Overeaters Anonymous – Cleveland Central Intergroup (CCI)

CCI Business Meeting Minutes (unapproved)

via Zoom Sunday, August 21, 2022

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of June were read
- The Standing Rules were read
- Introduction of all members. There were 15 eligible voting members in attendance. Guests included several members of the Ann Arbor Intergroup.

II. Board Reports

i. Chair's Report – Pam P.

In addition to her written report, Pam reported on her activity at the Region level, which included meeting with the R5 Bylaws Committee and Intergroup to Intergroup Committee – both of which are preparing updates to submit to the Fall Assembly. She will be having a first meeting with her World Service PI/PO Committee during the next week. Locally, The CCI Communications Committee has focused on Facebook and will be looking to have two ads in the next several months as we approach the holiday season and the new year. There has been no further activity with the on-line donation app and Pam will table the project for now.

ii. Vice Chair's Report - Karen B.

No report as Vice Chair at this time. Karen will present her report as Events Committee Chair.

iii. Secretary's Report - Jo A.

The July Minutes were approved as presented. Jo reported that she has added two new email addresses to the e-blast and deleted one, which currently totals the list to 270.

iv. Delegate's Report – Marilyn D not available

Delegate Report – MaryAnn M not available

v. Treasurer's Report -.

In the absence of Gail, Pam reviewed the financial reports ending July 31:

- Current checking account balance of \$25,636
- Plus prudent reserve of \$4,250
- Income for July = \$881
- July expenses = \$314

III. Old Business

i. Feedback from Ohio Day of Sharing

It was reported that 49 persons attended the annual event in Columbus on August 6. Several groups donated baskets and a basket of literature was given to a newcomer at the event. Proceeds of the day were divided between the participating intergroups with each receiving \$101. All who attended reported that the day was very positive. The ODS is the first Saturday of August each year.

ii. Closed/Virtual Meetings

Pam reported the Board discussed Marilyn's review of the current status of meetings. It was noted that the Wednesday Men's meeting was incorrectly registered at the WSO website. Pam reached out to the secretary of this group who will make the correction and the meeting will remain on the CCI list as an affiliated group. The Tuesday Bay Presbyterian meeting will remain temporarily virtual. Pam reminded members to make changes directly to the WSO website and to notify ccioa@onebox.com of any meeting changes.

iii. Business Cards

Pam presented two examples of business cards which the Board recommended. There was much discussion regarding the graphic and several suggestions were made. The Board will review again and present at the September 18th meeting. CCI will purchase 500 business cards at \$50 and will make them available for members to hand out to health care professionals and/or others.

IV. New Business

i. Presentation of 2022-2023 Budget

At its meeting on August 1, the Board approved the 2022-2023 Budget which was presented to the representatives. It was noted that it is not known what individual donations (not groups) will look like going forward so \$500 was projected. Although donations to World Service and Region 5 were generous this past year due to expenses being low, the budgeted expense for next year will go back to prior years of \$1000 each. Delegate travel expenses are expected to return to normal as well. Committee expenses, particularly Super Committee and Communications Committee have increased budgets during the next fiscal year. Projected balance ending 6/30/2023 is \$16,000.

ii. Open Board Officer Positions

Open positions include Treasurer, Chairperson, and two (2) delegates, effective January 2023. (Current officers are eligible for a second term). Applications/resumes must be received before the October meeting with voting at the November meeting. Candidates must have 2 years of service above the group level (need not been consecutive) and must have 2 year of continuous abstinence.

V. Committee Reports

i. Events

Karen reported that the August 14th two-hour virtual Sponsorship Day was well attended (40 people) and very well received. It included a speaker; panel ad ask it basket and the opportunity to connected sponsors with those seeking a sponsor. The Committee has e-blasted a survey and currently 38 responses have been received. The Committee is currently working on IDEA Day scheduled for November 19 which will be a virtual event. Registration for the Region 5 Convention, September 16-18, will also be virtual, hosted by Chicago Intergroup is available at the website. Karen reported that there will be a Pass-it-On Marathon in 2023 but at this time it is not known whether it will be virtual or face-to-face.

ii. Super Committee

Shana reported that that Super Committee has developed its format for the virtual Newcomers Meeting and plans to launch of Monday, October 7 at 7:00 p.m. The Committee is looking for members who are willing to serve as temporary sponsors and chairs of the meeting. A flyer is being developed for the CCI and Region 5 websites. The Committee has tabled its plan for a fall social event in order to focus on the Newcomers meeting.

iii. Bylaws

Tina reported that the Committee is working on making physical corrections to the Bylaws.

VI. Announcements/Closing

Tina K announced that the Chesterland Monday night meeting will be hosting a Back-to-Basics in October. A flyer is forthcoming.

Prayers are asked for Mary Ann K. and Laura S.

There being no further business, the meeting adjourned with the Serenity Prayer at 3:36 p.m.

The next CCI Meeting is Sunday, September 18, 2022 at 2:30 p.m.

Respectfully submitted, Jo Aslan

"Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible"