



BOUNTIFUL FOOTBALL SPRING & SUMMER CALENDAR

- **Spring Practices (Weather Permitting):**
 - Varsity: Wednesday's AM (Mar. 27th – May 8th *no practice April 3rd) 6:45 – 8 AM
 - All Varsity practices will be at Rockwell Sports Field
 - 1431 South 1800 West, Woods Cross, UT 84087
 - 8th/9th: Monday's PM (Mar. 25th – May 6th *no practice April 1st)
 - Gym Floor (***weather permitting**) from 3:30 – 4:30 PM
 - Bad weather will result in switching practice to film study
 - Lifting from 4:30 – 5:30 PM
 - *8th Grader Parent Meeting on Mar. 25th at 5:30 PM in weight room
 - Saturday's: April 13th & May 4th at Rockwell Sports Field
 - Varsity 9:00 – 10:30 AM
 - 8th/9th 10:30 – Noon
 - *Priority to 'In-Season' sports – Love multisport athletes!
 - No practices during spring sports state tournaments
- **Based on how our spring sports do in state, more practices could be scheduled during the last week of school (May 22nd – May 26th)
- **Program Meeting:** Wednesday, May 1st from 8 – 9 PM, BHS Field House
- **Weber Power Lifting Championship:** Saturday, May 11th @ Weber High School
 - Bench, Squat, and Power Clean
 - \$20 per participant
 - Contact Coach Walker with questions and to register
- **Summer Conditioning:** Monday, June 3rd – Tuesday, July 23rd
 - Monday/Wednesday - Weight Training
 - Group A (Varsity): 6:30 – 7:30 AM
 - Group B (Varsity): 7:30 – 8:30 AM
 - Group C ("Frosh"): 8:30 – 9:30 AM
 - *Groups assignments TBA and will rotate times throughout the summer
 - Tuesday/Thursday - Conditioning
 - Everyone: 7:00 – 9:00 AM, Location TBA
- **7-on-7:** Possible Tournaments (*Lineman Challenge Included)
 - BYU OR Ute Shoot- \$20 per player: Saturday, June 1st – Varsity/JV **Only Ute Shoot offers Lineman Challenge
 - Practice on Friday, May 31st, time & location TBA
 - Grantsville HS Cowboy Roundup- \$15 per player: Saturday, June 22nd – Varsity/JV/Frosh ** Lineman Challenge Included

- **Little League Camp:** June 4th & 5th @ Rockwell Training Facility
- **SUU Team Camp:** Tuesday, July 9th – Friday, July 12th
 - Varsity, JV, and Frosh team with individual practices and scrimmages
 - Heat acclimation on Monday, July 8th in the AM & PM
- **Time Off:** (AKA “Vacation Weeks”)
 - May 27th – June 1st: First Week of Summer
 - June 28th – July 4th: Moratorium
 - Also, no football activities on July 24th – 27th
- **Golf Scramble:** Wednesday, July 17th at Bountiful Ridge
 - Varsity Players will be expected to attend and help
 - Parent help will also be needed
- **Fall Camp:** Monday, July 29th – Thursday, August 8th
 - AM Practice – Weights/Meetings/Run-throughs, times TBA
 - PM Practice from 5:00 PM – 7:30 PM
- **Red & Grey Game:** Friday, August 9th – 7:00 PM
- **In-Season Practices, Once School Starts:** Starting Monday, August 19th
 - Varsity starts at 4:00 PM, ‘Frosh’ starts at 5:00 PM
 - Varsity “Best Thursdays in Football” start at 6:30 AM
 - Planned Practice on Labor Day: Monday, September 2nd
 - Fall Break: Oct 17th & 18th – Game vs WX on 17th, AM practice/film on Oct. 18th
 - No School, Teacher Prep Day: Oct. 21st – Planned Practice



IMPORTANT INFO

- **ALL FEES DUE by July 29th** **Pay Fees in the main office or by phone
 - Fundraising opportunities: card sales, banner sales, golf scramble
- Doctor Physical is Required – we plan to have a team physical day in the summer
- “Register My Athlete” – must be completed to participate, due by July 29th
- Minimum 2.0 GPA required 4th term, no U’s, no more than 1 F
- Looking for Team Community Service Opportunities – contact me with ideas