

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒	1 ▾	Do push-ups
2. ☒	1 ▾	Shower
3. ☒	1 ▾	Finish HVAC project
4. ☒	2 ▾	Finish geology project
5. ☒	1 ▾	Finish mechanics homework
6. ☒	1 ▾	Write to lecturers
7. ☒	1 ▾	Work out
8. ☒	1 ▾	Find a prospect
9. ☒	1 ▾	Write FV for him
10. ☒	2 ▾	Read a book
11. ☒ / ☒	2 ▾	
12. ☒ / ☒	2 ▾	
13. ☒ / ☒	2 ▾	
14. ☒ / ☒	3 ▾	
15. ☒ / ☒	3 ▾	
16. ☒ / ☒	3 ▾	
17. ☒ / ☒	3 ▾	
18. ☒ / ☒	3 ▾	
19. ☒ / ☒	3 ▾	
20. ☒ / ☒	3 ▾	

Day Number:

Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	Exited to be financially independent and able to provide for my family
2.	Excited to pass down the knowledge I learned along the way
3.	Make a change in my city/country

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Wake up and do a 100 push-ups
🔔 Intention 🔔	Begin a new exciting day
✍️ Reflection ✍️	Did it in 15 min

\$ 7 am: Task \$	Hvac project completion
🔔 Intention 🔔	Finish my project
✍️ Reflection ✍️	Did not finish my project, because got distracted with social media

\$ 8 am: Task \$	Breakfast
🔔 Intention 🔔	Get the fuel for the day
✍️ Reflection ✍️	Ate a quick breakfast

\$ 9 am: Task \$	Lecture
🔔 Intention 🔔	Learn about HVAC

 Reflection 	Done it
---	----------------

\$ 10 am: Task \$	Finishing up geology and submitting it
------------------------------------	---

 Intention 	Finish my project
--	--------------------------

 Reflection 	Didn't do it, had to finish a quiz.
---	--

\$ 11 am: Task \$	Lecture
------------------------------------	----------------

 Intention 	Learn HVAC
--	-------------------

 Reflection 	It was interesting
---	---------------------------

\$ 12 am: Task \$	Find a prospect
------------------------------------	------------------------

 Intention 	Find a business that I can help
--	--

 Reflection 	During this time I was doing my HVAC project and eating lunch
---	--

\$ 1 pm: Task \$	Write to the lecturers/ do mechanics homework
--------------------------------	--

 Intention 	To get the lecturers I wanted for the event/ learn to solve problems
--	---

 Reflection 	During this time I was doing my HVAC project and eating lunch
---	--

\$ 2 pm: Task \$	Read a book
🔔 Intention 🔔	Relax the brain
✍️ Reflection ✍️	Did it in the bus at 5pm

\$ 3 pm: Task \$	Lecture
🔔 Intention 🔔	Learn about geology
✍️ Reflection ✍️	Went to the lecture

\$ 4 pm: Task \$	Lecture
🔔 Intention 🔔	Learn about geology
✍️ Reflection ✍️	Went and in the mean time did my HVAC project

\$ 5 pm: Task \$	Go home and walk
🔔 Intention 🔔	Relax the mind
✍️ Reflection ✍️	Ate dinner

\$ 6 pm: Task \$	Do mechanics
🔔 Intention 🔔	Finish up my homework in order to have a question for the professor
✍️ Reflection ✍️	Was doing my HVAC project

\$ 7 pm: Task \$	Do mechanics
🔔 Intention 🔔	Finish up my homework in order to have a question for the professor
✍️ Reflection ✍️	Was doing my HVAC project

\$ 8 pm: Task \$	Write FV
🔔 Intention 🔔	Get the readers attention and make a connection with him
✍️ Reflection ✍️	Was doing my HVAC project

\$ 9 pm: Task \$	Read a book/ plan the next day
🔔 Intention 🔔	Prepare for sleep/ set a new day's goal
✍️ Reflection ✍️	Planing right now at 1:30am

\$ 10 pm: Task \$	Sleep
🔔 Intention 🔔	Revitalize

 Reflection 	Went to sleep at 1:30
---	------------------------------



End-Of-The-Day Report:



 What Did I Learn Today? 
Learned that I tend to jump off track if I don't take 5 min each hour to access my work/plans.

 What Do I Plan To Do Differently Tomorrow? 
Each hour take few minutes to recap what I am doing with my time

 What Do I Plan To Do The Same Tomorrow? 
Plan the day based on tasks that need to be executed first.

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 
Finish HVAC project
Finish geology project
Finish mechanics homework

Write to lecturers
Work out
Find a prospect
Write FV for him

Brain Dump: