

SLOHS All-Time Best Mt. SAC: Mt. SAC Invite, CIF-SS Championships 1988 - present**Senior Boys**

William Ernst	14:57	2014
Dan Nunn	14:58	2003
Callum Bolger	14:59	2016
Seamus Land	15:08	2011
James Menon	15:14	1990
Brian Medigovich	15:18	2004
Luke Kraemer	15:30	2011
Lewis Westwood	15:36	2021
Josh Ernst	15:37	2012
Jeremy Costello	15:37	2013

Junior Boys

Callum Bolger	14:59	2015
William Ernst	15:11	2013
Dan Nunn	15:26	2002
Seamus Land	15:36	2010
Jeremy Riley	15:38	2006
Brian Medigovich	15:48	2003
Adam Divergilio	15:52	1990
Ben Abbott	15:55	2000
Quinn White	16:00	2021
Kyle Morriss	16:03	1988
Luke Kraemer	16:03	2010

Sophomore Boys

Callum Bolger	15:03	2014
James Menon	15:55	1988
Dan Nunn	15:57	2001
Avery Blackwell	16:11	1994
William Ernst	16:13	2012
Matthew Scurria	16:16	2017
Adam Divergilio	16:17	1989
Seamus Land	16:22	2009
Weston Greenelsh	16:23	2021
Willie Jones	16:32	1999
Justin Hatcher	16:32	2017

Freshmen Boys

Callum Bolger	16:06	2013
Brady Jones	16:34	2003
Aidan Stamford	17:10	2017
Adam Divergilio	17:19	1988
Matthew Scurria	17:23	2016
William Ernst	17:26	2011
Avery Blackwell	17:30	1993
Stephen Kasper	17:39	2007
Dan Nunn	17:41	2000
Mike Chaney	17:56	1989

Senior Girls

Christine Hoffmann	17:33	2011
Jenna Kingma	17:55	2003
Kelsey Harper	18:29	2013
Olivia Carmo	18:30	2012
Micayla Rennick	18:38	2012
Kyra Patterson	18:40	1997
Kathleen Uyttewaal	18:46	2010
Malea Martin	18:49	2014
Rachel Valliere	18:50	2002
Christina Hand	18:59	2000

Junior Girls

Jenna Kingma	18:00	2002
Christine Hoffmann	18:25	2010
Kathleen Uyttewaal	18:36	2009
Micayla Rennick	18:40	2011
Olivia Carmo	18:55	2011
Allysa Rueschenberg	18:58	2004
Ali Valle	18:59	1999
Julia Uyttewaal	18:59	2007
Leah Rife-Dupuy	19:12	2011
Malea Martin	19:12	2013

Sophomore Girls

Ali Valle	18:47	1998
Micayla Rennick	18:51	2010
Julia Uyttewaal	19:03	2006
Jenna Kingma	19:08	2001
Kathleen Uyttewaal	19:19	2008
Alexi Steinmaus	19:39	2017
Allysa Rueschenberg	19:53	2003
Samantha Simard	19:59	2016
Christine Hoffmann	19:59	2009
Christina Hand	20:00	1998

Freshmen Girls

Christina Hand	19:01	1997
Micayla Rennick	19:04	2009
Julia Uyttewaal	19:28	2005
Leah Rife-Dupuy	19:36	2009
Grace Greenelsh	19:59	2017
Jenna Kingma	20:00	2000
Lauren Jefferson	20:00	1988
Nona Harkins	20:03	1986
Julia Bloom	20:03	2017
Rebecca Mclean	20:07	1996