

Fischer Falcon Physical Education Department

Staff Members: Brad Graziano, Pamela Hammer, Robin Hasemann, Corey MacGregor, and Mark Yager

Mission Statement: *To help all students learn, develop, and apply the skills needed for daily participation in personal fitness and lifetime activities which contribute to a healthy lifestyle.*

Personal and Social Responsibility:

- **Supply List:**

Required: *Appropriate clothing and gym shoes are required for safe participation~*

- **Fischer PE shirt** with name on it (can be purchased from Boomer T's)
- Athletic shoes/sneakers
- Athletic shorts or pants
- Fischer combination lock

Not Allowed:

- Crocs, boots, slides, Uggs, ect.
- Pajama pants, jeans, dress pants, skirts, dresses, cargo pants
- Combination lock/ key lock purchased outside of IPSD 204

- **Active Participation:**

- Willingly and actively participate to the best of your ability
- Follows rules of the activity
- Has materials to participate

- **Positive Attitude and Sportsmanship:**

- Three pillars of respect: self, others, and equipment
- Demonstrate self-control including using appropriate language
- Demonstrate appropriate behavior and good sportsmanship

- **Classroom Safety:**

- Equipment is used for intended purpose
- Consider safety of others before using equipment
- Respect environment (gym, fields, fitness center, equipment being used)
- Respect personal space and space of others
- Follow teacher safety rules for activities and games

Grading Policy: your grade is based on the following aspects:

- **Fitness and Sport Skill Participation Grading**

Dressing properly for class wearing the following items; **Fischer PE shirt and proper athletic shoes.** (no crocs, slides, boots, heels, etc.) You are either FULLY prepared for class or you NOT FULLY prepared for class.

Participation will be worth 5 Points each day

5 pts. - Full participation in activity, Good sportsmanship, Good Behavior

3 pts. - Partial participation, Good Sportsmanship, Some Off Task Behaviors

1 pts. - Little to no participation, Show some Sportsmanship, Off Task Behaviors

0 pts. - NO participation, No Sportsmanship, Off task behaviors

TOTAL POINTS DAILY = 5 points

- **Assignments and Assessments** All assignments will be posted on Google Classroom. Students are expected to check and complete assignments when posted.