## Refining your topic:

Many assignments start with a very broad question. As you plan and research you will refine that question. The triangle below can help you focus your search:

#### For example:

### Step 1: what is your assignment topic?

I am looking at whether sport has a positive impact on wellbeing

# Step 2: what are your main themes?

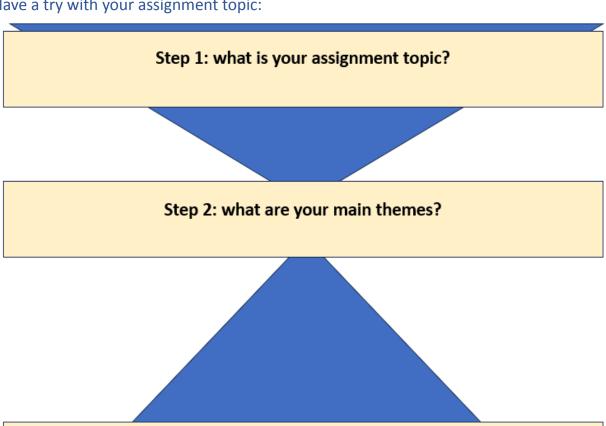
sport wellbeing

### Step 3: what are your keywords and related terms?

Sport: exercise, physical activity, team sports, football, gymnastics, yoga...
Wellbeing: mental health, mental wellbeing, physical health, fitness, strength, mood...

Many assignment questions have several different themes within them. You may have examples of a theme (e.g. football, yoga), or you may have several ways of expressing similar concepts (e.g. mental health and mental wellbeing).

## Have a try with your assignment topic:



Step 3: what are your keywords and related terms?