

What is rhinoplasty?

Rhinoplasty NYC

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Welcome To **Rhinoplasty NYC**

We have been completing rhinoplasty and other plastic surgery procedures for many years, and are proud to have many happy clients from throughout New York City who are very satisfied with their results.

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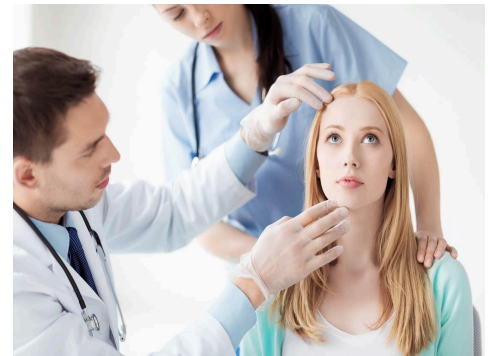
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Ethnic Rhinoplasty: Special Considerations

Cosmetic surgery appeals to people of all different ethnicities and backgrounds. In fact, ethnic plastic surgery is on the rise, and ethnic rhinoplasty is one of the most frequently requested cosmetic procedures among African-Americans, Asians and Hispanic-Americans. And it's not just women opting for ethnic nose surgery. Male rhinoplasty too is on the rise.

In previous decades, the goal of ethnic rhinoplasty was to create more westernized noses, but times have changed. Today most individuals want to keep their ethnicity, and opt instead for subtle cosmetic enhancements. This is often the case for Asians who seek Asian double eyelid surgery to create a crease in their "single eyelids."

Ethnic Rhinoplasty: The Consultation

The initial consultation for ethnic rhinoplasty is important. Tell your surgeon exactly what it is you don't like about your nose, and what you may want to change. Bring in photographs to illustrate how you want your new nose to look. Plastic surgeons can also use high-tech computer imaging

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to show you how your new nose will look on your face. During this visit, your surgeon can help determine whether your goals and expectations are realistic. He or she will also evaluate your skin, cartilage strength and bone structure, as well as assess the amount of cartilage available if grafting is needed.

Choosing a board-certified plastic surgeon with experience in ethnic rhinoplasty is essential because there are challenges that are specific to ethnic rhinoplasty. For example, darker skin is more prone to scarring and pigment abnormalities due to a brown pigment found in the skin (melanin). In addition, certain types of ethnic skin may be thicker and oilier than fair skin. These factors present technical and aesthetic challenges that are best managed by a surgeon with extensive experience performing ethnic rhinoplasty.

Preparing for Ethnic Rhinoplasty

Your surgeon should go over a list of preoperative dos and don'ts with you before your nose reshaping surgery. If you smoke, quit at least one month before your surgery because smoking can interfere with wound healing. Certain medications, such as aspirin and other anti-inflammatory drugs, can increase your risk of bleeding and should be stopped before surgery. Make sure to tell your doctor about any and all medications that you are taking, including herbal supplements. Many of these may increase the risks of your surgery.

Your Ethnic Rhinoplasty Procedure

The ethnic rhinoplasty procedure differs by ethnicity, anatomy and aesthetic goals. For example, the African American nose may have thicker nasal skin, shorter nasal bones and a wide nose base with large, open nostrils. By contrast, an Asian nose tends to have a bulbous tip with a low, wide and flat nasal bridge. Hispanic-Americans typically have thick nasal skin, a wide nasal bridge and a wide and thick nasal base. Members of other ethnic groups may also have distinctive facial features and patterns.

Ethnic rhinoplasty can subtly increase the height or decrease the width of a nose, change the shape of the nasal tip or alter any other feature. Sometimes extra cartilage must be grafted to the bones to help shape the tip of a flat nose. If the base is wide, your surgeon may need to make up to three incisions to narrow it.

Most ethnic rhinoplasty is performed as an open procedure, meaning the incisions are made in the vertical strip of skin separating the nostrils (the columella). The skin and soft tissue are then elevated off the underlying structures of the nose so the surgeon can see the nasal anatomy. If there is no tip refinement needed, the rhinoplasty can be done as a closed procedure, meaning the incision is made inside of your nose.

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Your surgeon will use either local anesthesia and intravenous sedation or general anesthesia to perform the rhinoplasty. It may be done in the hospital or an outpatient facility. Arrange for someone to drive you home after the procedure if you are not staying overnight.



[Nose Job Cost NYC](#)

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