

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Watch the MPUC at 17:00 in my time zone
2. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Find a great Sub-Niche
3. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Do research on that Sub-Niche
4. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Find 5 prospects for that Sub-Niche, found 16
5. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Begin writing a Cold outreach Email + FV to one of the Prospects
6. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Begin the journey of taking Cold showers and begin reading Wim Hof's Book
7. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	Review 3 Cold outreach emails from fellow G's
8. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	1 <input checked="" type="checkbox"/>	
9. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	2 <input checked="" type="checkbox"/>	Help around the House if necessary, can't plan for this a day before
10. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	2 <input checked="" type="checkbox"/>	Rest day today but if there's time go for a 60min walk, did 120 pushups instead
11. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	2 <input checked="" type="checkbox"/>	
12. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	2 <input checked="" type="checkbox"/>	
13. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	2 <input checked="" type="checkbox"/>	
14. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
15. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
16. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
17. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
18. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
19. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	
20. <input checked="" type="checkbox"/> / <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	

Day Number: **1**







Date: **18.03.23**

Start Of The Day - Time: 10:10

	 3 Things That I Am Excited To Have In The Future? 
1.	The Skill of earning Money online through the value I can provide other businesses
2.	Become Financially Independent and help out my Family
3.	Build new friendships with fellow Brothers who are on the same trajectory as me

 **Hour-By-Hour**
Tracking: 

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!







2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!







4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

 10 am: Task 	Wake up, drink coffee and eat honey from our own bees on empty stomach
 Intention 	Honey on an empty stomach works wonders for health and the coffee boosts you
 Reflection 	Drank the coffee with honey outside, taking in Vitamin D

 11 am: Task 	Watch the newest video from Canadian Prepper about news and what's going on geopolitically + start reading what's new inside the important Cmapus chats
 Intention 	Have some intel and maybe foresight what will happen in the near future
 Reflection 	Watched the video, great intel + read captain lessons

 12 am: Task 	Start the process of finding a great sub-niche
 Intention 	I have been wandering aimlessly for the past week picking prospects out of random niches without finding a niche and deepdiving into it and doing research on it
 Reflection 	Watched MPUC#197 aboutwhy there's no "Magic" Niche + ate the one meal I eat per day

\$ 1 pm: Task \$	Start finding a great sub-niche I'll stick with
🔔 Intention 🔔	I have been wandering aimlessly for the past week picking prospects out of random niches without finding a niche and deepdiving into it and doing research on it
✍️ Reflection ✍️	I took a step back and wanted to make sure I didn't forget about the basics, so I went back to Stage 10 and watched Prof. Andrews video on prospecting

\$ 2 pm: Task \$	Start finding a great sub-niche I'll stick with
🔔 Intention 🔔	I have been wandering aimlessly for the past week picking prospects out of random niches without finding a niche and deepdiving into it and doing research on it
✍️ Reflection ✍️	Watched the stage 11 videos and am currently working on finding a sub-niche

\$ 3 pm: Task \$	Start finding a great sub-niche I'll stick with
🔔 Intention 🔔	I have been wandering aimlessly for the past week picking prospects out of random niches without finding a niche and deepdiving into it and doing research on it
✍️ Reflection ✍️	Found a sub-niche and found 4 potential prospects

\$ 4 pm: Task \$	Prospect until the live MPUC#206
🔔 Intention 🔔	Gather a few more prospects and then afterwards conduct research on the whole niche and deep dive into personal research for every prospect
✍️ Reflection ✍️	Did prospecting up until that point, live call was a short pre recorded video but still very valuable

\$ 5 pm: Task \$	Finish prospecting for that sub-niche
🔔 Intention 🔔	Milk the sub-niche up to 200k views on yt per video
✍️ Reflection ✍️	Milked it to the 200k views per video point, got 16 new potential prospects

\$ 6 pm: Task \$	Start the Research on that sub-niche
🔔 Intention 🔔	Get a better insight into the sub-niche and try to understand it on a deeper level
✍️ Reflection ✍️	Didn't do it, I went outside, needed a break, been doing 2 super G work sessions for over 90mins each.

\$ 7 pm: Task \$	Drink a hot cocoa without sugar and watch a podcast with Andrew Tate from 3 years ago
🔔 Intention 🔔	📺 The KING of Toxic Masculinity - a Conversation with Cobra Tate in Poland
✍️ Reflection ✍️	Learned that Andrew Tate 3 years ago was just as not even more entertaining than now, back there he hadn't had a gigantic following and allowed himself to be even more direct xD

\$ 8 pm: Task \$	Let the day cling out, continue reading "How to win friends and influence people"
🔔 Intention 🔔	Don't redline it in the beginning, get used to working 5h a day and from there scale it up to 7 and eventually 9-10hours per day
✍️ Reflection ✍️	Happy to have found a niche today that I can stick with and conduct proper background checks and research in the following days.



End-Of-The-Day Report:



What Did I Learn Today?

The importance of having a good niche and not just sending out a cold outreach to someone random I find right away on the first YT search

What Do I Plan To Do Differently Tomorrow?

Review outreach from fellow G's, haven't done that today, and begin taking cold showers in the morning and begin reading Wim Hof's Book

What Do I Plan To Do The Same Tomorrow?

Put in the hours of hard work, regardless of how tedious, boring and challenging it can be.

Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?

What Tasks Were Left Undone?

The Research Part for this sub-Niche took me longer than expected to find this niche and do the prospecting part, and filter out the goodies and the baddies

Brain Dump:

Been doing 20 pushups every time I returned to the table I work at, this is a good habit to have from now on, ended up doing 120 pushups in total today, on a rest day.

Happy to have found a niche today that I can stick with and conduct proper background checks and research in the following days.