

4 KEYS TO FINDING PEACE IN UNCERTAIN TIMES



Any time some sort of crisis happens, why is our first instinct to head to the grocery store? It's because we want to be prepared—to be equipped. However, many times we may be physically equipped to handle the challenges life throws at us but spiritually we aren't sure what to do.

So how do we find peace in moments like these?

Respond to God.

Peace comes from a relationship with a perfect God. In order to reach Him, we have to be perfect. That's why we need Jesus—He brings us close to God and gives us His peace. That is our hope.

Recognize your source.

Challenges and uncertain times reveal where we put our trust. Just like when you squeeze a bottle of toothpaste, toothpaste comes out. It's the same way with us. When pressure comes, whatever we have filled ourselves with will come out. We have to ask ourselves—where are we looking to meet our needs? If it is anywhere other than Jesus, ultimately it can't fulfill us. So, we have to remind ourselves God is the source of our peace.

Remember the faithfulness of God.

Philippians 4:8-9 tells us, "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."

Our thinking affects us more than we realize. We have to remember to dwell on God's promises when we feel anxious or afraid. We trust His character more than our circumstances.

Reveal where your hope comes from.

In moments of crisis, the church has the greatest opportunity in the backdrop of darkness to be what Jesus said we are—a light on a hill. When we get outside of ourselves and serve those around us instead of being consumed with our own needs, things start to change. That is the power of spiritual family.

The Bible says Jesus is acquainted with every single fear, sorrow, or hurt we will ever experience. Peace in uncertain times is a gift from Jesus, and He wants to give it to us—all we have to do is receive it.

Here are three practical ways we can receive His peace:

Tune out negative voices.

Discipline our thoughts to think about His thoughts.

Ask the Holy Spirit to fill us with His peace.

Company Description

Milestone is a life-giving, Bible-centered, Spirit-filled church located in Haslet, TX. Reaching People. Building Lives.

Contact Details

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Google Site: <https://sites.google.com/view/milestonechurch/haslet>

Google Folder: https://drive.google.com/drive/folders/1zeMWglfi5iQQigXrpkOygwH-lSnxH6og?usp=drive_open

Recommended Resources

<https://mgyb.co/s/DBpmx>
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<https://mgyb.co/s/BRGCj>
<https://mgyb.co/s/KzkVt>
<https://mgyb.co/s/RjWWf>
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