

Characteristics, Skills, And Knowledge Worksheet

NAME: _____

Purpose

This chart has students create a visual representation of their own current characteristics, skills, and knowledge relevant to human services. It also helps students reflect on which characteristics, skills, or knowledge areas they would like to improve. This will be completed by hand in during the in-person class session.

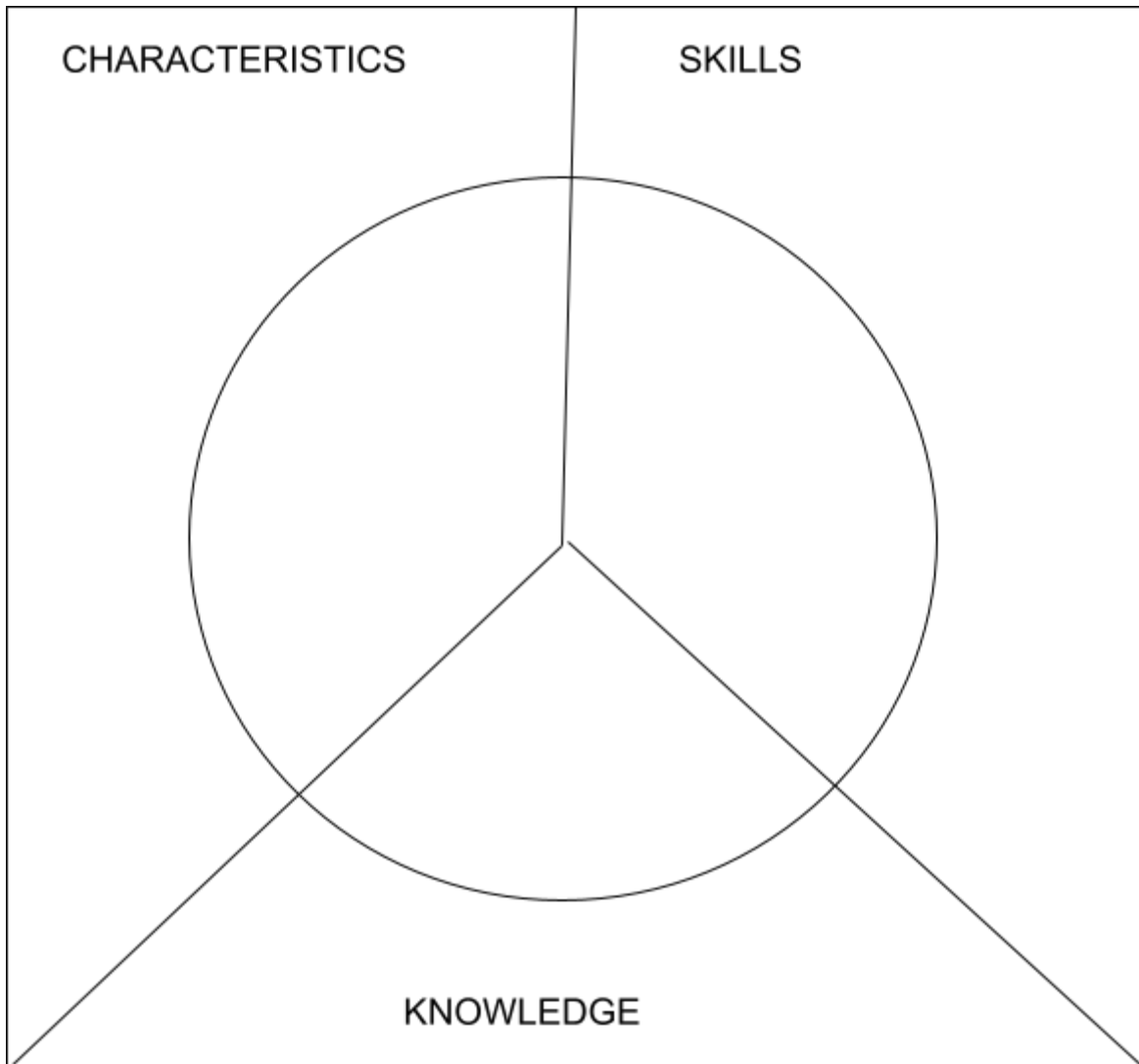
Instructions

1. In the circle on this worksheet, list the characteristics discussed in the text that you feel describe you.
2. In the other two sections of the circle, list the skills and knowledge you feel you already possess.
3. Outside the circle (in the box), list those characteristics, skills or knowledge that you would like to work on.
4. You can also add other strengths or areas that were not listed in the text, such as being bilingual, having experience with spectrum disorders, lived experience with homelessness, etc.

Criteria For Success

A successful outcome for this activity is for each student to reflect on what strengths they will bring to the field, as well as their areas of growth. In addition, the instructor will have a greater understanding of the students' perceived strengths and challenges.

Grades will be based on completion of the chart.



INSTRUCTOR COMMENTS