

Bio Statement for Carlos Hoyt

Carlos is a Licensed Independent Clinical Social Worker and a Ph.D. in social work. He provides psychotherapy to children, adolescents, adults, couples, and families, and consultation and training on matters related to social identity, social bias, and social justice to a number of organizations including [Boston College Lynch Leadership Academy](#), [Grub Street Writing Center](#), [Concord Academy](#), [Minds Matter Boston](#), [Tools of the Mind](#), [UCSF](#), [The CREST Collaborative](#), [Dover-Sherborn Regional Schools](#), [Arlington Publics Schools](#), and [The U.S. Department of the Interior](#). [NBCUniversal](#), New England, [Friends Academy](#), [Cathedral High School](#), [Massachusetts Organization of Educational Collaboratives](#), and other organizations that wish to optimize their inclusivity efforts and outcomes.

Carlos has served in numerous diversity, equity, and inclusion leadership roles, including as the Director of Equity & Inclusion at Belmont Day School, and Diversity, Equity & Inclusion Director at the Chestnut Hill School in Chestnut Hill Massachusetts. He has worked as Assistant Professor of Social Work at Wheelock College in Boston, MA, where he was the key faculty designer of the *Dynamics of Oppression and Privilege* courses for BSW and MSW students; he has held teaching positions at Simmons College, Lesley University, and Boston University, providing instruction in clinical skills and practice, group dynamics, multicultural assessment, and cultural competence; and he has served as the Associate Dean of Students at Phillips Academy in Andover, MA, where he provided psychotherapy to students, and consultation, training, supervision, and support to faculty and student leaders. His work with students as young as three years old to masters level has afforded him a unique perspective on learning and growth across a wide spectrum of development, backgrounds, and needs.

Through his research, writing, teaching, and training, Carlos interrogates master narratives and the dominant discourse on race with the goal of illuminating and virtuously disrupting the *racial worldview* and reductive identity constructs in general. Carlos's first book, *The Arc of a Bad Idea: Understanding and Transcending Race*, was published by Oxford University Press in 2016. He has written peer-reviewed articles on racism and spirituality and contributed an essay on empathy in a compendium of writings on peace psychology. Carlos appears on several podcasts and informational videos providing insights and guidance on topics such as diversity, equity and inclusion and racialization.

His approach in all forms of engagement with this challenging area of education, training, and growth combines preparing participants to interact fully, empathically, courageously, and candidly; grounding all content in facts and critical thinking; facilitating experiential opportunities for participants to be active synthesizers, versus passive receptacles, who can translate cognitive growth into positive personal action.

More information on Carlos can be found [here](#).

Corrected version:

Bio Statement for Carlos Hoyt

Carlos is a Licensed Independent Clinical Social Worker and a Ph.D. in social work. He provides psychotherapy to children, adolescents, adults, couples, and families, and consultation and training on matters related to social identity, social bias, and social justice to a number of organizations including [Boston College Lynch Leadership Academy](#), [Grub Street Writing Center](#), [Concord Academy](#), [The U.S. Department of the Interior, NBCUniversal](#), and the [Massachusetts Organization of Educational Collaboratives](#).

Through his research, writing, teaching, and training, Carlos explores how we understand and navigate identity, power, connection, and inclusion. Carlos's first book, *The Arc of a Bad Idea: Understanding and Transcending Race*, was published by Oxford University Press in 2016. He has written peer-reviewed articles on racism and spirituality and contributed an essay on empathy in a compendium of writings on peace psychology. Carlos appears on several podcasts and informational videos providing insights and guidance on topics such as diversity, equity and inclusion, and racialization, including a [TEDx Talk: Charting a Course Beyond Racism](#), and his ideas about race and the U.S. Census were recently featured in the [Washington Post](#).

Carlos approaches all of his work and interaction with the goal of creating conditions in which everyone can feel safe, brave, respected, and valued so that they, in turn, can foster the same crucial feelings in others.