

LESSON PLAN C6 – “Active Social Awareness”

TOPIC AREA: “Looking for my maritime heritage”

DATE: 15th June 2021

Description of the lesson activities

A multicultural activity that intended to integrate the connection between several subjects with challenging proposals of several subjects that include the visit to the maritime museum of Ílhavo, an orienteering challenge at the Oudinot garden, the practice of paddling and canoeing in the Aveiro stream.

General aims

The appropriation of maritime heritage, the importance of the oceans and the awareness of the necessity to preserve it, is the biggest goal of this activity. The practice of physical exercise, connecting wellbeing, health and environment, the acquisition of autonomy of procedures and reasoning, the spirit of solidarity, help each other and cooperation are also side objectives.

The appropriation of the ethnographic patrimony of the region in the discovering the trace elements of a recent past and the awareness of environmental issues related to the sustainability of fishing and the pollution of the oceans.

The awareness to the characteristics of the patrimony built up through the appropriation of the museum building, architectural reference work, distinguished with the award AICA/MC 2002. The practice of physical exercise in connection the well being, health and environment, the development of autonomy in procedures and reasoning, the spirit of solidarity, help each other and cooperation are also transversal aims.

Activities/Subjects involved and goals

Multidisciplinary projects

- Communicate ideas, through the usage of different languages (spoken, written and graphical)
- Include the lesson activities in a project stage in order to create a project of visual/multimedia communication.
- Gain autonomy of procedures and reasoning, spirit of solidarity, help and cope with each other.

Visit to the maritime museum of Ílhavo - Theme: “SOS Oceans – discovering codfish”

Synopsis: With a bunch of objects, several questions are asked and students look for answers related to codfish in the Atlantic, its characteristics, its habitat and its sustainability. Starting with the different ways of capturing this fish through times, this school trip intends to call the attention to the problems connected to fishing and pollution, raising awareness of the visitors to the threats to the maritime environment.

Applied orienteering

Synopsis: with a funny competition with an orienteering challenge adapted to the age groups and context, students are challenged to visit the highest number of places possible, whose main aim is to acknowledge the different models of itinerary identification and the appropriation of the characteristics of the place through walking routes.

Rowing and paddling

Synopsis: Starting from a small approach that allows the acknowledge of the main characteristics of rowing, the approach of basic manoeuvres, and the knowledge of the main technical parts prior to rowing, besides of the safety basic rules, students start practising rowing and paddling.