

Interview with Volunteer Spotlight of the Month – Martina G

- Name
 - Martina G
- Pronouns
 - She/Her
- Where did you grow up / where do you live now?
 - Martina grew up in New Rochelle, NY and still lives there. She went to New Rochelle High School and studied at a Washington State college!
- Where do you currently work/where did you work?
 - Martina currently works at a local, independently owned pharmacy. She is interested in psychotherapy and plans to pursue a degree in social work.
- Martina's Hobbies?
 - She loves to paint and read! Her favorite genre is nonfiction; she especially enjoys books about cognitive science.
- Why The LOFT?
 - After college, Martina felt isolated and wanted to meet more people in her community. "I had been in the GSA in high school," she said. She wanted to get back to being involved with the LGBT community.
- Experience in Volunteering/ Volunteering with The LOFT:
 - Martina has been a member of the 20-Somethings Peer Support Group for 5 years! She has been a facilitator of the group for 2 years now. Martina's favorite part about being a facilitator is "Welcoming new people who haven't met their community yet." We at The LOFT thank her for her years of service.
 - The 20-Something Peer Support Group meets once a month and is open to members of the LGBT community ages 20-29. They also have a social event each month!
- Would she rather go on vacation in the mountains or near a beach?
 - The Mountains!
- Favorite Book and Show?
 - Martina's favorite show is Parks & Recreation.



- Martina's favorite book is "The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science" by Norman Doidge, MD.
- Words to Live By?
 - "Be the change you want to see in the world"