

Singles:

Big thanks to BKC for writing the video and for his expertise in singles.

<https://www.youtube.com/channel/UCuFJa-IMBq4wOVeZFHvTmQ>

<https://www.smogon.com/dex/rs/pokemon/absol/>

<https://www.smogon.com/dex/dp/pokemon/absol/>

<https://www.smogon.com/dex/bw/pokemon/absol/>

<https://www.smogon.com/dex/xy/pokemon/absol/>

<https://www.smogon.com/dex/sm/pokemon/absol/>

VGC:

2014

<http://nuggetbridge.com/articles/teams-vgc-14-virginia-regional-championship/>

<http://nuggetbridge.com/articles/teams-vgc-14-winter-regionals/>

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<http://nuggetbridge.com/reports/look-mind-weirdo-2014-season/> Info on ashton cox's absol

2015

<http://nuggetbridge.com/reports/mega-absol-brings-disaster-seattle-top-cut-report/>