

Click "File", then "Make A Copy" to create your own editable version of the document

AGOGE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

My Power Phrases (2-3)

- I thrive by diving headfirst into the deep end, where my courage meets its greatest test
 - I conquer obstacles, not just for myself, but for us.
 - RAW ACTION, this is what gets you to where you want to be.
 - The world favours the hard-workers, deciding the best thing to do, and doing it, **will reap rewards** for you.
 - YOUR MIND is the ONLY thing YOU can control
-

My Core Values (2-3)

- Responsibility
- Ambition, to always move forward, and not settle.
- My innate spirit of winning, it can't get destroyed.

My Daily Non-Negotiables (2-3)

- Daily checklist
- Train as hard as humanly possible
- Enjoy your life, There is no light without dark, ride the storm and enjoy life for what it is.

My Goals Achieved

- **Landing a retainer of at least £500:**

"I just wrapped up the most extraordinary sales call of my career. As I shut down my laptop, I find myself gazing out into the world, eagerly awaiting that familiar 'PING!' signalling the deposit of five hundred British Pounds into my bank account. With a grin of satisfaction, I sit back and realise how far I have come. The long, restless nights have all been worth it. The grind was worth it. I come to realise that the grind won't stop, it can't stop, due to the **time dilation of karma**. I then conquer even more, providing brilliant results for my new client.

- **Becoming Experienced:**

I've made £300, I apply for experienced, and I'M in. Ive officially made decent money, now its time to FUCKING conquer. I watch the level 5 videos, expanding my knowledge, deepening my inner grit for life, whilst acknowledging how far I have come, but how much further there is left to go.

- **Achieved a highly respected physique:**

I step on the scale, **80kg of pure muscle**. I am highly respected at my local gym, benching **110kg** with ease, squatting 150kg with my eyes closed. I train as hard as humanly

possible, always striving to how i felt during the final set of 200 burpees during the google program

My Rewards Earned

- I have proven to myself that I walk the walk after I talked the talk. I am finally proud of myself, going outside of the norm of society and making money for myself and becoming the best version of my-self.
- I'm the fucking man, **my mindset is my reward**, my mindset has changed, and im the fucking man at 18 years old. I walk into a room, people respecting me. Girls drooling over me, but ion want none of em, as I know they're not in my plan to succeed.
- I've invested in myself by upgrading my copywriting skills. This involved purchasing a new laptop and setting up a new background to serve as a daily reminder of the challenges I must conquer to thrive in the journey we call life

My Appearance And How Others Perceive Him

- I uphold a polished appearance, reflecting my commitment to self-respect and reliability. I prioritise bi-weekly haircuts to ensure a consistently fresh look. My crisp, meticulously pressed shirt communicates my deep belief in the importance of presenting oneself as healthy and hygienic, a quality that benefits me in all aspects of life, from casual strolls in town to professional encounters like sales calls
- My physique reflects my true self—a hard working, resilient man who never shies away from a challenge. While some may feel intimidated by my presence, I remain unfazed, choosing to smile and continue on my path.

- I navigate through life with a permanent smile, even in the face of my toughest challenges. Some think i'm crazy, but they fail to grasp the unyielding determination and hunger for success that drives me forward, no matter the obstacles in my path.

My Day In The Life Stories.

I wake up, fuelled by my deep, much needed refuelling session (i.e sleep).

I stretch my body, imagining my future self, who i am and where i ~~want~~ will go.

I jump in my shower, refreshing myself and getting my mind into where it needs to be to conquer the day.

I brush my teeth and go downstairs to eat my breakfast, The Breakfast Of Champions...#

Porridge,honey,banana,water all accompanied by a power up call.

I work from 8:30 - 11, conquering my daily checklist and client work. I have a light snack, and head to the gym.

BLASTING MY MIND, UNTIL IT CRACKS, I CAN'T TAKE THE PAIN ANYMORE, I FEEL SICK. but I get one more rep in, then 1 more, and then another one for good luck.

I come home, eat my lunch, and go through 30 mins of expanding my copywriting knowledge.

I then work from 2-6, focussed, effective work. If it gets tough, i take a step back and analyse.

Dinner from 6-8 with the marge, go on a dog walk, relax.

8-11:30 - working again, conquering again, reviewing my day to conquer the next day.

If work needs to get done, i will work until it gets done, simple.

I sleep, wake up at 7:30 to go do it all again, the grind is beautiful, life is beautiful, embrace it to the max, and have fun on the way.