

*****Updated Following 2025 SPRING CASC Meeting**



**SKI &
SNOWBOARD**
CENTRAL DIVISION

Rule Book

2024 - 2025 U.S. Ski and Snowboard Central Division

2023-2024 Age Class definition

Age Group	Born in Years
U8	2016 - Current
U10	2015 - 2014
U12	2013 - 2012
U14	2011 - 2010
U16	2009 - 2008
U18	2007 - 2006
U21	2005 - 2004 - 2003

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Proposals:

- (1) Motions of new business or change to Central rules for consideration by CASC must be submitted to the Chairman at least **Fifteen (15) days** prior to a scheduled board meeting where the motion will be presented.
- (2) The Central Chairman will e-mail timely-submitted proposals to the CASC Directors at least **Ten (10) days** prior to the meeting where the motion will be presented.

U.S. Ski and Snowboard Central Division Rules

1. Proof of current U.S. Ski and Snowboard membership may be required to participate in any U.S. Ski and Snowboard race.
2. Please refer to <https://usskiandsnowboard.org/membership> for membership categories
3. Alpine Competitor membership: All athletes who wish to be scored to the National Points list need to hold an Alpine Competitor membership.
4. Alpine Competitor Membership (for athletes 13 and younger) - the Central Division does not permit U8, U10, U12, and U14 athletes to score U.S. Ski and Snowboard points in U.S. Ski and Snowboard Central Division events. Exception: U14's may score U.S. Ski and Snowboard points in SELECT U.S. Ski and Snowboard Central Division events. Exceptions are noted in the event's official fact sheet
5. In order to qualify for the Central Divisional Championships (Bob Hosking), Rocky/Central Junior Championships, Nor-Am's, U19 National Championships or the U.S. Alpine Championships, the athlete must have an Alpine Competitor membership by January 31, 2024.
6. All jury members and coaches are required to be official members of U.S. Ski and Snowboard
7. Athletes must compete in the region where they reside and train. If there are extenuating circumstances that prevent an athlete from competing in their local region, that athlete must petition the Central Division office for a change in regional affiliation. Athletes cannot hold dual regional memberships.
8. NSF checks written to the Central Division will be assessed a \$25 returned check fee. The fee and payment must be received in the form of a money order or cashier's check before the athlete's next start.
9. U.S. Ski and Snowboard and FIS rules as listed in the U.S. Ski and Snowboard Alpine Competition Guide and the FIS ICR will be followed.
10. If there is a conflict between local, regional, and divisional rules, divisional rules will govern.

Refund/Cancelation Policy

Central Division will refund division athlete membership dues minus a processing fee up to the date of the first sanctioned race in the division. After the date of the first sanctioned race in the division, Central will no longer refund dues. Coaches and officials will not receive refunds.

Geographic Affiliation/Designation

A racer shall affiliate as an athlete of the Division and CR in which he/she is training during the majority of the northern hemisphere competition season. The designation must be made at the start of the season and must be abided by the racer for the entire season. Any conflicts must be resolved before participation; contact the Central Division office.

Requests for in-season changes of affiliation must be made in writing to the Rocky/Central Alpine Director. Such in-season changes may result in loss or default of divisional qualifying status.

CODE OF CONDUCT

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity, must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Integrity, Passion, Fun, Team, Community, Excellence, and Grit and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner, and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as, but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic Committee (USOC) Bylaws, the U.S. Ski & Snowboard Bylaws, and the U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state and club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners.
5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in social U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function.
7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.

8. No U.S. Ski & Snowboard member shall commit a criminal act.
9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, age, race, religion, disability or sexual orientation.
10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior.
11. U.S. Ski & Snowboard members agree to abide by anti-doping rules and procedures established by the World Anti-Doping Agency (WADA), the U.S. Anti-Doping Agency (USADA), and/or FIS.
12. U.S. Ski & Snowboard members agree to abide by the policies and procedures established by the U.S. Center for SafeSport.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp.
- Suspension from training and/or competition.
- Elimination of coaching, travel, and other benefits.
- Forfeiture of U.S. Ski & Snowboard membership.

U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard Bylaws, policies and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOC Bylaws. Information on the processes for grievances, suspensions and appeals is available at usskiandsnowboard.org.

Nothing in this Code shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard core values.

Central Specific Appeals Process

The Central Division coaches, officials and competitors have access to the appeals process for complaints and/or disputes concerning alleged misconduct or violations of FIS, U.S. Ski and Snowboard, or Central Division competition rules. Appeals must be written, with all details, and submitted with the appropriate fees, within the specified time frame, through the U.S. Ski and Snowboard Central Division Office. The appropriate Appeals Committee, made up of the Central Divisional Manager, the Central Board Chair, and the Central Coaches Chair, hears appeals initially. All parties affected will be notified of the date and time of the hearing. Refer to the "Appeals Process" in the National section of the U.S. Ski and Snowboard Alpine Competition Guide for further information.

Racer Age Classification

All athletes born in 2001 and before are classified as senior competitors in U.S. Ski and Snowboard racing.

All athletes born in 2001 and after are classified as junior competitors in U.S. Ski and Snowboard racing. Junior age categories are as follows:

2023-2024 Age Class definition

Age Group	Born in Years
U8	2016 - Current
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U14	2011 - 2010
U16	2009 - 2008
U18	2007 - 2006
U21	2005 - 2004 - 2003

CR Racing in Central

CR committees organize racing opportunities in their local areas. The following guidelines pertain to racing in each local CR.

1. Seeding for scored racing will be based off the current U.S. Ski and Snowboard points list.
2. Course setters for U.S. Ski and Snowboard scored and non-scored races are required to be a current U.S. Ski and Snowboard member coach and certified U.S. Ski and Snowboard Referee.
3. Each Competition Season all CRs must agree to an entry procedure in advance of the season and file the criteria with the Central office; and share it with membership prior to December 1.

Mid-America Series – Northern Michigan University



The Mid-America (Mid-Am) series is the premier race series within Central. The Mid-Am series races are scored both nationally on the U.S. Ski and Snowboard points list and internationally on the FIS (International Ski Federation) point's list, with the exception of the giant slaloms held at Nub's Nob, which are only scored to the U.S. Ski and Snowboard national points list. The Mid-America series is the focus of Central athletes who are on a US Junior National Championship or US National Championships track. The schedule has been designed to give athletes the opportunity to rest and train as well as compete out of division between races. Mid-Am's are used to identify the US Junior Nationals Championship, US Nationals Championship, and in part, Team Central athlete selections.

Rules for Entry

1. Competitors entered in the Mid-America series must be represented at the Team Captains meeting or have called the hosting race administrator within 24 hours of the meeting.
2. If the competitor is not represented at the Team Captains meeting, they will be pulled from the start list for the following day's competition.
3. Out of division, Canadian or Foreign entries must be submitted to the Central Division Competition Manager by the respective divisional, regional directors, Alpine Canada or Foreign Federation.

Mid-America Cup Standings

Mid-America (Mid-Am) Cup Points will be awarded to the top 30 finishers in each event

Points are earned as follows:

Place Points 1st-100, 2nd-80, 3rd-60, 4th-50, 5th-45, 6th-40, 7th-36, 8th-32, 9th-29, 10th-26, 11th-24, 12th-22, 13th-20, 14th-18, 15th-16, 16th-15, 17th-14, 18th-13, 19th-12, 20th-11, 21st-10, 22nd-9, 23rd-8, 24th-7, 25th-6, 26th-5, 27th-4, 28th-3, 29th-2, 30th-1

If racers are tied for one of the point scoring positions, each tied racer receives the points corresponding to that position. The following racers receive the points corresponding to their official classification in the race. Mid-America Cup standings are determined by adding the points earned over the course of the Mid-Am series. All races in the series will count towards the final overall standings.

Mid-America Series Awards

Men and Women Individual awards will be given to the top 3 overall and top 3 U18 U.S. Ski and Snowboard age class finishers in each race

Following the Mid-America Series Central Division Championships:

Mid-Am Cup Points are totaled for the year as described above.

The man and woman with the highest points becomes the Mid-America Cup Champions

Top 3 Awards are presented to the Men and Women for overall and event standings:

1. Overall (regardless of age)
2. U18 age class

Central Division FIS Championships

Lutsen, MN

March 2024

Awards

Awards for the top three finishers in the Overall and U18 U.S. Ski and Snowboard age categories will be given for each race at the Mid-America Series Central Division FIS Championships.

In addition, the top three overall combined winners for the Championships will be awarded in Overall and U18 age categories based on their accumulated Mid-America Cup points earned in all events at the Mid-Am Championships. Ties will be broken by the best race point result.

Carruthers Cup

The Carruthers Cup is given annually to the top three overall combined winners (Central only athletes) for the Championships based on their accumulated Mid-America Cup points earned in all events at the Mid-Am Championships. The Carruthers Cup is awarded in memory of Bob Carruthers and has been awarded at this event since 1969. Replica trophies are awarded to each athlete.

Out of Division FIS Racing

The Central Division encourages competition in major events outside of the Central Division when athletically appropriate and used to enhance the racer's training and racing program. Out of division racing is subject to quotas and selection criteria that are coordinated through the Rocky/Central office. Any Central racer wishing to race outside of the Central Division must direct their entry request through the U.S. Ski and Snowboard intent system. Note that participation in the US Nationals, US Junior Nationals and RC U.S. Ski and Snowboard Junior Championships does not require entry via the intent system.

National Meet Entry Program

The primary goal of the program is to make it easier for athletes and coaches to enter out of division races. The deadlines and procedures are in place to promote sound athlete management planning. Out of division racing should only be incorporated into a competition plan if it athletically enhances the athlete's divisional schedule.

FIS EVENTS Intent system for racing Out of the Central Division

The National Meet Entry program for FIS events will operate in the following manner: All club coaches can view the latest FIS schedule information prior to the season at the FIS website <http://data.fis-ski.com/alpine-skiing/calendar.html> If the club or an athlete plans to attend an out of division race or series of races, they must fill out an intent to race form on the intents online website at least 21 days in advance of the first Team Captains meeting. Go to the U.S. Ski and Snowboard Intents online at <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents>

It is encouraged that coaches and athletes decide on an out of division racing plan early in the season and indicate all of the races they're interested in. It is required that the intent be received through the U.S. Ski and Snowboard Intents online system by the deadlines.

If Central's out of division FIS quotas are overfilled, the U.S. Ski and Snowboard Central Alpine Manager will manage the Central field size. For out of division FIS racing, Central athletes will be ranked using their National points for the discipline intended for, where multiple disciplines are being held, ranking using a ITS scoring system will be used. Athletes are responsible for their own travel and lodging arrangements. (Rocky/Central Regional lodging will be provided at the U.S. Alpine National Championships and U.S. Junior National Championships.)

Upon publication of any selection list posted to the <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> all listed qualified and alternate athletes must confirm or deny their intent to compete to their respective U.S. Ski and Snowboard divisional office no later than 16 days in advance of the first Team Captains meeting. Athletes failing to confirm by this time will be PULLED.

The Central office will then make the official FIS entry for the athlete or group of athletes. Athletes will need to pay entry fees on their own, directly to the race organizer.

East, Rocky and West FIS Racing

For Eastern and Western FIS races, Rocky/Central has a quota of at least 10 men and 10 women for most events. Central does not have a protected quota for these events and is ranked along with R/C athletes by use of a NTSM ranking. Interested athletes must submit an Intent to race forwith Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted of 18 days prior to the first TCM. Confirmations must be made 16 days prior to the first TCM

For Rocky Mountain Division FIS races, Central has a quota of at least 10 men and 10 women. Interested athletes must submit an Intent to race form with Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted of 18 days prior to the first TCM. Confirmations must be made 16 days prior to the first TCM. If there are more entry requests than quota spots available, the following selection method will be used to fill Central's quota:

1. Athletes will be ranked by an ITS of the most current National points list for GS and SL. For speed events, FIS points will be used in the ITS rather than National points.
2. Athletes missing the deadline will be ranked at the end of the list, in the order that the Central office, regardless of their ranking, receives their entry requests.

For FIS events held in the Eastern Region, Western Region or Rocky Mountain Division, athletes will be entered by the Central or Regional office, but athletes will be responsible for the payment of their entry fees directly to the race organizer.

Please check out the FIS, Divisional and Regional U.S. Ski and Snowboard websites for the most current calendars and fact sheets!

Out of Division Scored and Non-Scored Racing

U.S. Ski and Snowboard EVENTS Intent system for racing out of the Central Division

The U.S. Ski and Snowboard NMEP Intent to race form is available through the U.S. Ski and Snowboard

Central Selections website:

<https://usskiandsnowboard.org/sport-programs/regions-divisions/rocky-central-alpine-region/central-alpine-division-selections>

The form is for coaches entering athletes to Out of Division U.S. Ski and Snowboard National Scored and Non-Scored events. Athletes need to communicate with their coaches to be added to the form. Independents may also use the form. Please fill out the form by the deadline of the 1st day of the prior month to the event you wish to intent for.

For any races outside of Rocky/Central, a direct request to the Central Division Manager is required for permission and approval.

For most scored and non-scored races, there is no quota for Central athletes. The request and intent will be approved or denied based on the ability of the hosting Region/Division/Club, to support additional athletes.

If there is a Central quota, and it becomes overfilled, the Central Divisional Manager will manage the Central field size. For out of division National Scored events, Central athletes will be ranked using an ITS of the most current National points list. Entry and payment is the responsibility of the athlete for U.S. Ski and Snowboard events.

NorAm Cup Series Eligibility

For consideration to NorAms, racers must be registered to appear on the FIS points list and must be current Competitor members in good standing with U.S. Ski & Snowboard and their home region. Athletes must have fewer than 100.00 FIS points in any event in order to apply for selection. Development nominations are exempt from these limitations.

Selection Procedures

Intent: Athletes wishing to compete in NorAm competitions must submit an online intent <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> at least 18 days prior to the first team captains meeting (where both men and women are competing in a combined series on different days, the first team captains meeting will be considered the first meeting of that series), and must confirm participation at least 16 days prior to the first team captains meeting, for the competition series in question.

Ranking: All athletes submitted will be ranked by NTSM in the event(s) to be contested (except AC), using the most current FIS points list at the intent deadline.

Canadian and other foreign entries in USA NorAms: Foreign competitors, properly entered by their own national federations, may compete in the NorAm Cup according to the FIS rules for Continental Cups.

Quotas

The USA and Canada each have a quota of 60 women and 60 men for all NorAm competitions. If either the USA or CAN does not fill its national quota, the other nation may use those unfilled spots; quotas are not always filled.

Men

U.S. Ski Team 20

NTSM of eligible intended athletes 20

Development * 20

Women

U.S. Ski Team 20

NTSM of eligible intended athletes

Seniors 10

Juniors 10

Development * 20

If the men's and/or women's quotas are not filled above, additional athletes will be selected in order from the NTSM of all athletes intended.

Development quota: The Alpine Development Director will select athletes to the development quota. Objective rankings, advancement history, and other discretionary factors will be considered. Development quota selections will be made irrespective of program affiliation.

U.S. Alpine Championships

Sun Valley, ID

Rocky/Central quota to US National Championships is **14 men and 14 women**.

1. Automatics – Top – 2 RC USA athletes, who are not already selected in the National US Nationals selection, ranked at the intent deadline by an NTSM of World Cup points in SL, GS and SG in the Nor Am and NPS series. (2 men and 2 women from Nor Am Standings and 2 men from NPS). All Automatic athletes will be purged before the Regional Selections are put together.

2. The regional selection, consisting of 8 Men and 8 women, will be filled by using a standard double board selection method. The board has two sides. The first side is a ranking using World Cup Points for results earned in head to head competition. There will be two series of races:

2SG/2GS in RMD and 3SL in Central, the slalom column will be determined by using the best 2 of 3 slalom results. The results will be purged of all non-Rocky/Central competitors. The second part of the board is based on U.S. Ski and Snowboard National points from the list valid on the selection date. A column is established for each event on each part of the board. The column will be listed in the order SL, GS and SG; which will be the order of selection. The Rocky/Central Ski Cup portion of the board will be first, followed by the National points portion of the board. (See example below)

Qualifying Race dates are:

- Jan 13th - 17th, 2021 Aspen, CO (SuperG)
- Jan 23rd - 24th, 2021 Vail, CO (GS)
- Feb 5th - 7th, 2021 Spirit Mtn, MN (SL)

3. One spot per gender will be awarded to the RC Junior FIS Champion. Overall Champion will be determined by using World Cup points in the 2GS/2SL, all non-RC athletes will be purged. In the event the Overall Winner has already qualified for US Nationals the spot will revert to Regional Selection method in #2 and the next RC athlete on the ranking list that has not been selected will be awarded the spot.

RC Junior FIS Championship Race dates are:

- TBD

4. Discretionary spots awarded to 1 for each gender to be decided by Rocky/Central Director, Rocky/Central Coach, RMD Manager and Central Manager.

Example of double board WC point system summary:

Place Points 1st-100, 2nd-80, 3rd-60, 4th-50, 5th-45, 6th-40, 7th-36, 8th-32, 9th-29, 10th-26, 11th-24, 12th-22, 13th-20, 14th-18, 15th-16, 16th-15, 17th-14, 18th-13, 19th-12, 20th-11, 21st-10, 22nd-9, 23rd-8, 24th-7, 25th-6, 26th-5, 27th-4, 28th-3, 29th-2, 30th-1

The top 30 competitors will receive place points based on World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 – 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

All races contested per event will be used in calculating each racers World Cup points in that event. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the series with lower seed points in the event. Placing the racer with the best ranking on the New World Cup point board first breaks a tie on the seed point board.

Selection Procedure

Selection proceeds from left to right on each row starting with World Cup points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped, and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row. Only events scheduled in the Championship Event will be part of the selection board.

New World Cup Point Board

DH	SL	GS	SG
A	B	E	D
G	D	Q	E
R	Z	D	Q
T	Q	B	M

U.S. Ski and Snowboard Seed Point Board

DH	SL	GS	SG
A	X	D	C
F	E	X	Z
Z	M	Q	D
T	D	C	Q

Selection for a 12 person, four-event team would be: (without taking Nor Am Automatics into consideration)

A, B, E, D, X, C, G, Q, F, Z, R, M

Start Rights

In order to start in the DH, Central athletes must have fewer than 175 FIS points for women, and 150 FIS points for men on the current FIS points list.

In order to start in the SG, Central athletes must have fewer than 150 FIS points for women, and 125 FIS points for men on the current FIS points list.

In order to start in the SL and/or GS, Central athletes must have fewer than 80 FIS points for women, and 70 FIS points for men, on the current FIS points list, in either one of the events.

U18 Nationals Selections - Rocky/Central

Jackson Hole, WY

Rocky/Central quota for the U18 National Championships is 20 men and 20 women.

1. 18 men and 18 women will be selected using the Regional Selection Board Method, using National points list #15 (valid February 3) and results from the "Selection Events" listed below.

- Breckenridge FIS 2SG Jan 19th-20th (W&M)
- Breckenridge FIS 2GS Jan 21st-22nd (M&W)
- Spirit Mountain FIS 3SL Feb 9-11th (M&W)

a. The results board will be first, ranked using World Cup points earned by event/discipline in the Selection Events, with all non-Rocky/Central U18 racers purged. National automatics (US Ski Team athletes and athletes who have scored NorAm Cup points in the 2021/22 season prior to February 6) will also be purged. Since there is an additional SL race in the Selection Events, the World Cup points in the SL column will be total of the racer's best 2 finishes. In the case of ties, the skier with the higher seed points at the Selection Events in the discipline will be ranked on the selection board before the racer with lower seed points.

b. The second part of the board is based on U.S. Ski & Snowboard National points in SL, GS and SG, from the 15th points list valid on February 3. National automatics as described in (a) above will be purged.

c. Using the double board above, the first six (6) first-year U18 racers (2005 YOB) will be selected in an ITS Selection method first. Then, without removing these racers from the list, the next 12 racers will be selected in an ITS Selection Method starting at the top of the board and skipping the six racers above.

2. The final 2 men and 2 women selections will be reserved for development consideration by the Rocky/Central staff to include the Rocky/Central Director, the Rocky/Central Regional Coach and the Central Division Manager. Considerations may include injury, illness, access to the qualification process, or other factors that kept the racer from qualifying by the method in point 1 above. Development quota will consider that this is a four-discipline National Championship.

Example of Regional Selection Board Method

WC point system summary:

Place Points 1st-100, 2nd-80, 3rd-60, 4th-50, 5th-45, 6th-40, 7th-36, 8th-32, 9th-29, 10th-26, 11th-24, 12th-22, 13th-20, 14th-18, 15th-16, 16th-15, 17th-14, 18th-13, 19th-12, 20th-11, 21st-10, 22nd-9, 23rd-8, 24th-7, 25th-6, 26th-5, 27th-4, 28th-3, 29th-2, 30th-1

The top 30 competitors will receive place points based on World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 – 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

Regional Selection Board Method

Selection proceeds from left to right on each row starting with World Cup points and ending with national seeding points. The order of events is SL, then GS, then SG. When a racer who has already been picked comes up in the row, the racer is skipped and the selection continues with the racer in the next column of the same row. When the last column in a row is reached, selection continues with the first column in the next row.

New World Cup Point Board

DH	SL	GS	SG
A	B	E	D
G	D	Q	E
R	Z	D	Q
T	Q	B	M

USSA Seed Point Board

DH	SL	GS	SG
A	X	D	C
F	E	X	Z
Z	M	Q	D
T	D	C	Q

Selection order would be: A, B, E, D, X, C, G, Q, F, Z, R, M, T

Rocky/Central U18/U21 FIS Jr Championships

The Central Division will have an expanded Quota of 50 Men and 50 Women to attend the RC JR FIS Championships. Interested athletes must submit an Intent to race form with Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted 18 days prior to the first TCM. If there are more entry requests than quota spots available, the following selection method will be used to fill Central's quota:

1. Athletes will be ranked by an ITS of the most current U.S. Ski and Snowboard National points list for GS and SL.
2. Athletes missing the deadline will be ranked at the end of the list, in the order that the Central office, regardless of their ranking, receives their entry requests.

Central Division Bob Hosking U16 Junior Championships

Bob Hosking Central Division Championships Snowriver Mountain Resort, MI February 24th-26th, 2023.

Entry procedures

Registration is through the my.ussa.org registration system, and must be completed by Feb 15, 2024

The ROC for the Central Division Bob Hosking U16 Junior Championship shall be composed of representatives from every region with participating athletes. The fact sheet including, but not limited to, schedule, format, seeding procedure, medical plan, etc. for the event will be published no later than two weeks (14 days) prior to the first event.

U16 Requirements

Athletes born in 2008 or 2009 must have a U.S. Ski and Snowboard Competitor Membership and be registered as members of their region by January 31, 2024 and submitted completed registration forms online by Feb 15, 2024. *This season: Up to 5 U.S. Ski and Snowboard registered Canadians will be allowed to participate per gender. They must be registered members with a central division region by the deadlines above.*

U16 Schedule

*Schedule is subject to change

U16 Awards

Awards will be given to the top ten athletes per day in the U16 category based on the results per scored events.

Top 3 Combined Overall Winners are determined by the sum of all place points of all events contested. Ties will be broken by the best place result, 2nd best result, etc.

Awards will be presented daily, and the Central Division Junior Championship Teams will be announced at the awards ceremony following the last event.

U.S. Ski and Snowboard members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

Central Division selections for the Rocky/Central U16 Junior Championships

The Central Division has a quota of 50 athletes for the R/C U16 Junior Championships, Vail, Colorado March 14th-18th 6th, 2024. These 50 athletes will qualify out of the Bob Hosking Central Championship weekend. Races will include 2 SG, 2 GS, 2 SL races. The best 3 of 5 points/races will count to overall scoring. SG may only be used once. World Cup point scoring

for the top 30 athletes, not including ties, will be used to rank athletes. (i.e. 1st = 100pts, 2nd = 80pts, 3rd = 60 pts, 4th = 50, etc...). The details are in the U.S. Ski and Snowboard Competition Guide.

Scoring: **There will be World Cup Points awarded for each Slalom, Giant Slalom, and SuperG Race (2 each)**, Here is a link to an example on the scoring process. Athletes that qualify and attend either the National Opa Cup or Alpe Cimbre Projects will be an automatic to the Rocky/Central U16 Junior Champions and will count towards their respective Division's quota.

Two discretion spots per gender will be held for consideration by the Central Coaches Working Group (consisting of the Central Coaches Chair and the all Regional Coaches Chairs). The required form can be found [HERE](#). The Central Coaches Working Group will rule on those following the 24hr deadline and report those decisions to the Central Division Manager. If there are no requests, then the 2 discretion spots will move down the list to the next ranked athletes.

The first 25 athletes will qualify for Rocky/Central Junior. Championship, Vail, Colorado March 14th-18th.

If a race or day is canceled, best 3 of 5 still applies. Best efforts to complete 1 GS and 1 SL race will take priority. 1 run races can not be used for ranking criteria.

Using the single best result will break ties. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. If a tie is still not broken, race points will be used in the same process. All eligible qualifying rankings will be considered for tie-breaking purposes.

USSS members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

All eligible athletes must be full time members of the Central Division and their local Region by January 31st. The full time membership names and #'s are to be reported to the Central Manager who will share with the CASC executive committee by Feb 1.

Two discretion spots per gender will be held for consideration by the Central Development Committee (consisting of the Central Coaches Chair and the four Regional Coaches Chairs). Official requests will be due 24 hours after the completion of the qualifying series. The Central Development Committee will rule on those ASAP following the 24hr deadline and report those decisions to the Central Division Manager. If there are no requests, then the 2 discretion spots will move down the list to the next ranked athletes.

The Central Division Qualifying Championships will reserve a quota of 5m/5w for Canadian athletes. They will be eligible to race, and will be a part of each race results, but will be purged for qualifying considerations and rankings to the R/C Junior Championships.

Seeding for RC U16 Junior Championships will be as follows:

1. The first seed of 15 will be determined based on national points and shall be randomly drawn.

2. The remainder of the field will be seeded by national points following the special seed.

Rocky/Central U16 Championships

Vail, CO March 3/14th -18th, 2023

The Rocky/Central (R/C) U16 Junior Championships will be held at Winter Park, Colorado. Qualification Method to the R/C U16 Junior Championships – is via the 1 Central Division qualifying weekend. The R/C U16 event brings together the top racers in Central and Rocky in all four disciplines. Discipline and combined awards will be presented to the top ten finishers. Combined winners will be determined using the World Cup Point System (i.e. 1st = 100pts, 2nd = 80pts, 3rd = 60 pts, 4th = 50, 5th =45 etc...). The details are in the U.S. Ski and Snowboard Competition Guide. This Championship event will be used for selection to the U16 National Championships.

Seeding for RC U16 Junior Championships will be TSR:

The first run will be randomly drawn; all age categories of athletes will be mixed together. The second run will be a flip (reverse) of the first run start order. First run results will have no bearing on second run start position, including if the skier has a DNF or DSQ. In the case of two or more races in a series, the third run (start of the second race) will be a butterfly of the first run (split the field in half and run the last half first followed by the second half) and fourth run will be a reverse of the third run. A fifth run or third race will be a completely new random draw.

Selections from RC U16 Junior Championships to the U16 National Championships

Vail, CO 3/31st-4/4th, 2023

Athletes will be selected to the U16 National Championships through performance at the U16 NPS or at the U16 and U14 Rocky/Central Regional Championships.

Quotas

1. YOB 2008 3 men and 3 women per region from the YOB ranking
2. YOB 2009 5 men and 5 women per region from the YOB ranking
3. YOB 2008 and 2009 7 men and 7 women from the overall ranking
4. YOB 2010 and 2011 U14 athletes must have 1 win and another top-3 in SL, GS, and SG at the respective U14 Regional Championships to qualify.

Selection

U16 Athletes

1. Using the overall ranking list from the respective U16 Regional Championships, the top three athletes from the oldest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.

2. Using the same ranking list, the top five athletes from the youngest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best

result would be used, and this process will continue until the tie is broken. Ski Up athletes will be considered in this selection

3. Using the ranking list, after purging the athletes who have already been selected, the next seven athletes overall will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.

4. There are discretion spots available if needed. Requests for discretion must come from the regional managers and coaches to the Alpine Development Director.

U14 athletes

1. One-run races in SL and GS will be combined to be a two-run for selection purposes.

Central Division Bob Hosking U14 Junior Championships

Bob Hosking Central Division Championships Snowriver Mountain Resort, Mi February 22th-25th, 2024.

Entry procedures

Pre-Registration forms can be found on the central division website and each central division regions website links, and must be completed by Feb 15, 2024

The ROC for the Central Division Bob Hosking U14 Junior Championship shall be composed of representatives from every region with participating athletes. The fact sheet including, but not limited to, schedule, format, seeding procedure, medical plan, etc. for the event will be published no later than two weeks (14 days) prior to the first event.

U14 Requirements

Athletes born in 2010 or 2011 must have a U.S. Ski and Snowboard Competitor Membership and be registered as members of their region by January 31, 2023 and submit completed registration forms online by Feb 15, 2024. *Up to 5 U.S. Ski and Snowboard registered Canadians will be allowed to participate per gender. They must be registered members with a central division region by the deadlines above.*

U14 Schedule

*Schedule is subject to change

Seeding at the U14 Championships

1. Random
2. Flip of Race 1
3. Inside-Out of Race 2
4. Flip of Race 3
5. Random
6. Flip of Race 5

U14 Awards

Awards will be given to the top ten athletes per day in the U14 category based on the results per event.

Top 3 Combined Overall Winners are determined by the sum of all place points of all events contested. Ties will be broken by the best place result, 2nd best result, etc.

Awards will be presented daily, and the Central Division Junior Championship Teams will be announced at the awards ceremony on February 25th, 2024.

U.S. Ski and Snowboard members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

Rocky/Central U14 Junior Championships

Winter Park, CO March 5th-10th, 2024

The Rocky/Central (R/C) U14 Junior Championships will be held at Vail, Colorado. Qualification Method to the R/C U14 Junior Championships – is via the 1 Central Division qualifying weekend. The R/C U14 event brings together the top racers in Central and Rocky. Discipline and combined awards will be presented to the top ten finishers. Combined winners will be determined using the World Cup Point System (i.e. 1st = 100pts, 2nd = 80pts, 3rd = 60 pts, 4th = 50, 5th = 45 etc.). The details are in the U.S. Ski and Snowboard Competition Guide. This Championship event will be used for selection to the U16 National Championships as well as U14 Can-Ams.

The U.S. Ski and Snowboard Central Division has a quota of 95 athletes to the R/C U14 Junior Championships. For the 2022-2023 season, the Central Division will hold 1 qualifying series for CR1,2,3 for selections to the Rocky/Central Junior Championships, over a 3-day weekend. The series will consist of 3 GS and 3 SL USSS non-scored races. Athletes will be selected for the R/C Junior Championships by using the combined rankings from the best three of six total races, where no more than 2 races can come from the same discipline (example: 2GS AND 1SL **or** 2SL AND 1 GS). Rankings per race will be determined by using World Cup Points (top 30) in each race run.

If a race or day is canceled, best efforts to complete 2 GS and 2 SL race runs will take priority.

Using the single best result will break ties. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. If a tie is still not broken, race points will be used in the same process. All eligible qualifying races will be considered for tie-breaking purposes.

Seeding for the Qualifying races will run as:

1. Random
2. Flip of Race 1
3. Inside-Out of Race 2
4. Flip of Race 3
5. Random
6. Flip of Race 5

Central Seeding at the U14 RC Junior Championships events are based on the overall rank that the athletes qualified for the RC Junior Championships, and will be applied for all events to be contested.

U.S. Ski and Snowboard members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

All eligible athletes must be full time members of the Central Division and their local Region by January 31. The full-time membership names and #'s are reported to the Central Manager who will share with the CASC executive committee by Feb 1.

Two discretion spots per gender will be held for consideration by the Central Development Committee (consisting of the Central Coaches Chair and the four Regional Coaches Chairs). Official requests will be due 24 hours after the completion of the qualifying series. The Central Development Committee will rule on those ASAP following the 24hr deadline and report those decisions to the Central Division Manager. If there are no requests, then the 2 discretion spots will move down the list to the next ranked athletes.

U16 National Championships Selections from the RC U16 Junior Championships

Athletes will be selected to the U16 National Championships through performance at the U16 NPS or at the U16.

Quotas:

1. YOB 2009 3 men and 3 women per region from the YOB ranking
2. YOB 2008 5 men and 5 women per region from the YOB ranking
3. YOB 2008 and 2009 7 men and 7 women from the overall ranking

Selection:

U16 Athletes

1. Using the overall ranking list from the respective U16 Regional Championships, the top three athletes from the oldest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
2. Using the same ranking list, the top five athletes from the youngest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will be considered in this selection
3. Using the ranking list, after purging the athletes who have already been selected, the next seven athletes overall will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
4. There are discretion spots available if needed. Requests for discretion must come from the regional managers and coaches to the Alpine Development Director.

U14 CAN AM Selections from the RC U14 Junior Championships

Sugarloaf, ME 3/28th-31st, 2024

Rocky/Central quota 5 men and 5 women.

Selection: Athletes will be selected by using an ITS in the following order of the two one run Slalom and two one run Giant Slaloms. Athletes are seeded by their ranking order.

*Ski up athletes are not eligible to attend out of country events as they are not age eligible.

Any U14 Foreign Competitor who is a Full-Time member of a U.S. Ski and Snowboard Rocky/Central Club may qualify for the U14 Eastern CanAm. The foreign athlete must qualify by the same qualification criteria that a U14 in the USSA Rocky/Central Region, as long as the U.S. Ski and Snowboard Rocky/Central Region also names a team to the Eastern CanAm. The Foreign Athlete will be an additional competitor in the CanAm, and not take a U.S. Ski and Snowboard Region quota spot. The Region will purge the foreign athlete from the list of qualified Regional competitors to fill their quota. A letter from the Regional Manager will be submitted to the CanAm ROC, U.S. Ski and Snowboard Eastern Manager and Canadian Eastern Manager confirming that the foreign athlete has met objective criteria through the Regional qualification. The Foreign athlete will be seeded based on his/her location on the Regional qualification list.

Central Teams: Central All-Stars and Team Central

Mission Statement for Central All-Stars & Team Central

"Identify, support, develop, and provide recognition to Central Division athletes with exceptional ski racing and leadership talent."

Vision Statement for Central All-Stars & Team Central

"To help support the financial needs of athletes who have reached an elite level of performance in the Central Division. The objective is to help elite level athletes achieve the next level of competitive excellence."

The Central All-Stars Selection Criteria:

Based on Age Classifications established for the 2023-2024 Season in both M/F genders and using the previous season's results.

*Must be registered in a region of the Central Division with a current year Competitor's license to be eligible for benefits

**Must attend a U.S. Ski and Snowboard SQ Fitness Assessment in the current season to be eligible for benefits

All ages

1. NDG Nominee
2. Overall Rocky/Central Junior FIS Championships Champion from prior season
3. Overall Mid-AM Series Champion from prior season
4. Carruthers Cup (Central FIS Championships) Champions from prior season
5. SR. Under 35 FIS Points - in any alpine discipline (Based on the last FIS points list of the previous season)
6. US Nationals Top 15

U21

1. US Nationals top 30
2. Under 45 FIS Points - in any alpine discipline (Based on the last FIS points list of the previous season)
3. US Jr. Nationals Top 15 in any discipline

U18

1. US Nationals Attendee
2. US Jr Nationals Attendee
3. The Top 2 Overall athletes in the Central Division Mid-Am Series (at year end)
4. 1 Top 5 in any discipline standing – National Age Rank (Based on the last FIS points list of the previous season)
5. 2 Top 10's in any discipline standing – National Age Rank (Based on the last FIS points list of the previous season)

1st year U18 athletes

1. 1 Top 3 in any event at the U16 National Championships from the previous season
2. 1 Top 3 in any event at the U16 R/C Junior Championships from the previous season
3. Top 3 Overall SkillsQuest performer at U16 Nationals

Team Central Selection Criteria

Based on Age Classifications established for the 2023-2024 Season in both M/F genders and using the previous season's results.

*Must be registered in a region of the Central Division with a current year Competitor's license to be eligible for benefits

**Must attend a U.S. Ski and Snowboard SQ Fitness Assessment in the current season to be eligible for benefits

1. Top 6 men and 6 women U12 from Central. Each CR will nominate two per gender.
2. Top 6 men and 6 women first year U14 Central Championships
3. Top 4 men and 4 women second year U14 Central Championships
4. Top 4 men and 4 women first year U16 Central Championships
5. Top 2 men and 2 women second year U16 Central Championships (moved to AllStar)
 - Ski-Up athletes will be ranked with the youngest YOB athlete in the age group the athlete has skied-up into.
 - Foreign athletes can be named to the individual Team they would qualify for, however they do not take a quota spot from a Central/USA athlete.
 - Ski-Up athletes will be ranked with the youngest YOB athlete in the age group the athlete has skied-up into.
 - Foreign athletes can be named to the individual Team they would qualify for, however they do not take a quota spot from a Central/USA athlete.

Central Teams Benefits

1. The Central Division will allocate \$5,000 toward an early season training camp for Central All-Stars, Team Central, and select invitees.

2. The Central Division will co-pay \$100 for a Central Team Uniform or Jacket for all members named to the Central All-Stars.
3. All named athletes are eligible for the Central Team Uniforming.

U18 Men's National Performance Series

U18 NPS Quota

- YOB 2006 and 2007¹ 20
- YOB 2007² 10
- Western 5
- Rocky/Central 5
- Eastern 5
- Development Pace Up to 10
- Development Up to 30

1. YOB 2006 and 2007 athletes will be ranked by an NTSM of FIS points using SL, GS and SG for all event(s), regardless of the event(s) to be contested. YOB 2004 athletes must be ranked among the first 10 athletes (top 50%) of the NTSM rank in order to be selected. The remainder of the quota will be filled with YOB 2006 athletes.
2. For NPS events before Feb. 1, YOB 2006 athletes will be ranked by an NTSM of race points from the prior-year U16 Nationals results using all three events: SL, GS and SG. For NPS events on or after Feb. 1, YOB 2006 athletes will be ranked by an NTSM of National points in SL, GS, and SG.

Selections to U16 NPS

U16 National Performance Series

Selection procedures established for the U16 National Performance Series as follows:

-U16 NTG athletes

-6 boys and 6 girls ranked nationally, using 2023 U16 Nationals results

1. YOB '05s will be purged and WC points are reassigned to YOB '06 and '07
2. Athletes will be ranked by total WC points in the events to be trained and/or contested
3. The top 6 athletes will be selected from that list
4. Ties will be broken by the most WC points in an event to be trained and/or contested. If a tie still exists, the next most WC points will be considered until the tie is broken. If necessary, all events will be considered.

Regional Quotas

1. 5 boys and 5 girls per region
2. Up to 3 boys and 3 girls national development

Foreign USSA members must be ranked top-5 nationally among YOB '08 and '09 from the 2023 U16 Nationals, using total WC points in the events to be trained and/or contested in order to participate in the project. Foreign athletes will not count against national or regional quotas.

Top-performers at the U16 NPS can qualify to compete in a Europe Trip. Participants on those trip(s) will automatically qualify for the U16 Regional Junior Championships.

Rocky/Central Selections to U16 NPS

Rocky/Central quota to the U16 NPS Series, December and January block. Regional quotas are 5M/5W.

Selections will be as follows:

1. Utilizing the National selection list from U16 Nationals, continue directly down the selection list picking up the next three Rocky/Central athletes.
2. The next 2M/2W spot will reserved for Discretion/Development to be decided by the RC Regional Director, RC Regional Coach, RMD Manager and Central Manager

Bill Slattery Sportsmanship Award

The Bill Slattery Sportsmanship Award was initiated to identify a special athlete in the Central Division that shows exemplary attributes in the area of sportsmanship. During the season, each region is asked to nominate one individual—male or female—that meets all the criteria for a good sportsperson in ski racing. Once nominations are submitted, the executive committee of the ACC and the Central Competition Director will vote on the winner. If you have any nominations for this special award, contact either your club coach or your regional chairperson.

2023-2024 Age Class definition

Age Group	Born in Years
U8	2016 - Current
U10	2015 - 2014
U12	2013 - 2012
U14	2011 - 2010
U16	2009 - 2008
U18	2007 - 2006
U21	2005 - 2004 - 2003