PARK RIDGE-NILES
SCHOOL DISTRICT 64

Dear Fifth Grade Parent/Guardian,

Please read all of the following information carefully, regarding health requirements for 6th graders.

Students entering ***Sixth Grade*** are required to meet certain health requirements, and must submit written documentation as proof. The following required forms are available at www.d64.org, under *Departments > Health Services*. **Completed forms should be renamed (ex. SamPhysical26, SamDental26) then uploaded into Powerschool under Health Office Document Submission 2026-2027.**

Illinois Department of Public Health- *Certificate of Child Health Examination* - due by 3 pm October 14

According to state legislation, all children entering Sixth Grade must present a **Certificate of Child Health Examination.** The **physical examination** must be conducted by a physician licensed to practice medicine in all of its branches, an advanced practice nurse, or a physician assistant within one year preceding the first day of school. **The parent/guardian portion at the top of page 1 must be completed and signed in order to meet the state requirement.**

All required **immunizations** must be documented on, or attached to this form. A physician's note of medical explanation must be provided for any missing immunizations, or for those not administered at appropriate intervals. School districts are required to submit notes of explanation regarding immunity to the Illinois Department of Public Health for review and recommendation.

The **diabetic screening** portion must be completed by the healthcare provider at the time of the examination. Proper documentation includes completion of the Diabetes Risk Assessment and the Body Mass Index (BMI) on the Certificate form. All boxes in this section must be filled out by the doctor's office or the form will be rejected for being incomplete.

In order to facilitate the processing of forms, please scan/rename and upload the forms to Powerschool (2026-2027 section) as soon as you receive them from your medical providers. *Students not in compliance with this regulation **on or before 3 pm on October 14 will be excluded from school attendance beginning October 15.***

State legislation requires that children entering sixth grade must receive certain immunizations, *appropriately spaced*.
More information can be found on the health services page, but the minimum immunization guidelines include:

- *2 doses of **varicella (chickenpox) vaccine (after age 1 and 4)***
- *2 doses each of **measles mumps and rubella vaccine (after age 1 and 4)***
- *4+ doses of **IPV (polio) with the last dose given on/after the 4th birthday***
- *4+doses of **Dtap (diphtheria, tetanus, acellular pertussis) with the last dose given on/after the 4th birthday***
- *3 doses of **hepatitis B vaccine***

Sixth Grade only: in addition to the above requirements, any child entering sixth grade must show proof of receiving:

- One dose of **Tdap (defined as tetanus, diphtheria, acellular pertussis) vaccine at age ≥11 years** regardless of the interval since the last DTaP, DT or Td dose,
- One dose of **meningococcal conjugate vaccine** on or after the 11th birthday.

District 64 Interscholastic Athletics Permission Form/Health Packet - due ***before tryouts- available in Powerschool***

Students interested in Interscholastic Sports must provide documentation of a physical exam performed within 395 days prior to the start of the sport and must be valid for the duration of the season. Therefore, scheduling an exam appointment after school dismissal in June will meet the requirement for all school sports. **The District 64 Interscholastic Athletics Permission Form/Health Packet is available in Powerschool will be required for each school year that your child chooses to participate in sports, and must be submitted in Powerschool *before tryouts*.**

Illinois Department of Public Health *Proof of School Dental Examination Form* - due by May 15

State law also mandates that students entering Sixth Grade have a **dental examination** performed by a licensed dentist. Proof of the examination must be presented by May 15, 2027 and must have been completed within 18 months prior to this date (anytime after 11/15/2025).

District 64 *List of Local Medical Resources*- This is for your information only, and does not need to be returned.

For prompt review and approval of your child's health records, please rename the files (ex. SamPhysical26, SamDental26) then upload them to the 2026-2027 Health Office Document Submission section of Powerschool as soon as possible. It is recommended that you keep copies of your child's physical examination forms for your own records. For any questions, please call your school's Building Nurse. Thank you for your cooperation.

Sincerely,

Andrea Zito, R.N., PEL-CSN
School Health Services Facilitator
Park Ridge-Niles School District 64

IMMUNIZATION REQUIREMENTS

VACCINE	PRE-SCHOOL	KINDERGARTEN – FIFTH GRADE	SIXTH – EIGHTH GRADE
DTP/DTAP (DIPTHERIA, TETANUS, PERTUSSIS)	4 DOSES	4+ DOSES*	3+ DOSES*
IPV (POLIO)	3 DOSES	4 DOSES*	4 DOSES*
MMR (MEASLES, MUMPS, RUBELLA)	1 DOSE ON/AFTER 1ST BIRTHDAY	2 DOSES ON/AFTER 1ST BIRTHDAY	2 DOSES ON/AFTER 1ST BIRTHDAY
VARICELLA (CHICKEN POX)	1 DOSE ON/AFTER 1ST BIRTHDAY	2 DOSES ON/AFTER 1ST BIRTHDAY	2 DOSES ON/AFTER 1ST BIRTHDAY
HEPATITIS B	3 DOSES	3 DOSES RECOMMENDED	3 DOSES
TDAP (TETANUS, DIPHTHERIA, PERTUSSIS)	NOT REQUIRED	NOT REQUIRED	1 DOSE ON/AFTER AGE 11**
HIB (HAEMOPHILUS INFLUENZAE TYPE B)	4 DOSES (3 DOSES FOR PEDVAXHIB)	NOT REQUIRED OVER AGE 5	NOT REQUIRED OVER AGE 5
PCV (INVASIVE PNEUMOCOCCAL DISEASE)	4 DOSES	NOT REQUIRED OVER AGE 5	NOT REQUIRED OVER AGE 5
MCV4/MENACWY (MENINGOCOCCAL)	NOT REQUIRED	NOT REQUIRED	ONE DOSE ON/AFTER AGE 11

*Final dose must be on/after the 4th birthday. **Dose at age 10 may count as adolescent dose
All vaccines must be appropriately spaced per ACIP and IDPH Vaccine Schedules.
See IDPH Minimum Immunization Chart for more detailed information.