

GRAND PRIX CYCLISTE DE CHARLEVOIX

TECHNICAL PROGRAM

May 30-31 - June 1, 2025

27th edition



présente

LES GRANDS RENDEZ-VOUS CYCLISTES DE CHARLEVOIX

propulsés par

VÉLOCHARLEVOIX



This event is sanctioned by
the federation



TABLE OF CONTENTS

Organization name and contact(s)	3
Organizing committee	3
FQSC sanctioned event	4
Participant eligibility and insurance	4
Registrations	4
Detailed timetable	6
Event website	8
Services available on the event site	8
Course	8
Runner safety on the course(s)	14
Services available on the route(s)	15
Maximum time to finish	16
Positioning bibs	16
Results and ceremonies	17
Applicable regulations	19
Volunteers	23
Relevant nearby addresses	23
Partners	25

Organization name and contact(s)

Vélo Charlevoix is a non-profit organization working to promote and develop cycling in Charlevoix through its three components: technical training and sports socialization with the Club Cycliste de Charlevoix, the presentation of events by the Grands Rendez-vous Cyclistes de Charlevoix (GRVCC) and the development (consultation, design, construction and maintenance) of off-road trails with Sentiers Vélo Charlevoix.

Facebook event page: www.facebook.com/velocharlevoix

Organization website: www.velocharlevoix.com

Event page on the FQSC website: www.velocharlevoix.ca/grand-prix-cycliste/

Email us if you have any questions: info@velocharlevoix.com

Organizing committee

Marc-Olivier Bouchard, **race director**

Éric Simard, **Technical Director**

Martin Simard, **caravan manager and logistics coordinator**

Marie-Claude Laurendeau-Desmarais, **general coordination, hosting, communications and finance**

Martin Gauthier, **signage**

Pierre-Paul René, **first aid**

Pierre Beauchesne, **registration**

Jacques Galarneau, **animation and protocol**

ROAD SAFETY PARTNERS

Sûreté du Québec

Transports Québec

EMC | Motorcycle Escorts

Municipalities of Charlevoix

STEWARDS AND TIMEKEEPERS

Nancy Daigle, **Chief Superintendent**

Geneviève Marcotte, **Assistant Commissioner**

Julie Barbeau, **Assistant Commissioner**

Daniel Caron, **Deputy Commissioner**

Anita Naud, **Assistant Commissioner**

Jean Boily, **Assistant Commissioner**

Nathalie Perron, **Assistant Commissioner**

Henri Lévy, **Assistant Commissioner**

Vallérie Trottier, **photofinish operator**

FQSC sanctioned event

The event is sanctioned by the Fédération québécoise des sports cyclistes (FQSC), and meets established organizational standards to ensure that it evolves in the safest possible environment. There is always at least one official present to represent the federation.

Participant eligibility and insurance

License :

All cyclists must obtain a license to participate in an event sanctioned by the FQSC, in order to benefit from the federation's liability and accident insurance coverage.

Regular license: Annual cycling license, UCI or FQSC. Participants with a regular license must provide proof of their license, either when pre-registering online (license number to be indicated), or directly on site (license to be presented).

Event license*: License valid only for the duration of the event, for \$20 when registering online.

** Event licenses are available to all Quebec residents (and Canadian residents), and to non-Canadian residents on condition that they provide proof of event accident insurance coverage at the time of registration.*

In the event of an accident during the event, an accident form will be completed on site by a member of the organization, and sent to the FQSC. You, too, will have to take the necessary steps in the event of a claim. More information is available on the FQSC website: <https://fqsc.net/assurances>

IMPORTANT:

- The selection races for the 2025 Canada Games are reserved for licensed athletes from Quebec born between 2005 and 2009, inclusive.
- Quebec Senior athletes born in 2004 or earlier will compete in the OPEN category (W | M).
- Junior and Senior athletes from outside Quebec, born in 2008 or earlier, may compete in the races scheduled for the OPEN categories (W | M).
- Athletes in the Junior and U21 Senior categories who hold an FQSC license are required to participate in the selection races for the 2025 Canada Games.
- Quebec U17 athletes born in 2009 may register either in the Canada Games selection race or in the regular U17 category.
- Second-year U15 riders will race with the U17 group and will not have a separate ranking.

Registrations

Registration for this event is online only.

https://forms.registration4all.com/EventRegistration/Register_Sport_Event.aspx?EventID=216454&RORG=OW

Regular fare date: until Tuesday, May 27, 2025 at 11:59 p.m.

Late tariff date: Wednesday, May 28, 2024 at 00:01 a.m. until Thursday, May 29 at 4:00 p.m.

Registration deadline :

Thursday, May 29, 2025 at 4:00 p.m. at current rates.

List of participants :

The FQSC will publish the official list of participants on the morning of **Friday May 30** on their website www.fqsc.net.

Confirmation of attendance :

All participants must confirm their attendance by following the schedule below:

- For Critérium participants: **Junior-Senior U21 (W | M)**, OPEN (W | M)
Friday, May 30: 3:00 pm to 5: pm
at the GRVCC tent at the start of the Critérium: 7, rue de la Balade
[View on map](#)
- For other participants: U17 (W | M), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M), Master 5 (M)
Bib pick-up on Friday, May 30: 6:00 to 7: p.m.
at the GRVCC tent at the start of the Critérium: 7, rue de la Balade
[View on map](#)
OR
Saturday June 1: 8:00 to 11:00 a.m. at the CLM start: 7, chemin Saint-Laurent
[View on map](#)

Meeting with riders and coaches :

Friday, May 30 from 9:15 pm at the Baie-Saint-Paul Town Hall, 15 rue Forget.

[View on map](#)

Conditions of registration :

By registering, participants confirm that they accept and agree to abide by the applicable regulations. He also agrees to comply with the directives of the organization's personnel, the commissaires, the FQSC cycling coaches, and the safety and first-aid services.

Each participant accepts the risks associated with his or her participation, including the risks of health, falls and collisions, as well as the risks associated with road traffic (if applicable) and adverse weather conditions.

It is the responsibility of each cyclist to ensure before participating in an event that he/she is in perfect health and fit for the physical effort required, and sufficiently trained to participate in the event for which he/she is registering.

Under no circumstances can the FQSC or the UCI be held responsible for accidents or health problems suffered by a cyclist as a result of participating in a recreational cycling event.

Detailed timetable

FRIDAY MAY 30, 2025 - CRITERIUM (1.2 km loop)

Eligible categories: Junior-Senior U21 (W | H), OPEN (W | H)

16h30 OPEN (W): 30 laps

17h30 OPEN (M): 35 laps

18h30 Junior-Senior U21 (W): 30 laps - Points race - Canada Games selection

19h30 Junior-Senior U21 (M): 35 laps - Points race - Canada Games selection

For more details, please consult the document Programme Équipe du Québec Route et Piste, 3.1 (https://fqsc.net/files/piste/PROG-EQ-QUE-Route-et-Piste-2025-26_250303_133639.pdf).

SATURDAY, MAY 31, 2025 - TIME TRIAL

(15.6 km round trip - starts every 30 seconds)

Eligible categories: U17 (W | M), Junior-Senior U21 (W | M), OPEN (W | M), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)

8h00 Start of race - starts every 30 seconds

Starting order: OPEN (M) - 3-minute pause

Junior-Senior U21 (M) (Canada Games selection) - 3-minute break

Master 1 (M) - 1 minute pause

Master 2 (M) - 1 minute pause

Junior-Senior U21 (W) (Canada Games selection) - 3-minute break

Master 3 (M), Master 4 (M), Master 5 (M) - 1 minute pause

OPEN (W), Master 1 (W), Master 2 (W), Master 3 (W)

U17 (W | M)

**Canada Games Selection and U17: The use of a time trial bike and associated equipment (aero bars, disc wheel, etc.) is prohibited. The bike must comply with the standards for a mass start road race.*

SATURDAY MAY 31, 2025 - ASCENSION

(12.5 km - climb 380 metres - maximum gradient 24%)

Eligible categories: **U17 (W | M), Junior-Senior U21 (W | M), OPEN (W | M), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)**

15h10 Start (1) Junior-Senior U21 (M) - Canada Games Selection

15h20 Start (2) OPEN (M)

15h30 Start (3) Master 1 (M)

15:40 Start (4) Master 2 (M)

15h50 Start (5) Master 3-4-5 (M)

16:00 Start (6) Junior-Senior U21 (W) - Canada Games Selection, OPEN (W), Master 1-2-3 (W)

16h10 Start (7) U17 (W | M)

SUNDAY JUNE 1th, 2025 - ROAD (126 km, 83 km and 47 km)

Eligible categories: **U17 (W | H), Junior-Senior U21 (W | H), OPEN (W | H)**

Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)

9h08 Start (1) OPEN (M) (126 km)

9h16 Start (2) Junior-Senior U21 (M) - Canada Games Selection (126 km)

9h24 Start (3) Master 1 (M), Master 2 (M) (126 km)

9h32 Start (4) U17 (M), Master 3 (M), Master 4 (M), Master 5 (M) (83 km)

9h40 Start (5) Junior-Senior U21 (W) - Canada Games Selection, U17 (W), OPEN (W), Master 1 (W), Master 2 (W), Master 3 (W) (83 km)

9:50 Start (7) Granfondo de Charlevoix (47 km/83 km)

IMPORTANT: schedule subject to change

Event website



Baie-Saint-Paul City Hall

15, rue Forget
Baie-Saint-Paul, Quebec
G3Z 3G1

[View on map](#)



Hôtel & Spa Le Germain Charlevoix

50 Rue de la Ferme
Baie-Saint-Paul
G3Z 0G2

[View on map](#)

Parking :

The main parking lot is just a few pedal strokes behind rue Ambroise-Fafard. [View on map](#).
Volunteers will be on hand to show you where to park.

Services available on the event site

Accommodation and catering services are offered by the many partners of the Grands Rendez-Vous Cyclistes de Charlevoix () www.velocharlevoix.ca/hebergement/

For the Routier event, we have changing rooms, toilets and showers at the Centre éducatif Saint-Aubin.

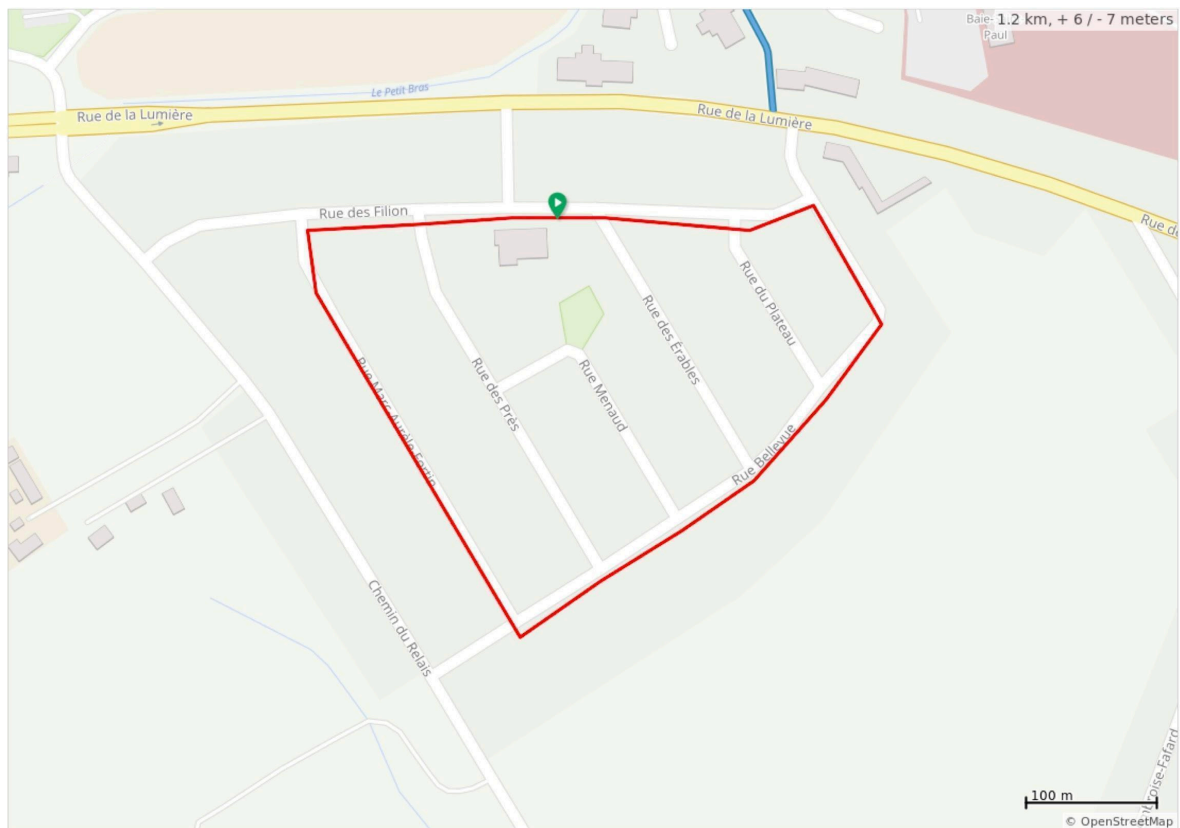
Course

All course maps are available on our website : www.velocharlevoix.ca/grand-prix-cycliste

FRIDAY MAY 30, 2025 - CRITERIUM (rue de la Balade, Baie-Saint-Paul)

Eligible categories: [Junior-Senior U21 \(W | M\)](#), [OPEN \(W | M\)](#)

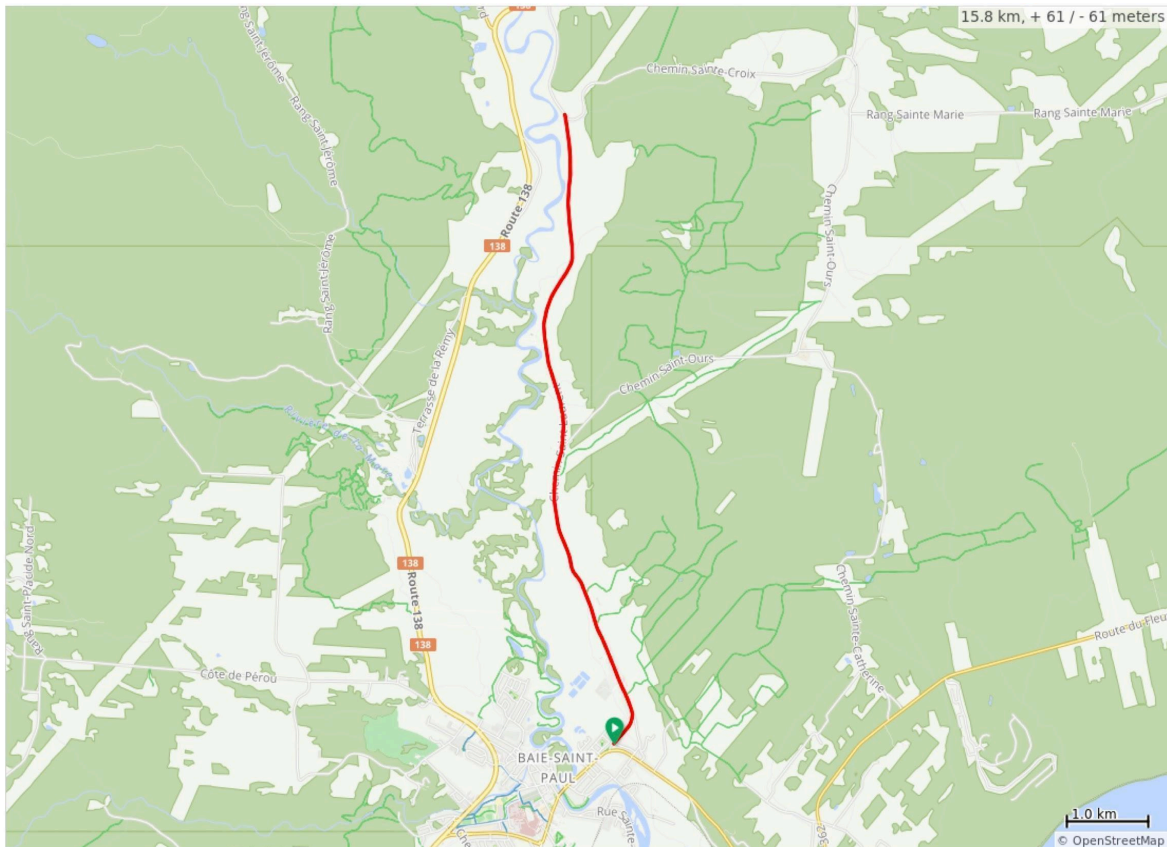
Route link : ridewithgps.com/routes/29492654



SATURDAY MAY 31, 2025 - TIME TRIAL (7 chemin Saint-Laurent, Baie-Saint-Paul)

Eligible categories: U17 (W | H), **Junior-Senior U21 (W | H)**, OPEN (W | H), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)

Route link : ridewithgps.com/routes/29492736

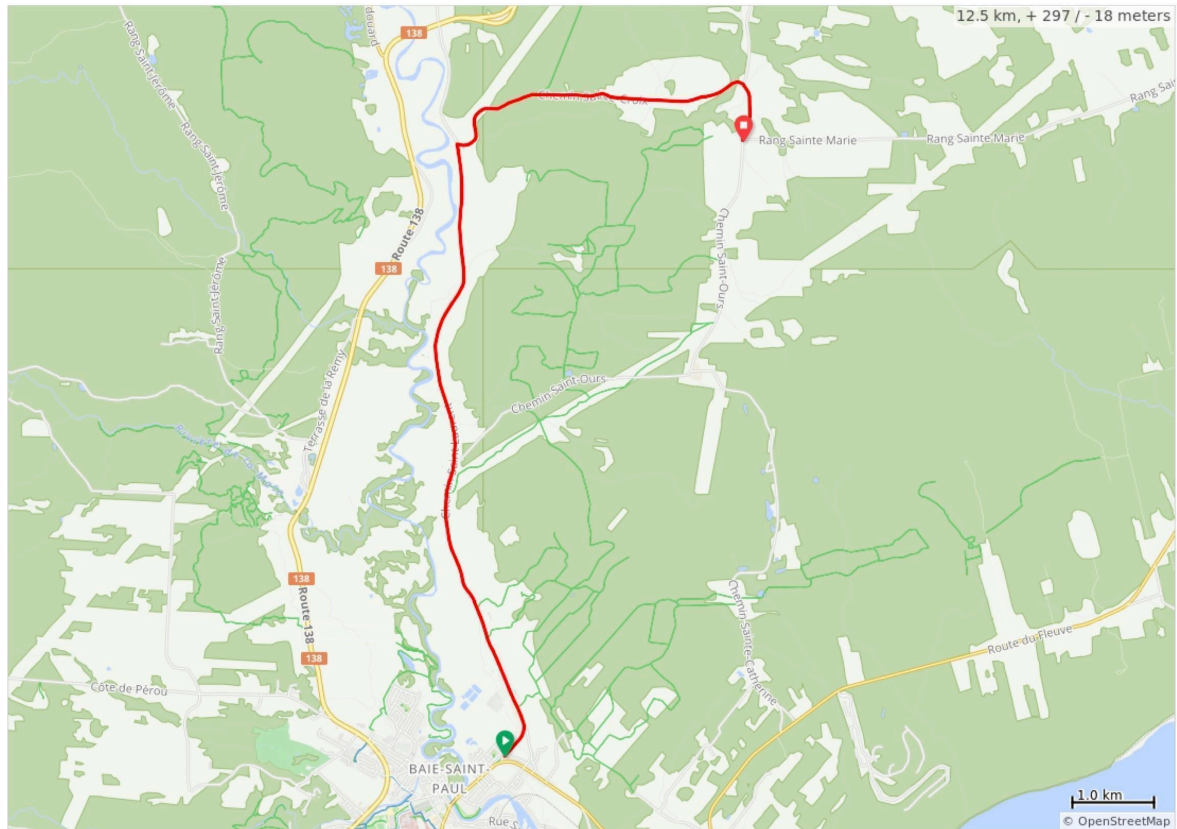


SATURDAY MAY 31, 2025 - ASCENSION (7 Chemin Saint-Laurent, Baie-Saint-Paul)

Eligible categories: **U17 (W | H)**, **Junior-Senior U21 (W | H)**, **OPEN (W | H)**

Master 1 (W | M), **Master 2 (W | M)**, **Master 3 (W | M)**, **Master 4 (M)** and **Master 5 (M)**

Route link : ridewithgps.com/routes/29492884



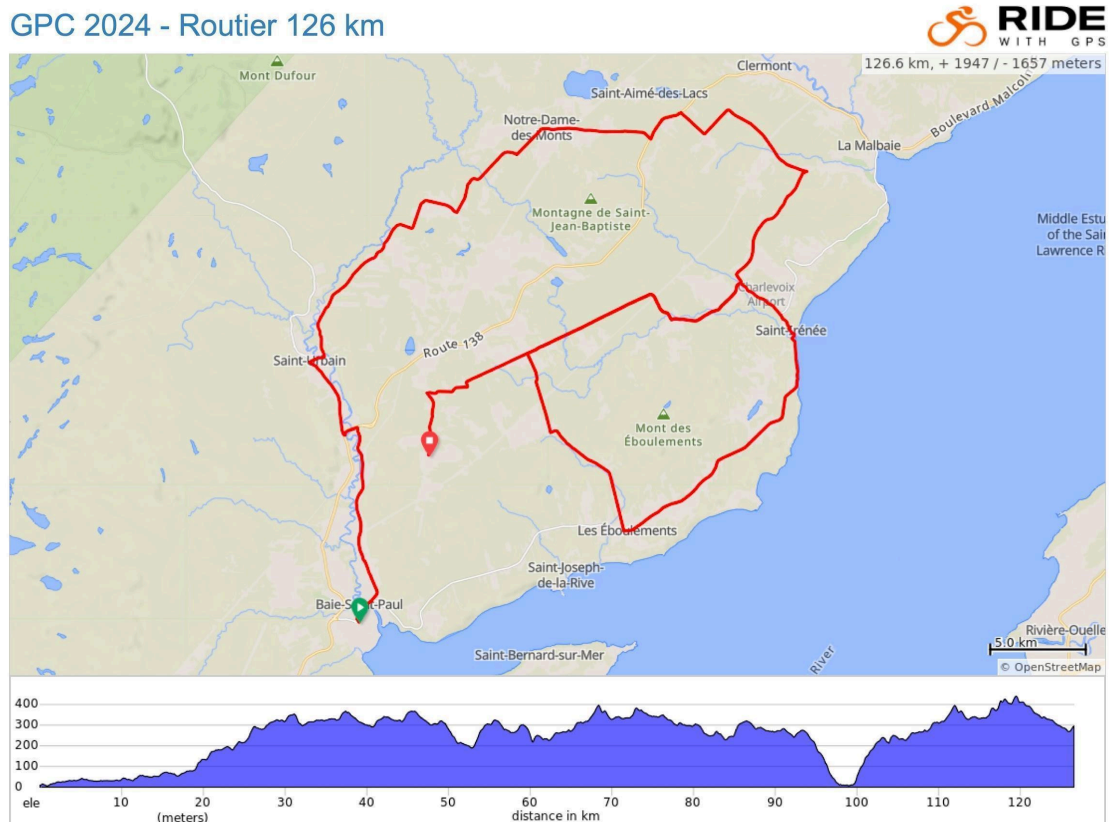
SUNDAY JUNE 1TH, 2025 - ROAD (Hôtel Le Germain Charlevoix)

Eligible categories for 126 km: **Junior-Senior U21 (M)**, **OPEN (M)**

***Controlled start over 1.5 km between the start and the Rang St-Laurent entrance**

Route link : ridewithgps.com/routes/45607732

GPC 2024 - Routier 126 km



GPC 2024 - Routier 126 km

Num	Dist	Type	Note
1.	0.0	📍	Start of route
2.	0.2	↻	Faites demi-tour sur Rue de la Ferme
3.	0.2	➡	Tournez à droite sur Rue Ambroise-Fafard, 362
4.	1.5	⬅	Left onto Chemin Saint Laurent
5.	10.9	⬅	Left onto Rang Saint-Georges, 138
6.	11.7	➡	Right onto Rue Saint-Edouard, 381
7.	16.1	➡	Right onto Rue Sainte-Anne
8.	29.6	⬅	Left onto Rang Saint-Antoine
9.	34.5	⬅	Left onto Rue de la Forêt
10.	36.3	➡	Right onto Rue Notre-Dame
11.	42.1	⤴	Sharp left onto Route 138, 138
12.	44.3	➡	Right onto Rue Principale
13.	53.0	⤵	Sharp right onto Rang Sainte-Madeleine

53.0 kilometers. +669/-488 meters

Num	Dist	Type	Note
14.	60.3	➡	Right onto Rang Saint-Pierre
15.	64.7	➡	Right onto 1e Rang
16.	73.6	⬅	Left onto Chemin Cartier
17.	77.9	⬅	Left onto Rang Sainte-Marie
18.	84.8	⬅	Left onto Route du Fleuve, 362
19.	101.2	⬆	At roundabout, take exit 2 onto Rang Saint-Pierre
20.	108.3	➡	Right onto 1e Rang
21.	123.2	⤴	Sharp left onto Route Sainte-Croix
22.	125.8	⬅	Left onto Chemin Sainte-Croix
23.	126.6	📍	End of route

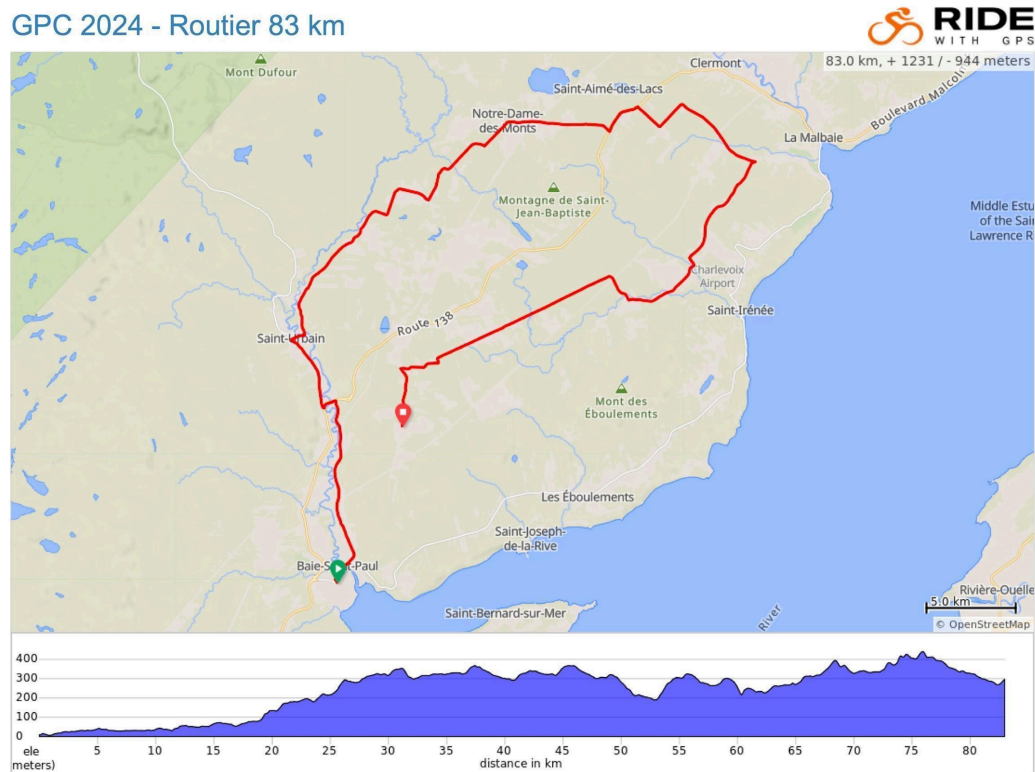
73.5 kilometers. +1094/-1019 meters

Eligible categories for 83 km: U17 (W | H), **Junior-Senior U21 (W)**, OPEN (W), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)

***Controlled start over 1.5 km between the start and the Rang St-Laurent entrance**

Route link : ridewithgps.com/routes/45607725

GPC 2024 - Routier 83 km



GPC 2024 - Routier 83 km

Num	Dist	Type	Note
1.	0.0	📍	Start of route
2.	0.2	➡	Tournez à droite sur Rue Ambroise-Fafard, 362
3.	0.2	↻	Faites demi-tour sur Rue Ambroise-Fafard, 362
4.	1.5	⬅	Left onto Chemin St Laurent
5.	10.9	⬅	Left onto QC-138 O
6.	11.7	➡	Right onto QC-381 N (signs for Saint Urbain)
7.	16.2	➡	Right onto Rue Sainte-Anne
8.	29.7	⬅	Left onto Rang Saint-Antoine
9.	34.5	⬅	Left onto Rue de la Forêt
10.	36.3	➡	Right onto Rue Notre-Dame
11.	42.2	⤴	Sharp left onto Route 138, 138
12.	44.4	➡	Right onto Rue Principale
13.	53.0	⤵	Sharp right onto Rang Sainte-Madeleine
14.	60.3	➡	Right onto Rang Saint-Pierre

60.3 kilometers. +839/-621 meters

Num	Dist	Type	Note
15.	64.7	➡	Right onto 1e Rang
16.	79.6	⤴	Sharp left onto Route Sainte-Croix
17.	82.2	⬅	Left onto Chemin Sainte-Croix
18.	82.4	⤴	Keep right onto Chemin Sainte-Croix
19.	83.0	⤴	Sharp left onto Chemin Sainte-Croix

22.6 kilometers. +301/-284 meters

Runner safety on the course(s)

Road safety:

It is imperative that cyclists stay in the right-hand lane. In the very rare cases where cyclists can use both sides of the road, this will be made clear to them at the start, if necessary. In the case of climbs, curves or side winds (kerbs), crossing the yellow line will not be tolerated, as this is often the moment when motorists fail to see cyclists coming and a serious accident can occur. In the event of non-compliance, the stewards will apply the prescribed penalty, i.e. the removal of the cyclist at fault, as the safety of cyclists is at stake.

Caravan (Ascension and Road) - The organization will provide a caravan of several dozen vehicles to ensure the safety of the runners and transport race officials, media, breakdown equipment and runners who have retired. These vehicles will be grouped together near the start area, by starting wave, and duly identified. Volunteers will also be on hand to direct runners and accompanying persons to the recovery vehicles.

Breakdown service - No neutral breakdown service will be provided by the organization. However, the organization will provide the riders with breakdown vehicles in which breakdown equipment can be stored.

If they wish to integrate their spare equipment into the caravan, riders must properly identify their wheels and place them in the vehicle of their choice.

In the event of a breakdown, **the rider must raise his hand** to indicate that he is slowing down and to signal the driver of the nearest recovery vehicle to stop. Breakdown recovery takes place on the right-hand side of the road. The rider retrieves and installs the equipment himself. The vehicle driver will provide access to the equipment in his vehicle, but will not provide any other assistance to the rider. Wherever possible, a rider whose bike has broken down will use his own equipment, but no specific checks will be made by the organization in this respect. **A rider who has his breakdown equipment in an organization vehicle tacitly accepts that another rider may use his equipment.** At the time of recovery, the rider must give the driver his race number and the name or number shown on the equipment taken.

The organization and volunteers are not responsible for any breakage, theft or loss of equipment that may occur before, during or after the event.

Team vehicles - In addition to the organization caravan, the organization will allow team vehicles (Junior and Senior categories only) to join the caravan. To have a team vehicle, a team must be made up of a minimum of two women or three men from the same club.

These vehicles will be positioned after the organization vehicles at each starting wave, according to the position of the best rider of each team after the 2 or 3 completed stages, as the case may be. Vehicles will be identified by numbers supplied by the organization.

Drivers of team vehicles must have a valid license, which will be presented to the chief commissaire at the technical directors' meeting. Team vehicles in the caravan must meet UCI standards in terms of dimensions (**maximum height 1.66 metres**). Non-standard vehicles will be placed at the rear of the

caravan. Drivers of team vehicles must report to the designated parking area by 8.00 a.m. at the latest. Latecomers will be relegated to the end of the caravan.

Medical service :

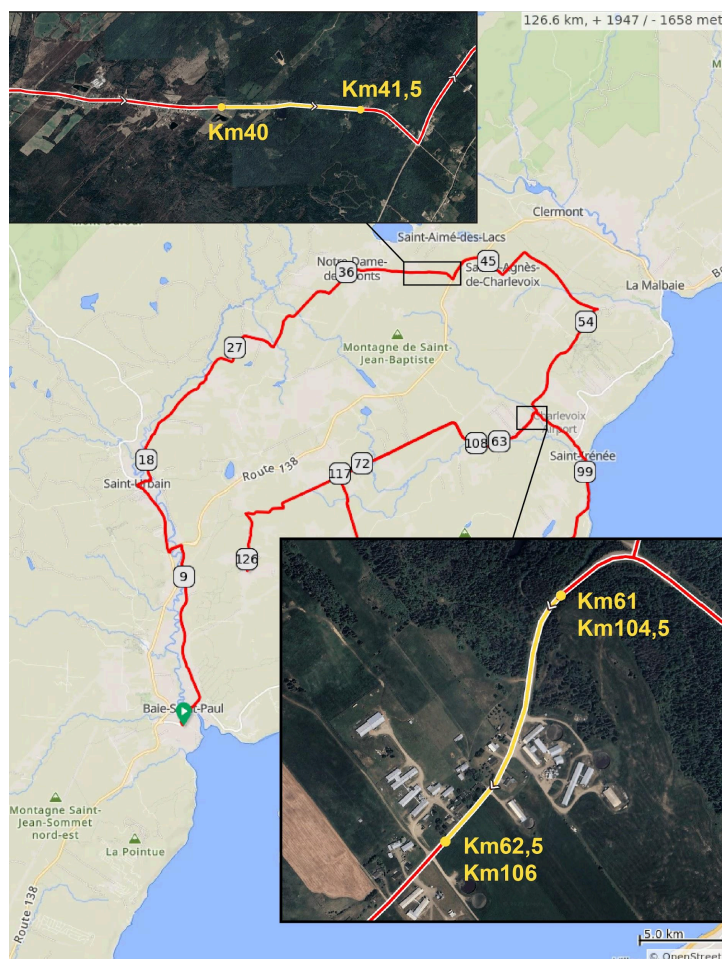
A medical service will be present during the event. This service will also be mobile on the event course(s) to intervene if necessary.

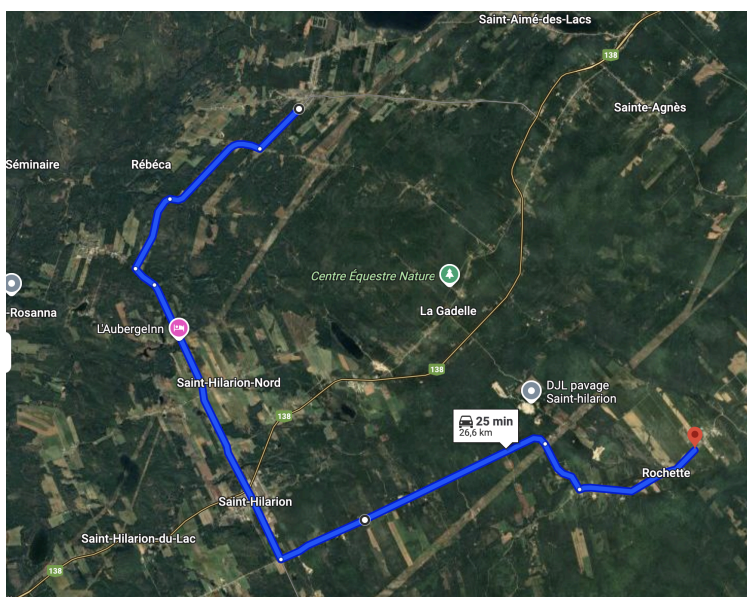
Weather condition :

Even if the weather is inclement, the event will still take place. If conditions are extreme, the decision to cancel the event will be taken by the chief steward and members of the organization. This decision will be taken on the day of the event, and cannot be contested.

Services available on the route(s)

During the Road Race event, three feed zones will be set up along the course (see the map below). Due to the distance between them, we strongly recommend having two separate feed zone teams. If you choose to move between points with a single team, please use the suggested route below — while Google Maps may offer alternative options, some roads may be less suitable for your vehicle, so watch out for your suspension! Lastly, please drive with extreme caution, as you will encounter cyclists throughout the course.





At the finish, a refreshment area will be available where participants can drink, snack, take shelter and warm up.

For all events, you will find portable toilets at each start and finish.

Finally, if participants do not wish to return to **Hôtel Le Germain Charlevoix** by their own means, a shuttle service will be offered by the organization.

Maximum time to finish

At kilometer 56, all cyclists who have not passed within 3 hours of the start (average speed 20 km/h) will be invited to use the broom wagon.

Positioning bibs

Permanent race numbers and frame plates are mandatory for the Grand Prix Cycliste de Charlevoix. Non-members of the FQSC will be issued a provisional yellow bib, which must be returned on Sunday after the last race.

Those who have not yet collected their permanent number and frame plate will be able to pick them up on site.

- A. When registering, the runner **must present his or her license** and permanent race number.
- B. Riders **must wear two race numbers** in all events except the individual time trial, where they are required to wear only one number, positioned on the side and edge of the finish platform.



Results and ceremonies

Ceremony locations by stage

CRITÉRIUM: GRVCC tent at the start of the Critérium (rue de la Balade).

TIME TRIAL, ASCENSION, ROUTIER AND CUMULATIVE: The time trials and Ascension will begin at **1:45 p.m.** in the backyard of Hôtel Le Germain Charlevoix.

As soon as the official results of the Road Race and the Cumulative Race have been posted (on the board near the official tent) and made official by the Chief Steward, we will proceed with the official results ceremony. It is the athletes' duty to present themselves to collect their medals and bursaries: your cooperation is requested.

Medals will be awarded to the 1st, 2nd and 3rd positions for each stage. Trophies will be awarded to the 1st, 2nd and 3rd positions and the "**GPCC 2025 Winner**" jersey to our overall champions in each category.

Cash prizes will be awarded to riders in the **U17 (W | H)**, **Junior-Senior U21 (W | H)** and **OPEN (W | H)** categories for all events and overalls. The total value of the scholarships will depend on the participation rate. See the table on the next page for more information.

Remittance procedure

Medals will be awarded according to the established schedule. Stage prizes will be awarded individually after the medals. It will be the rider's responsibility to pick up his prize money at the prize-giving table with proof of identity (UCI license, driver's license or health insurance card).

Overall podiums will be reserved for the top five positions in each category.

The amounts awarded to the **Junior-Senior U21 (W | H)** and **OPEN (W | H)** categories follow this table.

Nb. Coureurs par catégorie	Sr 1-2 H et F	
1 ou 2	n/a	n/a
3 à 4	175	G – 115 (70 / 45)
		E – 60; (15) * 4
5 à 9	280	G – 200 (100 / 60 / 40)
		E – 80; (20) * 4
10 à 14	525	G – 385 (150 / 115 / 80 / 40)
		E – 140; (35) * 4
15 à 19	790	G – 570 (170 / 140 / 115 / 85 / 60)
		E – 220; (35 / 20) * 4
20 à 24	1 050	G – 750 (225 / 190 / 150 / 110 / 75)
		E – 300; (45 / 30) * 4
25 à 29	1 315	G – 915 (275 / 225 / 185 / 140 / 90)
		E – 400; (60 / 40) * 4
30 à 39	1 575	G – 1 115 (335 / 280 / 225 / 165 / 110)
		E – 460; (60 / 35 / 20) * 4
40 à 49	2 100	G – 1 500 (400 / 340 / 280 / 220 / 160 / 100)
		E – 600; (75 / 45 / 30) * 4
50 à 59	2 625	G – 1 865 (495 / 420 / 350 / 275 / 200 / 125)
		E – 760; (95 / 55 / 40) * 4
60 et plus	2 800	G – 2 000 (535 / 455 / 375 / 295 / 210 / 130)
		E – 800; (100 / 60 / 40) * 4

U17 (W | M) athletes from all regions including Quebec: cumulative only for top 5 positions G-350 (\$105/\$90/\$70/\$50/\$35) no bursary for stages

Applicable regulations

The FQSC regulations: Chapter 8 - [Road](#) (April 2025) are applicable to all events sanctioned by the federation.

Specific regulations for the event :

The event will be run under UCI, CC and FQSC rules. UCI, CC or FQSC penalties will apply. UCI anti-doping regulations may apply.

The **Grand Prix Cycliste de Charlevoix** is an interprovincial sanctioned competition. In 2025, this road cycling competition will serve as a selection event for the Quebec men's and women's teams taking part in: the next Canada Games for the **Junior (M | F)** and **Senior U21 (M | F)** categories **born from 2005 to 2009 inclusively***; the Canadian Championships for the **U17 (M | F)**, **Junior (M | F)** and **Senior U23 (M | F)** categories. It is also a qualifying event for the **Tour de l'Abitibi** in the **Junior (M)** category. Finally, the **Grand Prix Cycliste de Charlevoix** has been an integral part of the **Association des Cyclistes Vétérans du Québec (ACVQ) Super Prestige** series for several years.

IMPORTANT:

- The selection races for the 2025 Canada Games are reserved for licensed athletes from Quebec born between 2005 and 2009, inclusive.
- Quebec Senior athletes born in 2004 or earlier will compete in the OPEN category (W | M).
- Junior and Senior athletes from outside Quebec, born in 2008 or earlier, may compete in the races scheduled for the OPEN categories (W | M).
- Athletes in the Junior and U21 Senior categories who hold an FQSC license are required to participate in the selection races for the 2025 Canada Games.
- Quebec U17 athletes born in 2009 may register either in the Canada Games selection race or in the regular U17 category.
- Second-year U15 riders will race with the U17 group and will not have a separate ranking.

Eligible categories: U17 (W | H), **Junior-Senior U21 (W | H)**, OPEN (W | H), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M)

Cumulative time classification will be applied. The winners of the Grand Prix Cycliste de Charlevoix in the **Junior-Senior U21 (W | M)** and OPEN (F | H) categories will accumulate, in their respective categories, the best time of the four stages (Criterium, Time Trial, Ascension and Road). As for the U17 (W | M), Master 1 (W | M), Master 2 (W | M), Master 3 (W | M), Master 4 (M) and Master 5 (M) categories, the winners of the Grand Prix Cycliste de Charlevoix will accumulate, in their respective categories, the best time of the three scheduled stages (Time Trial, Ascension and Road).

To be eligible for the final ranking, riders must complete each of the 3 or 4 stages, depending on the program associated with their category. To be eligible for the next stage, participants must have completed their stage.

With the exception of the Critérium, riders must stay in the right-hand lane at all times.

The routes and their gradients are available online on the [Vélo Charlevoix website](#).

Waiver of image rights - By registering for the **Grand Prix Cycliste de Charlevoix**, participants waive their image rights and allow the organization to use any audiovisual material in which they may appear for promotional, advertising or other purposes. He/she also waives the right to receive any form of remuneration for the use of audiovisual material in which he/she appears.

Withdrawal - A rider who withdraws must notify the table steward immediately on pain of a \$50 fine (article 12.1.40.6) of the UCI rules.

Sanction - A rider who is caught for unsportsmanlike conduct, for committing a fraud or an irregular act, for improper conduct in public, for insulting a commissaire, or for any other act of similar impertinence that does not correspond to the ethical and safety criteria of the sport of cycling may be withdrawn from the event by the chief commissaire of the event. A more severe penalty, depending on the seriousness of the offence, may also be imposed by the Steering Committee. We remind you that it is forbidden to litter the course.

Shirts - Short- or long-sleeved shirts, jerseys or sweaters must be worn to cover the shoulders.

Signatures - Each racer must sign the starters' confirmation register no later than 15 minutes before the start of his race. Any rider who fails to do so will be fined \$10.

Refuelling zone - Refuelling is forbidden on the downhill sections and **in the first 30 and last 20 kilometers**. The commissaires' panel may reduce the above-mentioned distances according to the category of the event, the weather conditions, the profile and the length of the event. This decision will be announced before the start of the event. No refreshments will be provided on the course by the organizers.

Out-of-time runners - As a general rule, there are no out-of-time runners in road races. However, any rider who arrives later than a certain time after the peloton has passed the finish line will be withdrawn from the race by the ballet car and given a time corresponding to that of the last rider to complete the total distance of the race, plus the time he was behind when he crossed the line.

*time after peloton arrives at finish **-30 minutes** (e.g. peloton arrives at 11:30 + 30 minutes = 12:00 end of race for this category).

Garbage - Riders are forbidden to dispose of garbage, cans or any other objects on the circuit outside the designated area, under penalty of punishment.

Finish - The finish is located near 307, chemin Saint-Ours. [View on map](#).

At the finish, a refreshment area will be available, where participants can drink, snack, shelter and warm up.

Accompanying persons may use chemin Saint-Ours to get to the finish. Traffic on chemin Sainte-Croix will be restricted. Cyclists may use Chemin Sainte-Croix to return to the start line (Hôtel Le Germain Charlevoix) by their own means and with caution, after the race. If participants do not wish to return to downtown Baie-Saint-Paul by their own means, a shuttle service will be offered by the organization.

Specific rules for the Critérium :

Management of doubled runners - General principles :

- A. In criteriums where the circuit is very short, cramped or hazardous, riders who are dropped and are not part of the main field will be immediately withdrawn when they are caught by the lead car.
- B. If a breakaway takes a lap on the main field, it may rejoin the field with the same rights and obligations as the other riders. Unless otherwise specified, all riders finish on the same lap as the winner.
- C. For starts where there is more than one category and more than one podium (e.g. junior H/senior 3, masters 3-4-5, women), all runners overtaken by the race leader remain in the race. Furthermore, if they are all overtaken in a category, the athletes must run their race as well as their final sprint.
 - a. Riders overtaken by the frontrunners have the right to hold on to the peloton and follow the race. However, under no circumstances may they influence the course of the race, i.e. by joining the breakaway, taking part in the final sprint, being at the front of the pack or helping a rider from the same club.
 - b. Riders overtaken by the leading riders will finish on the same lap as the winner and their time will be calculated according to their average speed and the number of laps overtaken. However, they may not at any time take part in the final sprint. In the event of non-compliance, the rider will be disqualified.

Critérium results will be posted in the parking lot at the Critérium start area.

On a circuit of 3 km or less, a compensation lap will be allowed up to 5 km from the end of the race, for mechanical breakdown, puncture or crash, following a check by a commissaire. In addition, a rider may obtain as many compensation laps as there are incidents. A rider delayed due to a fall will only be entitled to a compensation lap if he has fallen himself.

Specific time trial rules :

Bicycle regulations adopted by the Union Cycliste Internationale (articles 1.3.006 to 1.3.025) will be applied for all categories, and at all races in Quebec. Bicycle checks are mandatory for all provincial, interprovincial, national and international sanctioned time trials. **Riders must arrive at least 15 minutes before their start time** at the site (7, chemin Saint-Laurent) to have their bikes checked, and may not leave the site after the final check. A rider arriving late will not be allowed to start his race. Stewards will be available for a preliminary measurement before the start of the first race. This does not, however, replace the official pre-start check.

If a rider has a puncture or a technical breakdown approved by the chief commissaire or his substitute during the time trial and is unable to finish that event, he will receive a time equivalent to that of the last rider in his category plus 1 minute and will be allowed to start the next event.

The start list will be posted on the marquee near the start, as will the results of this event.

No vehicle may follow a rider during the time trial.

Canada Games Selection and U17: The use of a time trial bike and associated equipment (aero bars, disc wheel, etc.) is prohibited. The bike must comply with the standards for a mass start road race.

Regulations specific to Ascension :

No vehicle may follow a runner during the Ascension.

It is FORBIDDEN TO PARK A VEHICLE OR TO DRIVE ON THE ASCENSION COURSE between 2.45 p.m. and 5.00 p.m. under penalty of disqualification of the team caught at fault.

A technician (without a vehicle) may be positioned on Chemin Sainte-Croix (main climb) to provide mechanical assistance to racers during the event.

Team vehicles can wait for their athletes at the finish line on **Chemin Saint-Ours**. They must **arrive before 2.55pm or after 4.20pm. No vehicle may reach the finish between 2.55 p.m. and 4.20 p.m.** under penalty of disqualification. The return journey must also take place via Chemin Saint-Ours.

After the event, the organization will set up a caravan to ensure the safety of riders wishing to return to downtown Baie-Saint-Paul by bike via Chemin Sainte-Croix.

If a rider has a puncture or a technical breakdown approved by the chief commissaire or his substitute during the climb and is unable to finish the event, he will receive a time equivalent to that of the last rider in his category plus 1 minute and will be allowed to start the next event.

Each starting wave will be followed by a steward's vehicle.

The organization will have a broom wagon behind the last start.

Ascension results will be posted on the site and at the start of the Routier on Sunday June 11 at the Centre éducatif Saint-Aubin.

Volunteers

It's thanks to our volunteers that the Grands Rendez-Vous Cyclistes de Charlevoix is a success year after year. More than 100 volunteers have put in almost 2,550 hours of hard work! Their role is essential to the success of our organization, and we're very grateful.

If your companions would like to get involved, simply write to us (info@velocharlevoix.com) or fill in the form on our website.

Relevant addresses nearby

Hospital :

City: Baie-Saint-Paul

Address: 88 Rue Racine, Baie-Saint-Paul, QC G3Z 0K3

Telephone: (418) 435-5150

Accommodation :

For your hosting needs, please visit our website: www.velocharlevoix.ca/hebergement/

Message from Our Presenting Partner

Desjardins is proud to present the 2025 Grands Rendez-vous Cyclistes de Charlevoix, a flagship sporting event in the region that brings together a wide range of participants and aims to promote healthy lifestyle habits and personal achievement. These goals are deeply rooted in our values. We invite everyone to take part in large numbers, to enjoy the moment, activate their well-being, and experience the very best our region has to offer!

All in for health



 Desjardins

PARTENAIRE PRÉSENTATEUR



PARTENAIRES INSTITUTIONNELS



PARTENAIRES RENDEZ-VOUS



PARTENAIRES SERVICES



PARTENAIRES MÉDIAS



PARTENAIRES HÉBERGEURS – AMIS DU PELOTON



PARTENAIRES AMIS DU PELOTON



Garage P.-H. Ménard

