any ideas sweetie.
- IOD Control
- Where's the off button?
- Ok You're losing me here
- And... back to me.

A3 – Male to Female Attraction

Make sure she knows you like her, not just looks, grounded on “real” connection

Qualification

Serious question: what do you have going for you, other than your good looks?

Compliance test

- Let's go over here.
- Come. The light looks better on you here

IOI returned

- I like your company, you are fun.
- I'm trying so hard not to kiss you right now. Now, where was i?

Funny Routine

- Did you know that 93% of girls masturbate in the shower? The other 7% sing. Do you know what they sing? No? You must be the ones that masturbate then.

Qualification - justifying the connection

- What are your three best qualities?
- There are lots of beautiful women here. But more important than beauty is a positive outlook, a curiosity and willingness to grow (or fill in three qualities that are important to you). Outside of your good looks, what would make someone want to get to know you better?
- Are you a passionate person?
- What are you passionate about?
- What lights you up?

- If a genie came along and you could be POOF anything you want to be… what would you choose? And don't say princess.
- What Abilities Do You Have? What talents do you have that would surprise me? Can you cook? Can you dance?

IOI to give you her, past A2

- Oh my God I LOVE this girl!
- You know what? You're actually pretty cool. I'm curious about you.

Your natural core personality will come out as soon as you remove the ego and allow it to be, as is. There are techniques that will allow you to become more interesting, better, and more proficient at attracting the opposite sex.

Much like the siren, geisha and seductress, the male equivalent is a gentleman who's dangerous. Jay Gatsby was such a character, George Clooney. Pip from Great Expectations. These are my idols even in fiction. Over the years I have casually developed a certain type of game that I am now trying to refine. In doing so, I need to put everything on paper.

My general vibe: relaxed but excited about life. Sometimes I am too relaxed and too chill. I am not excited enough.

When I do feel a rush of positive ideal state, I usually can attract very hot girls. In Miami, I went out on my own and was able to sleep with a solid 9/10. I was in an awesome state.

Process:

1. Attraction

2. Qualify her.

3. Show her IOI

In set routines

Strawberry fields

How high the fence is

How many strawberries

Do you feel bad for the farmer?

Palm reading

Seeding the pull

Drunken Jenga

Need for speed

What are you doing later?

Who are you here with?

How are you getting home?

Props to buy – white lighter

Date

No one else can show her this

You already do it and it doesn't cost too much

Displays and exhibits his personality

Prerequisites for Attraction

Social comfort

The Fundamentals – eye contact, body language, vibe, speech tonality

Style

Energy projection and vibe

Meditation and being present in the moment (very few people are)

C1 to C3

Comfort bounces back to attraction, both can be built together

C2 and C3 should happen in isolation

S1 starts in isolation

Get one on one

Take a break.

Put together your favorite lines here:

Go practice them. Get my help coaching if you need to fix things

At least 1 opener, 1 transition, 1 DHV, 1 banter line, 1 connection/comfort line

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