



Worldbuilding course worksheet: Your 2035 vision

How this worksheet works

This worksheet is your personal space to build a future world for the year 2035, step by step, as you move through the course.

Here's how the worldbuilding process works:

1.  **Make your own copy of this worksheet so you can fill it out as you go.**
2.  Watch each module of the [Udemy course](#).
3.  At the end of each module, complete a short activity in this worksheet – each one adds a layer to your own worldbuild.
4.  At the end, you'll submit your world directly through the [World Gallery submission form](#) (Submitting your world is optional and can be done anonymously).
5.  You also have access to the [Toolbox](#) as your companion resource throughout this course – browse challenges, solution approaches, worldbuilding frameworks, forecasting tools, and more to support your thinking.

Your worldbuilding prompt

Imagine it's the year 2035. AI remains primarily a tool – powerful, but under human direction. It accelerates breakthroughs in areas like healthcare, energy, materials science, and space. However, not everything is working smoothly:

- Automation has deeply disrupted knowledge work.
- Regulatory systems (like UBI) haven't kept pace.
- Many people are being left behind.
- Access to AI's benefits is uneven and unjust.
- Society is in flux – but full of potential.

This is your starting frame. You're free to make it your own – through values, technologies, institutions, policies, or entirely new ideas. But these are the constraints of your worldbuild.

♦ Keep it grounded in this scenario, and use it to imagine a future that is meaningful, thoughtful, and filled with hope.



Module 1, Assignment 1: ✨ Find your hope spark and vision

💡 *Not sure where to start? Think about: a problem you wish were solved, a moment where progress surprised you, a community or place you want to see thrive, or a value you'd fight to protect.*

1. What is one thing that gives you hope about the future?

2. Why does it matter to you?

3. Vision Statement (Format: To [action] [what/who] [outcome]):

📖 *Optional: Explore Module 1 resources in the [Toolbox](#) for inspiration →*

Module 2, Assignment 2: 🔬 Technology's promise and AI's role

💡 *Think back to the technologies explored in the lecture — biotech, renewable energy, space, AI itself. Which one connects to your hope spark from Module 1? You can also pick something not covered in the lectures. The key is to choose a technology you find genuinely exciting and imagine how it could reshape everyday life by 2035.*

1. What technology plays a key role in your 2035 world?

2. What challenge does your chosen technology help solve?

3. How does life look different in 2035 because of it?



EXISTENTIAL HOPE

Worldbuilding AI Futures Course Worksheet

4. How does AI amplify this technology's impact?

5. What kind of AI is used—Tool AI or Autonomous AI? Who drives its development (e.g., governments, corporations, communities)?

6. What new norms or unintended consequences emerge?

 *Optional: Explore Module 2 resources in the [Toolbox](#) for inspiration →*

Module 3, Assignment 3: From values to systems

 "Those who cannot remember the past are condemned to repeat it." — George Santayana. Institutions are how societies remember. Think about what matters most to you — fairness, freedom, safety, dignity, sustainability — and what systems could protect those values as the world changes.

1. List 3–5 core values and briefly explain why each matters:

2. Describe one governance mechanism that upholds at least two of your values:

 *Optional: Explore Module 3 resources in the [Toolbox](#) for inspiration →*



Module 4, Assignment 4: Backcasting from your 2035 vision

 *Backcasting means starting from the future you want and working backwards. Instead of asking “what might happen?”, ask “what would need to happen for this to become real?” Think about the milestones, breakthroughs, and decisions that would need to fall into place—and what could go wrong along the way.*

1. Summarize your 2035 vision (2–3 sentences):

2. What happened in 2030 to move toward your vision?

3. What happened in 2033?

4. What marked success in 2035?

5. Name one potential obstacle or ethical tension you identified:

6. What alternative paths could your world have taken?

7. What’s one immediate action that could be taken today to help this vision become real?

8. Brief self-critique: What part of your plan might be too idealistic, and how could you make it more realistic?



 *Optional: Explore Module 4 resources in the [Toolbox](#) for inspiration →*

Module 5, Assignment 5: Final world summary

 *You've done the thinking—now it's time to bring it all together! Head to the submission form and use everything you've built in Modules 1–4 to craft your final world. [You can also submit directly here if you prefer.](#)*

1. World Name:

2. Vision Statement (1–2 sentences):

3. Technology 1 (Name + Short Description):

4. Technology 2 (Name + Short Description):

5. What kind of AI exists in this world?

6. New or Reformed Institution (Name + Purpose):

7. Transformed Sector (Name + What's changed?):

8. Major Crisis Overcome (Description + Solution):

9. Why is this a desirable future?



10. Self-Critique (What part might be too easy? What barrier could challenge it?):

11. (Optional) Link to your image or video:



Optional: Explore Module 5 resources in the [Toolbox](#) for inspiration →



Submit your final world

Once you've completed all the activities, you can share your final 2035 world with the broader Existential Hope community.



Submit it [here](#).



Need inspiration? Check out the [worlds](#) submitted by other participants or our [animated short](#) with our 2035 vision.