

HUDSON AREA COUNSELING RESOURCES

The Hudson School District does not endorse any of the listed resources. Choice of agency is entirely the responsibility of the caregiver. Always check with your insurance company and agency to verify benefits.

* Asterisk accepts Badgercare. T=Telehealth

Adulteen Counseling T River Falls, WI 715-629-7047 https://www.adultteencounseling.com <i>adults, teens, children and families</i> <i>Anxiety, Depression, Fears, Grief and loss, Trauma, Divorce/blended families</i>	Associated Clinic of Psychology 2501 Hanley Rd Suite 101, Hudson, WI 715-954-5300 https://acp-mn.com/ <i>Depression, anxiety, DBT, psychological testing</i>	Bob Downs, MS, LMFT 305 S. Greeley St. Suite 302, Stillwater, MN 651-399-4070 <i>Marriage and Family therapy</i>
Boorman Counseling T New Richmond, WI 715-977-2441 https://www.boormancounseling.com/ <i>Counseling, Assessment & Testing</i> <i>EMDR - Certified Trauma Treatment</i> <i>TELETERAPY - Ages 12+, Individual, Family, Couples, Art Therapy</i>	Canvas Health T Stillwater/Oakdale/Cottage Grove 651-777-5222-appointments https://www.canvashealth.org/ <i>Assessment, Therapy & Psychiatry</i> <i>Children, adolescents, adults, and families - mental illness, substance use disorders, and crisis situations.</i>	Catherine Olson Counseling * T 990 Hillcrest Street, Suite 109 Baldwin, WI 651-269-0924 https://catherinecounseling.com/ <i>Play therapy, art therapy, mindfulness, CBT</i>
Children's Hospital-Mental Health https://www.childrensmn.org/services/care-specialties-departments/mental-health-program/locations/ <i>Assessment, Therapy & Psychiatry</i> <i>outpatient mental health services and acute mental health service</i>	Coriander Living Collective T 208 N Second St Suite 535 River Falls, WI 651-300-4939 https://www.coranderlivingcollective.com/ <i>Single incident, complex, attachment, & developmental trauma. Anxiety & panic. Self-injurious & suicidal behavior. Career & life transitions. Criminal Justice System involvement. Grief & loss. Teenagers. Trauma, EMDR and Brainspotting</i>	Collaborative Counseling & Psychology * T 901 Fourth Street Hudson, WI 54016 763-210-9966 https://www.collaborativemn.com/ <i>Individual, Teen Group, Family, Play Therapy, DBT, Substance Use</i>
Couples and Family Therapy Center 2217 Vine Street Suite 206 Hudson, WI 715-441-1828 https://cftc-online.com/ <i>Child and Teen Therapys - Anxiety, depression, behaviors, emotion dysregulation, school stress, trauma, relationships, Substance Use</i>	David Morris, PhD, LP 6381 Osgood Ave. N., Stillwater, MN 651-439-4040 <i>Psychology, Assessment</i>	FamilyMeans T Hudson/Stillwater 651-439-4840-appointments https://www.familymeans.org/ <i>Anxiety, attention/hyperactivity, crisis, depression, eating concerns, grief, sexual abuse, trauma, sleep disturbances, substance use</i>
Family Therapy Associates * T 715-246-4840 150 W First Street Ste 270. New Richmond 2010 O'Neil Rd, Suite E. Hudson https://www.ftacounseling.com/ <i>Child, adolescent, anger management, family, DBT, art therapy</i>	Gloria Guinee, MSW, LICSW 6381 Osgood Ave N. Stillwater, MN 651-430-3182 https://www.fosteradoptmn.org/therapist/gloria-m-guinee-msw-licsw/ <i>Foster, adoption, trauma</i>	Health Partners Regions Behavioral Health 8550 Hudson Blvd N, Lake Elmo, MN 612-371-5400 https://www.healthpartners.com/care/specialty/mental-behavioral-health/childrens-mental-health/ <i>Children's Mental and Behavioral Health, including Depression, Anxiety, Anger, Self Harm, Eating Disorders, ADHD, Substance Use, etc.</i>
Hudson Counseling Services 901 Dominion Drive, Hudson, WI 715-808-8070 https://hudsoncounselingservices.com/ <i>Child, parenting, teen, family, EMDR, Substance Use</i>	Integra Counseling Services Jill Zimmerman, PhD, LMFT, LPC 522 2nd St. #3, Hudson, WI 715-386-9011 https://www.integracounselingservices.com/ <i>Trauma, PTSD, depression, grief</i>	Janet Whaley 540 Fairview Ave. N. Ste. 302, St. Paul, MN 651-233-4100 http://www.jwhaleycounseling.com/ <i>CBT, DBT, anxiety, depression, grief, PTSD, abuse, Bipolar, self injury, substance use, transgender health, EMDR</i>
Kinni Counseling T 112 E Walnut St, River Falls, WI 715-200-9042 https://www.kinnicounseling.com <i>family therapy & individual therapy-ages 7+</i>	LifeStance Health * 131 Carmichael Road, Suite 206 Hudson, WI 54016 715-808-0607 https://lifestance.com/location/hudson-wi-131/ <i>Psychological Evaluations</i>	Marriage and Family Health Services * Migisi Program (ages 5-11), Mikan (teens) Eau Claire, WI 715-832-0238 https://www.marriageandfamilyhealthservices.com/ <i>Play therapy, trauma, grief, outpatient & Day</i>

		<i>Treatment</i>
Mike Moller, Psy.D. * T 900 Sixth St N Suite 102. North Hudson 715-386-0856 https://www.michaeljmoller.com/services Assessments, Play Therapy, Psychotherapy, Family Therapy, Psychological Testing, Comprehensive Psychological Assessments (ADHD, Personality Disorders, Depression, Anxiety, Trauma, etc)	Minnesota Health Clinics T 1000 Radio Dr. #210, Woodbury, MN 651-365-8209 https://mnmentalhealth.com/ <i>Anxiety, Depression, Trauma, Grief, Gender Identity, Child Adhd, School Performance, Behavioral Difficulties, Bipolar, Anger Mgmt, Lgbtq+, Personality Disorder, OCD, Sleep Concerns</i>	Natalis Counseling & Psychology T 7582 Currell Blvd. Suite 208, Woodbury, MN 651-739-7539 https://natalispsychology.com/ <i>EMDR, trauma/PTSD, DBT, substance use counseling, depression, anxiety</i>
Northwest Counseling Services * 502 2nd St #302, Hudson, WI 715-381-1070 730 10th Ave, Baldwin, WI 715-684-6777 <i>CBT, experiential therapy, family therapy, group therapy</i>	NuView Psychological Services 6120 Oren Ave. N, Stillwater, MN 651-430-0888 nuviewps.com <i>ADHD, Anxiety, Depression, Grief</i>	Nystrom & Associates T 2501 Hanley Rd, Suite 201, Hudson, WI 534-544-5247 -Also Stillwater and Woodbury Clinics https://www.nystromcounseling.com/ <i>ADHD, anger, autism, depression, emotional regulation, anxiety, eating disorders, OCD, PTSD, trauma, substance abuse.</i>
Peace Tree Counseling * 710 North Main Street, River Falls, WI 715-417-3241 https://peacetrecounseling.com/ <i>Children, Adolescents and Families. PTSD, Abuse, Trauma Resolution, Grief, Family and Relationship Counseling, Sexual Orientation and Gender Identity Issues, Substance Use and Substance Use Assessments</i>	Psychological Resource Group 1951 Woodlane Dr Suite 102, Woodbury, MN 651-739-1128 http://www.consultprg.com/ <i>Assessment, Counseling, Consultation Giftedness, Learning Disabilities, Attention Deficit, Developmental Disorders and Emotional/Behavioral, Family conflict, Grief/Loss, Depression, Anxiety, Behavior, Substance Use, and Substance Use Assessments</i>	Reflecting Willows LLC Jessica Tomsen, LCSW 712 Rivard St Suite 7, Somerset, WI 651-900-9540 https://www.reflectingwillows.com <i>CBT, acceptance and commitment, mindfulness, art therapy, anxiety, depression, grief</i>
River Falls Counseling, LLC T James Davis, LMFT 112 E. Walnut St, River Falls, WI 715-222-9878 <i>Individual and Family Counseling</i>	St Croix County - Mental Health * https://sccwi.gov/257/Mental-Health 1752 Dorset Lane, New Richmond, WI 715-246-8255 <i>Counseling, Psychiatry, Treatment Approaches, Substance Use and Substance Use Assessments</i>	St. Croix Therapy * 742 Sterbenz Drive, Hudson, WI 715-386-2128 https://stcroixtherapy.org/ <i>Physical therapy, occupational therapy, aquatic therapy, speech/language therapy</i>
St Croix Valley Youth Service Bureau 6120 Oren Ave North, Stillwater, MN 651-439-8800 7876 Hudson Rd, Suite #1, Woodbury, MN 651-735-9534 https://ysb.net/ <i>Youth-Focused Family Counseling, Substance Use and Substance Use Assessments</i>	Thrive Counseling & Assessment Menomonie, WI 715-256-7166 email:info@thrivepcs.net https://www.k12services.net/ <i>Psycho-educational evaluation, dyslexia, ADHD, anxiety, depression, eating disorders, substance use disorders, and trauma. Some treatment approaches include CBT, EMDR, brainspotting</i>	Western Wisconsin Health * 1100 Bergslien St, Baldwin, WI 715-684-1111 https://www.wvhealth.org/service/behavioral-health-services/ <i>Child/adolescent counseling, Family counseling, Individual counseling. Anger management, ADHD, Behavioral issues, Depression, Grief and loss, Life transitions, Emotion management, Medication management, Anxiety, Psychiatry, Stress management, Trauma informed therapy, Play therapy</i>
Vantage Mental Health T Justin Gerstner, MD - Psychiatrist 5995 Oren Ave North, Stillwater, MN 651-217-1480 www.vantagementalhealth.org <i>Medication Management, Ketamine, ADHD Testing, Therapy</i> <i>Most insurance- Not Forward Health. No waitlist. Any ages</i>	Westfields Hospital and Clinic Dr Dane Jensen, MD Child & Adolescent Psychiatrist 535 Hospital Road, New Richmond, WI 715-243-2900 https://www.healthpartners.com/care/hospitals/westfields/specialties/ <i>ADHD, anxiety, depression, bipolar disorder and psychotic illness, borderline personality disorder, developmental and relational trauma</i> <i>Patients from ages 5-17 (or 18 if still in high school).</i>	East Metro Family Counseling Mitch Leppicello 700 Commerce Drive, Suite 295 Woodbury, MN 55125 (651) 408-5132 https://eastmetrofamilycounseling.com/ <i>evaluating and treating social, emotional, and behavioral functioning across a wide range of mental health issues with an expertise in Autism Spectrum Disorders (ASD).</i>

website to search for area therapy options - add filters to include insurance, type of therapy, etc.

Neuropsych Services

<p>Caillier Clinic 2620 Stein Boulevard, Eau Claire, WI 715-836-0064 https://www.caillierclinic.com/</p> <p><i>Yes-Badgercare (depending on HMO)</i></p> <p><i>Assessment: Neurocognitive, Trauma, ADHD, Learning Disability</i> <i>Treatments: Behavior Skills, Social Skills, Play Therapy, Trauma, Behavior Mgmt, DBT, Anger, Autism, Anxiety, Depression, Grief, Individual and Family, Substance Use and Substance Use Assessments</i></p>	<p>CDL Psychological Services Dr. Greg Anderson 1020 10th Ave, Suite 116, Baldwin, WI 715-497-7230 https://www.cdlpsych.com/</p> <p><i>Yes-Badgercare (most HMOs)</i></p> <p><i>Testing, ADHD, ASD, academic achievement, cognitive functioning, anxiety, depression, mood disorders</i></p>	<p>Children's Hospital MN Children's MN Behavioral Health Dept 651-220-6720 https://www.childrensmn.org/services/care-specialties-departments/mental-health-program/conditions-and-services/</p>
<p>Developmental Discoveries 3021 Harbor Lane N Suite 211 Plymouth, MN 763-330-2730 https://www.developmental-discoveries.com</p> <p><i>HSA/FSA/HRA debit cards, major credit cards, cash, and checks. We are out-of-network for all insurance plans</i></p> <p><i>Autism evaluations, Learning Disabilities, ADHD, Trauma/Attachment, Giftedness</i></p>	<p>Fraser - several locations in MN 612-767-7222 https://www.fraser.org</p> <p><i>services including: Autism, Mental Health, Neuropsychology, Rehabilitation Therapy</i></p>	<p>Vantage Point Clinic & Assessment T 2005 Highland Ave, Eau Claire, WI 715-832-5454 https://www.vantagepointclinic.com/</p> <p><i>(No neuropsych assessment for Autism)</i></p> <p><i>No-Badgercare for Assessments</i></p> <p><i>Child and Adolescent Therapy Services. ADHD, Substance Use, Psychological Assessments & Substance Use Assessments</i></p>
<p>Thomson Memory and Attention Locations: Oakdale, MN and Roseville, MN 612-224-2644 https://www.thomsonmemory.com</p> <p><i>Pediatric testing and evaluations, therapy for attention, memory, emotions and learning</i></p>		

Treatment Facilities

<p>Aris Clinic 651-259-9750 2040 Woodwinds Drive Woodbury, MN https://www.aris-clinic.com/ Day treatment program for youth ages 8-18, as well as psychiatric and psychotherapy services for all ages. Intensive Outpatient Program (IOP) for ages 8-18. Medication Management (all ages), Play Therapy (ages 3-12), Talk Therapy (ages 12+) We accept most major insurance. Straight MA is accepted for outpatient appointments but does not cover the intensive outpatient program.</p>	<p>Northwest Journey 715-268-5404 Location: Amery, WI https://nwcgc.com/programs/journeys/ Day or half-day treatment option. Provides therapeutic support services for children, adolescents, and families transitioning back to the community from out-of-home placements. Clients are typically enrolled at Northwest Journey for 3-9 months. We accept all forms of insurance including medical assistance</p>	<p>Prairie Care 866-210-4881 Locations: Brooklyn Park, Edina, Maplewood, Mankato, Rochester, Woodbury https://prairie-care.com/treatment/intensive-outpatient/ Outpatient psychotherapy, psychiatry services, Intensive Outpatient Programs (IOP), Partial Hospitalization Programs (PHP), hospitalization and residential services. in-network provider for most major insurance companies and managed care plans/MA</p>
<p>Tomorrow's Children 715-258-1440 Location: Waupaca, WI 54981 https://www.tomorrowschildrenwi.org/ A state licensed Residential Care Center for boys and girls ages 5 to 18</p>	<p>Rogers Behavioral Health 800-767-4411 6442 City West Parkway, Suite 200, Eden Prairie, MN https://rogersbh.org/locations/minneapolis Partial hospitalization (PHP) and intensive outpatient (IOP) care to children, teens, and adults with obsessive-compulsive disorder (OCD) and anxiety. PHP is also available to children, teens, and adults with eating disorders</p>	<p>Nexus Family Healing 763-551-8640 Locations: MN https://www.nexusfamilyhealing.org/ short- and long-term treatment programs at our residential facilities for youth who need intensive support and care. Children, teens, and young adults from ages 6–21 (ages served varies by Nexus agency.) We accept all insurance plans/MA</p>
<p>Charlie Health (Virtual) 1-866-805-5055 charliehealth.com Virtual Intensive Outpatient Program (IOP). Ages 11-34. Program typically lasts 9-12 weeks Accept most major insurance providers.</p>	<p>Fairview Dual Program 651-309-0233 1675 Beam Ave, Maplewood, MN https://www.mhealthfairview.org/treatments/Adolescent-Co-Occurring-Disorders-Outpatient-Program Adolescent Co-Occurring Disorders Outpatient Program Age 12-19, mental health and SUD diagnosis. Program is 45-60 Days</p>	

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