



Rule 2: Equipment and Uniforms

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I. The Crosse

Field Player	Goal Keeper

II. Uniform* -

Field Player	Goal Keeper

*JV, Middle School, and Youth –

III. Equipment –

Field Player	Goal Keeper ALL are Mandatory
	● Shin pads

- Shin pads are no longer required for high school players but are still mandatory for all younger players.

IV. The Ball –

A. Acceptable colors

1. _____
2. _____
3. _____