

## Flanagan-Cornell School Sports Physicals

Completing your child's sports physical now can take the stress out of trying to fit them in when August comes around.

Cost: \$25.00 – Cash or Check Accepted – these dollars are donated back to FCHS. Please make checks out to FCHS. Completed consent form and IHSA form are required for physical to be performed. When: 8:00-11:30am Wednesday, May 29<sup>th</sup>, 2024

Where: FCHS, Flanagan IL

How: Appointments can be made by calling athletic department at 815-796-2261. Walk ins welcome.

OSF HealthCare providers are qualified to perform sports physicals for youth. Our providers will conduct an exam and recommend additional tests and diagnosis if necessary. Following the session, your OSF provider will fill in the required medical forms for the athlete. If your child is going into 6<sup>th</sup> or 9<sup>th</sup> grade, they will need to see their Primary Care provider, due to vaccination requirements.

A sports physical helps to assure that the athlete is healthy and physically ready for their chosen activity such as baseball, football, soccer, or track. The purpose is to help minimize the risk of injury while your child plays.

