



CERTIFICATION REQUIREMENTS FOR EMDR ASIA TRAINERS

All the trainers in Training for EMDR Basic Training, Part 1 and Part 2 must attend and complete the required training schedules specified in (Process for training Asia Trainers for EMDR Part 1 and Part 2, adapted from criteria of Trauma Recovery/HAP Trainers)¹

1. Trainer must provide a copy of relevant training of trainer certificates, academic credentials/degrees/license/registration as a mental health practitioner or clinician in your own country and evidence that you are a member of your national/SAR EMDR association.

2. Clinical Experiences

Trainer must provide:

(a) Two videos of EMDR practice. The first video should be of a complete EMDR therapy session from the end of phase 2 (explanation of EMDR, reminding of safe place and stop sign) to phase 7. Phases 1 and 8 should be provided in writing (diagnosis etc.). The second video should demonstrate your ability to use a Cognitive Interweave appropriately. (This video might be quite short). Both videos must be to the standard of an EMDR seminar teaching video. They must demonstrate that your understanding and ability to practice the EMDR protocol is at the level that would be expected of a trainer.

(b) Proof of a minimum of 2 years' post-certification experience as an EMDR consultant with evidence of thorough experience of clinical practice. This will include evidence of having treated acute and complex trauma and chronic complex dissociative disorders. This must be corroborated by a written statement from a certified trainer.

(c) Proof of attendance at a minimum of 5 complete training courses (all parts), where you were assessed to have successfully facilitated small group live practice and practical exercises, including work with Cognitive Interweave techniques. (Written confirmation must be provided by a senior trainer).

3 Professional standing in the field of trauma

Adapted from EMDR Europe Standards of training and from EMDR Trauma Recovery/Humanitarian Assistance Programs with permission and for review

Trainer must provide:

- 3. (a) Proof of at least 40% of professional time in clinical practice (including clinical supervision).
- 3. (b) Proof of sufficient standing within the clinical and trauma field (clinical references, publications, general reputation). (Personal references may be from academic colleagues or peers).

4 Teaching Experience

Trainer must provide:

- 4. (a) Proof of sufficient general teaching experience (statement from teaching institution/mentor).
- 4. (b) Two references regarding teaching experience from academic colleagues or peers.
- 4. (c) Trainer must be mentored for the teaching parts as per the Process for training Asia Trainers for EMDR Part 1, and Part 2 based on criteria of EMDR Asia Standards by an approved EMDR Asia training course until you are judged by an approved EMDR Asia senior trainer to be competent. Trainer must demonstrate their ability to:

- ☐ Present the material in a clear and informative manner which adheres to Dr. Shapiro's latest edition of her text "EMDR: Principles, Procedures and Protocols"
- ☐ Engage effectively with the audience.
- ☐ Answer questions from the audience appropriately.
- ☐ Demonstrate their ability to manage group process.

This must be done on a minimum of 4 occasions. Your mentor (senior trainer) may require you to provide further teaching presentations. The 4 presentations will be made up as follows:

- ☐ 2 presentations will be of teaching parts of the eight-phase protocol.
- ☐ 1 presentation will involve teaching the Cognitive Interweave or Blocked Processing.
- ☐ 1 presentation will involve teaching the Adaptive Information Processing model or outlining current EMDR related research.

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The assessing EMDR Asia approved Senior Trainer must provide a written testimonial stating that you have met the above criteria.

4.(d) video evidence

In addition, a trainer must provide a full unedited video of one of the above presentations which took place during an approved EMDR Asia training. This will include answering questions from the audience. This video must demonstrate that your presentation and teaching skills meet the highest professional standards.

Or- in exceptional cases:

A member of the EMDR Asia Training Standards and Certification Committee, who is not from your country, has observed your EMDR presentation and assessed that your teaching skills meet the highest professional standards (Not a preferred practice to maintain objectivity).

Please note: On each occasion, the assessing EMDR Asia approved trainer will use as a guide the Presenter's Evaluation Form in order to ensure that all applicants are being assessed to meet similar standards.

5 National/SAR EMDR Association must provide evidence that your local EMDR Association is aware of your application.

6 Ethical standing and Integrity

Trainer must include in his/her application the following signed statement concerning the validity of the statements and evidence that you have provided, your integrity in teaching and practice and your willingness to adhere to the ethical and professional standards of EMDR Asia:

"I confirm that all statements and evidence I have provided to the committee are truthful and accurate. I further confirm that at all times, I will behave with integrity in my teaching and practice, and that I will adhere to the ethical and professional standards and rules of EMDR Asia."

Please note: Your application does not commence until all the above information has been received.

Date: