

Perseverantia (S1, Bonus): “FIVE WITH A FALCON: Tim Lwanga (‘23), Psychological Science”

[Jazzy Five With a Falcon theme fades in]

[00min 16sec]

Tim Lwanga (‘23):

I'm Tim. I am a Senior and a Psychology Major. Actually started as a criminal justice major and then changed my major to psychology.

[Jazzy Five With a Falcon theme fades out]

Early on, I didn't do that much. Like I kind of just was getting accustomed to college and, like, making friends. And that was kind of my focus. Once I became a psychology major, I decided to get a lot more involved on campus.

So I got, like, a few jobs on campus. I joined the Student Government Association. I've also just tried to get involved in, like, a ton of different things just to, like, be more, like, of a member of, like, the campus community. It's been, like, kind of like night and day. It's been, like, a whole different experience. But it's, like, been really fun to just be, like, a part of, like, all the events that happen around campus.

One thing I really love is being on student government. I went to the emerging leaders retreat last year. And that was a very nice experience. It was nice to be able to meet a lot of people I never got to meet before and be able to kind of, like, have a very unique experience off campus. But, like, with other people who, like, are part of the campus community. So it's really nice to be able to, like, meet people and have, like, a whole new experience.

[1min 20sec]

Prof. Katherine Jewell:

So what has your greatest accomplishment been?

Tim Lwanga (‘23):

When I switched majors, it was during the pandemic, so all classes were online. So it was really difficult to be able to adjust to that, start learning completely new material and basically resetting. So it was nice to be able to make that transition and come out of it in good academic standing. There were many times when I didn't think I'd be able to pull that off, but I think, at this point, like, looking back, that was probably my proudest accomplishment.

Prof. Katherine Jewell:

And what ways have you grown or transformed?

[1min 51sec]

Tim Lwanga (‘23):

I think I appreciate and value what's, like, really important in life? I think going in I was, like,

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fresh out of high school, cared about having fun, like, having a lot of friends – like, just having great experiences, which is nice.

Also, like, now being able to kind of value close friendships more rather than just, like, seeking out experiences. Just being able to basically have more depth with my relationships with people. And also being more involved with things, getting out more and, like, actually contributing more and, like, volunteering more; doing more to, I guess, improve, like, the community I’m in. My experience in college, like, really helped me learn to appreciate that and how, like, important that is – just with life in general.

Also, like, beyond volunteering, just being able to, like, help people in general – as like a peer mentor. To be able to, like, have academic success workshops, you know that I help like students be more successful. But being able to do these different things, I mean, like, help people in different ways has been, like, really fulfilling. It’s definitely made me enjoy college a lot more.

[2min 46sec]

Prof. Katherine Jewell:

So I’m going to cheat ask you one more question: Since you are graduating, what’s next?

Tim Lwanga (‘23):

So I will be going to William James College to study mental health counseling and I’ll start work on my Master’s in the Fall. And I will also be working as – [*Jazzy Five With a Falcon theme fades in*] – a Care Coordinator in Newton. So it’ll be very busy [*laughs*], but it’s really exciting.

So just being able to, like, go to grad school and, like, continue my education – I’m really looking forward to that.

Prof. Katherine Jewell:

Thank you so much.

Tim Lwanga (‘23):

Thank you so much for having me.

[*Jazzy Five With a Falcon theme fades out*]

[3min 20sec]

[*Perseverantia Network theme fades in*]

Kaitlyn Mobilia (‘24):

This is Kaitlyn Mobilia, a senior from Milford, Massachusetts, majoring in Communications Media. And you’re listening to *Perseverantia* – the Fitchburg State Podcast Network.

[*Perseverantia Network theme fades out*]