

Notes from GA in Madrid (2024)

Attendees

Delegate	Society	Country
Josefine Wenke	Deutsche Zöliakie-Gesellschaft e.V. (The German Coeliac Society)	Germany
Anne Muehlenhof	Deutsche Zöliakie-Gesellschaft e.V. (The German Coeliac Society)	Germany
Aline Maillard	IG Zöliakie der Deutschen Schweiz, CYE	CYE board, Switzerland
Amalie Olava Henrichsen CYE	-	CYE board, Norway
Karoline Reimers	NCFU	Norway
Eduard Colomer	Celíacs de Catalunya SMAP	SMAP Spain
Paula Herz	Deutsche Zöliakie Gesellschaft e.V.	CYE board, Germany
Marie Marešova	Společnost pro bezpečnou dietu, z.s. (Czech Coeliac Society)	Czech Republic
Jana Čarnohorski	CeliVita – life with celiac disease Coeliac Society of Ireland	Croatia Ireland

Abigail Zalba Franco	FACE Joven	FACE Spain
Ludovica Luetti	Associazione Italiana Celiachia APS	Italy
Vanessa Lattanzi	Associazione Italiana Celiachia APS	Italy
Arto Hanttu	Keliakialiitto ry /Finnish Coeliac Society	Finland
Dana Limburg	Coeliactive (Nederlandse Coeliakie vereniging)	Netherlands
Elise Wessels	Coeliactive (Nederlandse Coeliakie Vereniging)	Netherlands
Samuel Rubín	Celiac's Association of the Czech Republic (SCCR)	Czech Republic SCCR
Michal Florián	Celiac's Association of the Czech Republic (SCCR)	Czech Republic SCCR
Keira Shepherd	Coeliac UK	UK
Vasile Radu	Romanian Association for Gluten Intolerance	Romania

Friday (15th November)

- reviewing the agenda
- presentation from delegates about their associations and youth groups

- o Netherlands, Finland, Croatia, Germany, Greece, Italy, Czech Republic (p1), Norway, Romania, Switzerland, Catalonia, Czech Republic (p2), Spain (FACE Joven)
- approving minutes from 2023 conference and reviewing annual report (22-23 and 23-24)
- presenting and approving the new constitution
 - o discussing the amendment of point 7.4 (applying for delegate position 3 weeks in advance)
 - o disproving the new constitution (voting to be postponed after the discussion with AO ECS)
- presenting the board roles: general coordinator, project manager, financial manager

break

- presentation by Gill Brennan: creating strategy and implementing ideas in CYE
 - o strategy (people, ideas, time, money) - filtering ideas
 - o SMART goals (specific, measurements, achievable, reasonable, time-bound)
 - o implementation of the plan
 - o using the money reasoning to approach the companies for future projects
 - o goals for societies: more gf places, gf food in schools, more money for coeliacs, contributions from health insurance companies, awareness in restaurants about cross-contamination, awareness among youth, gf + vegan options, gf meals and societies in universities, gf food in military, events for coeliac youth, gf food on-the-go, gf food in Europe
 - o using social media: Instagram, TikTok, Facebook, Reddit
 - o monthly reports
 - o engaging the youth through universities to youth groups
 - o pausing the summer camp for a year (no summer camp in 2025)
 - o gathering people by engaging the young generations
 - o **greater budget from AO ECS for CYE + option of 5 committee members**
- talk by Tunde: transition from pediatrics to adult healthcare
 - o looking for doctors from adult healthcare to resume treatment

- recognizing celiac disease in healthcare
- raising awareness among doctors
- booklet: *“Enhancing Transitional Care in Digestive Health”* by UEG (United European Gastroenterologist)
- presentations by working groups
 - Travel Net – updates needed from other countries
 - Beat the Wheat – working on better visibility via social media
 - Social media group – being more active
 - Summer camp group – motivating countries to host summer camps
- break-out sessions with AO ECS
 - Codex & Us: Why is It Important for Coeliac Societies?
 - Artificial Intelligence in Health Care: What is the Opportunity for Coeliacs?
 - Diagnose Increase Strategies: Exchanging Good Practices

Saturday (16th November)

- warm up game: circle of common things
- Maria Van Der Hofstadt presentation: Understanding Food Labels
 - Codex Alimentarius (by WHO) – set of guidelines and rules for food labelling
 - contents of the food packaging: name of product and label, ingredients, allergens...
 - filling the gaps in regulations
 - nutritional labelling: energy, amount of fat, number of servings...
 - difference in nutritional values in gluten vs. gf food
 - gluten in other non-edible products (cosmetics, children’s paint...)
- presentation about Summer Camp 2024: Netherlands
 - 50th anniversary of Dutch organization
 - activities: cooking, sightseeing, dining, biking, karaoke, going to adrenaline park, pedal boarding, silent disco, trip to Amsterdam: boat canal tour, museum visit
 - evaluation: good organization and division of work, recognitions by the press, struggling with the budget

- working groups: brainstorm session for ideas and improvements for each working group
 - Beat the Wheat: Anne, Keira, Marie, Aline, Elize, Jana (group leader)
 - Social Media Group: Ludovica, Vanessa (group leader)
 - Travel Net: Micheal, Eduard, Radu (group leader)
 - Summer Camp: Arto, Dana, Karoline, Thalia, Josie, Abigail, Vanessa, Maja (group leader)
- board candidates: Dana (financial manager), Arto (financial manager/project manager), Abigail (general coordinator/project manager)
- BOARD ELECTION
 - general coordinator: **Abigail Zalba Franco**
 - financial manager: **Dana Limburg**
 - project manager: **Arto Hanttu**
- choosing working group leaders: Jana (Beat the Wheat), Vanessa (social media), Radu (Travel Net), Maja (summer camp)
- delegate of the year: Jana